

**DISCUSS**

**Have you ever studied the book of Galatians previously? What did you learn from this session about Galatians that you did not know before?**

**Who wrote the letter to the Galatians?**

**How did Kyle define the concept of “Institutional Syndrome”?**

**How did he connect Institutional Syndrome with the major theme of Paul’s letter to the Galatians?**

**What would you say are some of the common things we “return” to as a result of not understanding how to live free?**

**In what ways have you experienced this in your own life (a return to unhealthy relationships, sexual immorality, gossip, manipulation, etc.)? How have you seen it demonstrated in the lives of others?**

**What word does Paul use to describe himself?**

**According to verse 1, from where does his apostleship derive?**

**What are the three acts Paul attributes to Jesus Christ in verse 4?**

**What does verse 4 communicate to us about the person and work of Jesus Christ?**

**What does verse 4 communicate to us about the condition of humanity?**

## HANDOUT

### Session 1: Galatians 1

# GALATIANS

**What does it say about the character of the gospel that it comes from Jesus Christ?**

**How did Kyle describe Paul's main point in this passage?**

**How does Paul characterize the faith of the Galatians in verse 6?**

**How did a "different gospel" come to influence the Galatian community?**

**What name did Kyle give to this outside group?**

**What is legalism? How would you define it?**

**What were the two reasons Kyle mentioned that draw people to legalism?**

**How does legalism pervert the gospel?**

**In what ways have you struggled with this kind of legalism in your own spiritual walk (comparing yourself to others, judging others for not following particular "rules," treating bible study and church attendance like a to-do list, etc.)?**

**How does Paul respond to the Galatian church turning to a different gospel in verses 8 and 9?**

**How did Kyle describe Paul's purpose in writing verses 11-12?**

**Why is this a significant point to make about the gospel message?**

**In what ways does it contribute to Paul's central argument throughout the book of Galatians?**

**How did Kyle describe Paul's closing point for chapter 1?**

**As you reflect on your life, how have you changed as a result of knowing Christ?**

**How have you witnessed the life change of other Christians around you as a result of their embracing the gospel?**

**How should the gospel's source and fruits—as underscored by Paul—relieve your doubts about the gospel's power in your life?**

## LIVE IT OUT

**Pray:** Praise God for the gospel as you pray this week. Thank Him for saving you and pray for opportunities to share the good news of Christ's life, death, and resurrection with others.

**Share:** Tell one person about how the gospel has affected your life. Explain how knowing Jesus has changed you.

**Study:** Read Acts 7:54–8:3 and 9:1–31 to study Paul's conversion. Make note of how encountering Jesus transformed Paul's life.

**Reflect:** This session introduced the idea of legalism. Spend time this week taking a personal inventory—do you believe your works save you or appease God? Has legalism cropped up in your life? Pray through your answers and tell another mature believer what you learned.

**Worship:** Pick a worship song that relays the full gospel and listen to it throughout the week. Play it in the car, while you're getting ready, or during dinnertime to remind yourself of the simple, pure gospel.