

Raising Adults, Not Just Kids

Proverbs 22:6; Ephesians 6:4; 2 Timothy 1:5

singleness

February 15, 2026

A NOTE TO OUR READERS

Recognizing that not everyone has children and some might not be able to have children, whatever your situation, we hope you can find reliance on God in your circumstances. Think of how you can invest in the next generation. Wherever you are on this spectrum, God can use you to raise up a generation to love and follow him. Take the time each day to pray for those who are raising children, partner with them in this wonderful responsibility.

DAY 1: THE SACRED ASSIGNMENT

READING: DEUTERONOMY 6:4-9

God has entrusted you with a sacred assignment—not merely to raise well-behaved children, but to train adults who walk with Jesus. The Shema reminds us that faith formation happens in the ordinary moments: when you walk, when you rise, when you lie down. This is not about perfect family devotions or flawless execution. It's about weaving God's truth into the fabric of daily life. Your dinner table conversations, your responses to conflict, your handling of disappointment—these are the classrooms where eternal truths are caught and taught. The goal is not religious performance but authentic integration of faith into every aspect of life.

Reflection: What ordinary moments today can become opportunities to point the children in your life toward Jesus?

DAY 2: TRAINING TOWARD PURPOSE

READING: PROVERBS 22:6

To "train up a child" means to dedicate them toward their God-designed purpose, narrowing and hedging them toward maturity in Christ. This is not a one-time dedication or baptism; it's the consistent, intentional work of laying a foundation. You are building toward the day they leave your home as contributing adults who live from deep conviction. This training requires keeping the end in mind when the present moment feels like wrestling barn cats. The struggles you face today are forming character for tomorrow. Your faithfulness in the mundane seasons—teaching them to order their own meals, handle conflict, respect authority—creates competence and confidence rooted in Christ.

Reflection: What does the "end picture" look like for your child? How does that vision shape your parenting today or in the future?

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DAY 3: GOD'S PATH AND GOD'S DESIGN

READING: PSALM 139:13-16

You are called to guide your children in two essential directions: toward God's revealed path in Christ and toward discovering how God uniquely designed them. God knit your child together with specific personality, talents, and purpose. Your role is not to tell them they can be whatever they want, but to help them discover who God created them to be. This means being a student of your child—observing their interactions, listening to what others notice, paying attention to how God wired them. The abundant life in Christ is not found by chasing every dream, but by aligning with God's vision for their unique calling as image-bearers.

Reflection: What unique qualities has God woven into your child? How can you nurture these gifts toward His purposes?

DAY 4: RESILIENCE THROUGH STRUGGLE

READING: JAMES 1:2-4

If you always protect your children from hard things, they will never learn to see God in the midst of struggle. Resilience and trust in God are forged through difficulty, not despite it. When your child faces disappointment, failure, or pain, resist the urge to always fix it. These moments are opportunities for them to discover that God is faithful in the fire. Allow them to fall down and get back up. Let them experience consequences. Walk with them through tears, pointing them to the One who sustains. The goal is not a pain-free childhood but a faith-filled adulthood that knows God is present in every season.

Reflection: What struggle is your child facing that could become a faith-building opportunity rather than something to eliminate?

DAY 5: FIGHTING FOR THE HEART

READING: NUMBERS 6:22-26

Parent, you are not fighting to always be right—you are fighting for your child's heart. The Lord's blessing over His people reminds us that His face shines upon us with grace and peace. Extend that same grace to your children. There will be hard seasons when you're barely hanging on, when you question everything, when the training feels futile. Don't give up. The imprint you are leaving on their foundation will remain. Invite trusted voices into their lives. Pray for them fervently. Remember that God loves them even more than you do, and He is faithful to complete the work He began. You are not alone in this sacred assignment.

Reflection: Who are the trusted voices you can invite into your child's life? How can you fight for their heart today rather than just being right?