

UPPER ELEM Flight Plan

March 29th



Lesson	The Last Supper
Bible Passage	Matthew 26; Mark 14; Luke 22; John 13
Story Point	Jesus commanded His disciples to remember His sacrifice.
Key Passage	“He has rescued us from the domain of darkness and transferred us into the kingdom of the Son he loves. In Him we have redemption, the forgiveness of sins.” Colossians 1:13-14
Big Picture Q & A	<p>How does God care for His creation?</p> <p>God loves and rules over His creation according to His perfect plan.</p>



Discover the Story
 Use each set of letters to fill in the blank spaces and answer the questions below. Use the story to help you.

ABCLDDEEFD

GBHRIEJAKD

LCHONVDEPKGARNST

TEUGVYWPXT

VHZYAHEN

CJDEERFUGSHAIJKEK

LLNANMOB

PPQRSSTOUVVEWR

XPYEZTAER

Last Supper Crossword
 Use the clues below and the key words from "Discover the Story" to complete the crossword puzzle.

ACROSS

- The meal mentioned for the Passover meal is a special dinner with bread and wine.
- Jesus said the bread of Passover represented His body.
- Jesus said the wine of Passover represented His blood.
- Jesus said the bread and wine were His body and blood.
- A sign of unity, love, and His disciples using their bodies and blood.

DOWN

- The last supper at Passover is also His body and blood.
- A sign to remember Jesus' blood and His body.
- A sign of unity, love, and His disciples using their bodies and blood.

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leader bible study

As the Passover celebration drew near, Jerusalem hummed with excitement. Everyone wondered if Jesus—teacher, miracle-worker, and prophet—would come for Passover. (John 11:56-57) The Passover meal was a permanent statute God intended for every Israelite family to observe each year. (See Ex. 12:1-28; Lev. 23:5-8.) But it was no secret the religious leaders were determined to kill Jesus. Jesus had warned His disciples what would happen this Passover. (Mark 10:33-34; Luke 18:31)

As they ate the Passover meal, Jesus broke bread and gave it to His disciples. He shared the cup with them too, explaining that the bread and cup represented His body and blood. Jesus established a new covenant.

In the Old Testament, God made a covenant, or promise, with His people. He gave them commandments to follow so they could live in right relationship with Him. But God's people broke the covenant. They didn't obey God, and they didn't love Him.

What the sacrifice of the Passover lamb could not do—take away sins once and for all—the perfect Lamb of God was going to do. Jesus, the perfectly sinless Son of God, was going to take the punishment for sin upon Himself. (See Heb. 10:1-10.) As Jesus' disciples prepared for Passover, Jesus prepared to die. By dying on the cross, Jesus brought forgiveness and made the way for people to know and love God again.

Believers take the Lord's Supper to remember what Jesus did for us in His death and resurrection. We remember God's faithfulness, and we look forward to the day that Jesus will return.

Not all the kids you teach will be ready to take the Lord's Supper at church. Gently explain that the Lord's Supper, like baptism, is an ordinance of the church and is a celebration for those who have repented of their sin and trusted in Jesus for salvation.

Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: _____
- Where is the gospel in this story?

March Focus: The Kingdom to Come



MAR 1st: Kingdom Parables *Matthew 13*

Story point: God's growing kingdom is more valuable than anything.



MAR 8th: Three Parables *Luke 15*

Story Point: Jesus came to seek and save the lost.



MAR 15th: Jesus' Hard Teachings *John 6*

Story Point: Many people misunderstood Jesus' teachings.



MAR 22nd: Jesus Raised Lazarus *John 11*

Story Point: Jesus has power over death.



MAR 29th: The Last Supper/Palm Sunday!

Story Point: Jesus commanded His disciples to remember His sacrifice .



Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- Does my planning allow for Co-Pilot participation throughout the morning?
- How did I prepare my Co-Pilot to help with classroom management?
- What specific activities will my Co-Pilot assist with today?
- In what ways can I encourage my Co-Pilot?

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with _____.
- You really helped me while I was _____.
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- _____ was the right thing to do. You handled it well!
- I'm so glad you are here today!

Sunday Morning Flight Plan



Take Off

- Open in Prayer
- Hook
- BPO and A & Key Passage
- Timeline & Introduce Story

10 Min

Journey

- Attendance & Bible Sticker
- Bible Story
- God's Attributes

15 Min

Flight Lab

- Experience of the Bible Story
(Make connections through an activity & motion)

15 Min

Pilot's Log

- Pray
- Calm activity during pick-up
- Give activity sheets to parents as they pick up students

5 Min

PICK UP:

First Service:
Around 9:45

Second Service:
Around 11:45



10 min Take Off

Celebrate being here! Introduce the morning.

Open in Prayer

Hook

Prompt kids to discuss what foods they would prepare if they were going to have a special meal with all their closest friends. We often use special meals to celebrate. Today we will learn about a very special meal Jesus ate with His disciples.

Big Picture Question

When Jesus was on earth, He taught people about God and His kingdom. God's kingdom is wherever God is ruling. He is ruling over us now, but one day His kingdom will come fully when Jesus returns. As you listen to today's Bible story, think about our big picture question and answer: ***How does God care for His creation? God loves and rules over His creation according to His perfect plan.***

Key Passage

Show the key passage poster. Lead the boys and girls to read together **Colossians 1:13-14** • Our key passage reminds us that God's kingdom is better than this world. Apart from Jesus, we are in darkness and are slaves to sin. When we trust in Jesus, He invites us into His kingdom. He forgives our sin and gives us life with Him forever.

Timeline/Introduce Bible Story:

People welcomed Jesus to Jerusalem as their King. They believed He would be the conqueror who would free them from Roman authority. But the religious leaders hated Jesus. Despite their best efforts to trick Him, Jesus spoke with wisdom and authority. This made the religious leaders hate Him all the more. They made a plan to kill Jesus, but their plan was all wrapped up in God's perfect plan. Jesus knew He would soon die. He spent His last night as a free man eating dinner with and teaching His disciples.

Transition to Bible Story: (OPTIONAL) Show the Bible Story Video.



15 Min Journey

Where we travel into God's word

Bible Story

Open your Bible to **Matthew 26; Mark 14; Luke 22; John 13** Read from the Bible or use your storytelling skills to help you tell the story.

Jesus' disciples were used to celebrating the Passover every year as part of their Jewish tradition. What did the Jews celebrate at Passover? [Pause for kids to answer.] Passover was a time for the Jews to remember and celebrate how God protected His people and delivered them out of slavery in Egypt. God had told them to celebrate the Passover every year, but this celebration was very different for Jesus' disciples. As soon as the meal was ready, everyone reclined at the table. Jesus said someone at the table would betray Him. The disciples were upset. Peter said that he would never turn against Jesus. We will see in a later story whether Peter's words were true. The disciples were familiar with different elements of the Passover meal representing something, but this time when Jesus served the bread, what did He say the bread represented? Look at Matthew 26:26. [Allow kids to read the verse and respond.] He said that the bread was His body. What did He say the contents of the cup represented? Look at Matthew 26:27-28. [Allow kids to read the verse and respond.] It represented His blood of the new covenant. Just as God had told the Jews to remember and celebrate God's deliverance of His people during Passover, Jesus commanded His disciples to remember His sacrifice.



Jesus used this special supper to help explain God's great plan of salvation for all people. Jesus showed His disciples with the bread and the cup that He is the true Passover Lamb. God's people had broken the old covenant, and God promised to make a new covenant to forgive sins. The new covenant says that everyone who turns away from sin and trusts in Jesus' death and resurrection will be forgiven of his sins and will have eternal life.

Age Appropriate Story

STORY POINT: JESUS COMMANDED HIS DISCIPLES TO REMEMBER HIS SACRIFICE.

Jesus and His disciples were in Jerusalem to celebrate Passover. On the day when the Jewish people were supposed to kill the Passover lamb, Jesus sent Peter and John to get the meal ready.

When the Passover meal was ready, Jesus and His disciples reclined to eat. Jesus said, "Truly I tell you, one of you will betray Me." The disciples were upset, but Jesus knew this was part of God's plan. Peter said he would never betray Jesus, but Jesus said Peter would deny Him three times.

Then Jesus took the bread, gave thanks to God for it, broke it, and then gave it to His disciples to eat. Jesus said, "This is My body, which I am giving for you. Do this to remember Me."

Jesus took the cup and gave it to His disciples. They drank from it, and Jesus said, "This is My blood of the new covenant, which is poured out for many."

They sang a hymn together, and then they went out to the Mount of Olives.

Christ Connection: *Jesus showed His disciples with the bread and the drink that He is the true Passover Lamb. God's people had broken the old covenant, and God promised to make a new covenant to forgive sins. The new covenant says that everyone who turns away from sin and trusts in Jesus' death and resurrection will be forgiven of his sins and will have eternal life.*



Discussion & Bible Skills

Distribute Bibles. Guide boys and girls to open their Bibles to Luke 22. Explain that today's Bible story is found in all four Gospels—Matthew, Mark, Luke, and John. Ask kids what the Gospels are about. (Jesus' life, death, and resurrection) Choose a volunteer to read Luke 22:19-20. Ask the following questions. Lead the group to discuss:

- 1. When was the old covenant established? What is the new covenant?** Help kids recognize that in the old covenant, God expected His people to live a certain way. He explained this covenant to Abraham in Genesis. God's people had broken the old covenant over and over, so God in His mercy established a new covenant. The new covenant says that everyone who turns away from sin and trusts in Jesus' death and resurrection will be forgiven of his sins and have eternal life. (Option: Choose a volunteer to read Jer. 31:31.)
- 2. Why did Jesus instruct the disciples to take the bread and the cup?** Lead kids to recall that by remembering Jesus' sacrifice in this way, we "proclaim the Lord's death until He comes." (Option: Choose a kid to read 1 Cor. 11:23-26.)
- 3. What must we do to be saved through the new covenant?** Discuss with kids that our salvation is not dependent on our works because Jesus already lived a perfect life and died to pay for our sins. We receive the free gift of salvation by trusting Him as our Lord. (Option: Choose a volunteer to read Rom. 10:9.)



God's attributes- helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

-With Us

-Promise Keeper

Travel Guide:

Use the travel guide for maps, charts, etc... as useful with helping the children learn and understand today's story.



15 min Flight Lab

Instill Wonder as you experience the Bible
CHOOSE ONE ACTIVITY

Pass the Plate

Instruct the kids to stand in a circle. Give one kid a paper plate, and place 5–10 table tennis balls on the plate. Challenge the group to pass the plate around the circle without spilling any of the table tennis balls. For an added challenge, consider using a stopwatch to see how quickly the kids can pass the plate around the whole circle without spilling any of the table tennis balls. It was tricky to pass that plate without spilling. Today we will learn about a time Jesus passed bread and drink around to all His disciples. Do you know what Jesus said those foods represented? We'll soon learn!

Setting Up a Passover Meal

Direct the kids to sit in a circle. Think of a theme such as fruits, vegetables, or foods that start with the same first letter as the speaker's name. Start the game by saying "I'm setting up a Passover; I plan to bring _____" filling in the blank with a food that fits the theme. Allow each kid to add a dish to the meal. For an added challenge, you can keep the theme secret, and see if kids can figure it out using trial and error. If we were really planning a Passover meal, we wouldn't get to choose what foods to make. God gave His people very specific instructions about what to eat at Passover. In our story today, we will learn about very specific instructions Jesus gave to His disciples. Jesus' instructions gave the meal a whole new level of meaning and importance.

Give it Up

Bring in four objects: a play money coin, a pillow, a piece of sports equipment, and a clock. Set up four stations around the room. Place one of the objects at each station. Guide the kids around the room to visit each station and think through how obeying God might require us to change our thoughts about:

- our treasures or money (giving to missions)
- our comfort (going somewhere difficult)
- our hobbies (learning new hobbies or sharing hobbies with new people)
- our time (volunteering to serve others)

God may not call us to give up everything we enjoy, but He does want us to be willing to sacrifice for His sake. Jesus commanded His disciples to remember His sacrifice. Pray, thanking God for Jesus' sacrifice. Ask Him to help us sacrifice for the Kingdom, like Eric Liddell did and like missionaries your church supports do.

The Last Supper

Set up a display that shows the elements of the Lord's Supper as your church observes it. Walk the kids through the process and explain why your church observes the Lord's Supper in this way. Ensure kids understand who may participate (believers) and why (to obey Jesus and remember His sacrifice). To avoid hurt feelings and inappropriate participation, do not allow kids to take communion at this time. Any kids who wish to take communion should be directed to their parents, a pastor, or an elder at your church to discuss their salvation. Jesus commanded His disciples to remember His sacrifice. One of the biggest ways we do that is by taking communion, also known as the Lord's Supper. Different churches practice this act in different ways, but the meaning is the same for all believers. The bread we eat represents Jesus' body, which was broken for us. The drink we use represents Jesus' blood, which was spilled for us. When we have faith in Jesus' perfect life, death, and resurrection, God forgives our sin and gives us eternal life. We then obey God out of love for Him, which also means remembering Jesus' sacrifice in the way He said to.

What do we need?

Give each kid a piece of paper and a pencil. Instruct boys and girls to imagine they are preparing a dinner for all of their friends. Ask each kid to list all the supplies and food they would need to have the dinner. Allow a couple of minutes for the kids to create their lists. Then invite the kids to share their lists with the group. Preparing and hosting a special meal can be a lot of work! Did you know that right before Jesus died, He planned one final meal to share with His disciples? This wasn't just any meal; it was a very special meal as you'll soon find out in our Bible story today.



5 min Pilot's log

Where we prepare to depart.

Pray:

If time, share prayer requests and allow kids to record in the **prayer journal section of their *Travel Guide***.

ALWAYS CLOSE THE MORNING WITH PRAYER.

This is how we model incorporating prayer into their lives.

Waiting for parents/Activity Page:

Tie back into the lesson, remind them of the Big Picture Question/verse, etc...

Be sure to **re-set expectations on what their choices are while waiting for mom and dad:**

- Activity page
- Key Passage Activity (See next page for list of options)
- Coloring page
- Gospel Kit Activities
- Anything quiet at the tables you are ok with (*origami, free draw on blank paper, hangman game at white board, putting Book of the Bible cards in order, etc....*)

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents so they can go home with families.

Key Passage Review Extra Ideas:

Invite kids to sit around tables. Give each kid a pencil. Show the key passage poster and lead them to read it aloud.

Give a piece of paper to one kid at each table. Instruct him to write down the first word of the key passage and pass the paper to the person on his right. That person will write down the second word, pass the paper to her right, and so on. Kids will pass the paper around the table, writing one word at a time until they finish the key passage. When kids finish, invite groups one at a time to say the key passage together.

Display the key passage poster. Lead the kids to read it aloud. Then challenge them to read it in various ways: whispering, shouting, quickly, slowly, and so on.

Form two groups of kids. Call on the first group to say the key passage together. Then call on the second group to say it.

Prompt the first group to say the passage a few phrases at a time, pausing for the second group to echo. When kids finish saying the key passage, lead the second group to begin and the first group to echo.

Instruct kids to sit or stand in a circle. Choose one kid to begin by saying the first word of the key passage. Guide kids to say the key passage, one word at a time, moving around the circle.

Allow kids to look at the key passage poster if they need help remembering the words. Continue around the circle a few times. Consider shouting, "Switch!" and letting kids move to another place in the circle before playing again. *Or toss the ball to different kids rather than go in order.*

Before the session, write out the key passage on a chalkboard or dry erase board in eight separate phrases. Display the phrases where kids can see them. Give each kid a marker and eight craft sticks. Instruct kids to copy from the board, writing each phrase on a separate stick. Then instruct kids to mix up their sticks and then quickly rearrange the phrases in the correct order. Kids may work individually or in pairs. Provide rubber bands for kids to bundle their sticks and keep them as a method of practicing the key passage during the week.

Prayer Extra Ideas:

Prayer Chain—In small groups, ask children/co-pilot to write prayer requests on a few paper strips. Connect paper strips into a chain and display our growing conversation to the Lord. Feel free to revisit older requests as well.

Painted Rocks—Have each child choose a painted rock to write on. Write a word of encouragement, a word about Jesus, a name, etc. The goal is to take it with them and place it somewhere near their typical living space—a neighbor’s house, a store, a playground, etc. Then pray over the place or the people who are there.

Pointing to a Map—Choose one or two kiddos to spin/close their eyes/find a certain color (you can be creative and have fun) and point to a country on the map. Place a pin in the place(s) and pray over it as a group. Even if you don’t know anything about the country, we can lift up the people, pray for Jesus’ light to shine there, the Gospel to be active there, and churches to grow, etc.

Looking out the Window—Grab a dry erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry erase marker, write those things on the window (Pre-K & K may draw things) and then pray over those things. Feel free to leave them on the window, so whenever we look through, those things are brought to our mind to pray for again.

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

You're
ready
for
Sunday!



