



Kernstown



United Methodist Church | 3239 Valley Pike, Winchester, VA 22602-5303

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Rev. Dr. Victor Gomez pastor@kernstownumc.org or 540-662-2432

February-March 2026

Inside this issue:

From the Pastor Lent/Easter Inclement Weather Finance	1
Care & Connect Reach & Serve-UWF	2
Reach & Serve <i>cont'd.</i> Trustee Corner	3
In the Mail Lectionaries Webinar Annual Statistics	4
Birthdays & Anniv. Puzzle February Calendar	5
March Calendar	Back

Grace and peace to you in the name of our Lord Jesus Christ, and may the communion of the Holy Spirit be alive and active in your life.

Soon we will enter the season of Lent—a sacred time in the life of the Church that invites us to slow down, look inward, and prepare our hearts for the joy of Easter. Lent begins on Ash Wednesday and lasts forty days, not counting Sundays, echoing Jesus' forty days in the wilderness. It is a journey that leads us deliberately and prayerfully toward the resurrection of our Lord.

For many of us, Lent has become associated with giving something up. Often it is chocolate, sweets, or another favorite comfort. While there is nothing wrong with this practice, Lent was never meant to be simply about minor sacrifices or testing our willpower. Giving up chocolate may remind us of the season, but it doesn't always change us. Lent is not about deprivation for its own sake; it is about transformation.

At its heart, Lent calls us to repentance, reflection, and spiritual renewal. It invites us to examine not just what we consume, but what consumes us. Instead of asking, "*What should I give up?*" perhaps the more faithful question is, "*What is getting in the way of my relationship with God and with others?*" Lent is a time to confront habits that dull our compassion, distort our priorities, or pull us away from the life Christ calls us to live—habits like impatience, resentment, gossip, busyness, fear, or indifference to the needs of our neighbors.

As we prepare for Easter, I invite you to consider a different kind of Lenten discipline: giving up time—not for distraction, but for God. Consider setting aside one intentional hour each day. This hour can be in the morning, midday, evening, or night—whatever works best for your life. What matters is not the time of day, but the intention of the heart.

During this hour, invite the Holy Spirit to be present with you. Ask God to quiet the noise, to set aside distractions, and to open your heart. Use this time to read Scripture, reflect on a devotional, sing a familiar hymn, or simply sit in prayerful silence. Let it be a solemn and holy time—an offering of yourself to God.

Lent is not about what we lose; it is about what we make room for. When we let go of habits that harm our souls and create space for prayer, reflection, and grace, we find ourselves more deeply prepared to encounter the risen Christ. As Easter approaches, may this season draw us closer to Jesus—into his suffering, his love, and ultimately, his resurrection.

Give up an hour. Give it to God. And trust that God will meet you there.

Pastor Victor

Lent 2026

February 18 Ash Wednesday
Ashes to Go – KUMC parking lot at 8:30-10:00 am
Worship Service with ashes and communion at 7 pm

March 29 Palm Sunday
Worship Service at 10:30 am

April 2 Maundy Thursday
Worship Service at 7 pm

April 3 Good Friday
Tenebrae Service at 7 pm

April 5 Easter
Sunrise Service at Opequon Presby. Church Shelter at 6 am
Easter Service/Cantata at KUMC at 10:30 with communion



Dec. Financial Info

Received \$ 28,275.00
 Needed \$ 26,189.32
 Difference \$ 2,085.68



Sunday, March 8

Sunday Worship Service Notifications for Inclement Weather

Church Email

Facebook

Q102/IHeart Radio

Office Phone recording 540-667-7298

If in doubt, **STAY HOME**, stay safe

Church operates on the Frederick Co. School schedule during the week.

Our mission is keeping people in our congregation safe and connected to God and each other. Through fellowship, food, visiting, health ministry, and sharing information about our lives, we believe the Holy Spirit moves throughout our congregation and community.

Care & Connect Meeting -We meet the first Tuesday of every other month at 10 am in the fellowship hall. Our next meeting is March 3. All church members are welcome to attend.

Prayer & Care - You are welcome to join Pastor Victor and our group on Wednesdays at 11 am in the fellowship hall as we pray for our congregation and the needs of our members. Complete the yellow attendance cards in the pew racks each Sunday for attendance and list any prayer requests that you may have.

Prayer Chain KneeMail – Contact Cathy Lichvar via cell 540-664-7280, email prayer@kernstownumc.org or from the web kernstownumc.org/prayer-request. Contact her or call the church office with info on any immediate need for prayer, such as admission to hospital, deaths of loved ones, etc.

Fellowship times together-following worship service, save these dates: February 15 – fellowship luncheon – covered dish (Care & Connect will provide fried chicken). March 15 – Fellowship Brunch *Doris Miller, Chairperson*.

Coffee/Teatime with Pastor Victor every Sunday at 10:00 – 10:20.

Name Tags – continue to wear name tags each Sunday to assist in remembering names.

Health Ministry Mission is to promote Wholistic health and prevent/minimize illness at KUMC & surrounding community. **Parish Nurse:** Doris Miller BSN, RN, Faith Community Nurse, 540-303-3135, email Pameric2021@Outlook.com

Blood Pressure Checks: 2nd & 4th Sundays in mission rm. outside fellowship hall after service.

Walk with a DOC (Exercise) – 2nd Wed.'s at 11 am. Meet at Valley Health Wellness & Fitness Center for a talk by a physician and walk around the lake with others for exercise.

32nd Community Wellness Festival on Sat., Feb. 28, 10 am-5pm at Apple Blossom Mall

Flu Season: Do not attend church if you have fever or feel ill. You can view service online.

Medical Equipment – Several persons have donated items of equipment for temporary use as needed by members of congregation. The items donated are: transport chair folding w/ footrests, folding walker with wheels, rollator walker with seat, and Elenker steerable knee scooter/walker. They are in hallway at coat rack. Let me know if you take one to use.

Scripture: *Psalms 46:10 NRSV*
“Be still and know that I am God!”

Health Education – February is Heart Disease Awareness Month. **Heart disease** is the leading cause of death in the United States, but there are ways to prevent and manage many types of heart disease. Coronary Artery Disease is the most common type. Adopting a heart-healthy lifestyle can help you reduce the risk of heart disease and its risk factors. Heart Disease risk factors that you can control:

•**Controlling your blood pressure.** Keep your blood pressure in a healthy range and keep track of your numbers. Blood pressure that's consistently higher than 130/80 mmHg can cause serious health problems. Use a monitor at home and keep a blood pressure tracker to keep a record of numbers each reading.

•**Control Cholesterol.** High cholesterol increases the risk of developing heart disease. Eat a heart-healthy diet that is low in saturated fats, as these can raise LDL cholesterol levels. Limit alcohol consumption – can raise your total cholesterol level.

•**Maintain Healthy Weight.** Being overweight or having obesity can increase your risk of heart disease. Choose healthy snacks like fruits, vegetables, yogurt, or nuts instead of sugary or high-calorie snacks. Stay hydrated with water as your primary beverage.

•**Eat Better.** A balanced and flexible eating plan can help lower your high blood pressure and improve your cholesterol. Read nutrition labels to pick the lowest foods in saturated fat, sodium, and added sugars. Eat plenty of fresh fruit, vegetables, and whole grains.

•**Be More Active.** Getting enough physical activity helps to lower your risk of heart disease and stroke. Adults should spend at least 150 minutes (2 ½ hrs.) each week doing physical activity. Sit down less. Take the stairs. Park further away. Take a walk around the block.

•**Stop smoking.** Cigarette smoking raises your blood pressure and puts you at higher risk of heart attack and stroke.

•**Get Enough Sleep.** Lack of sleep or getting poor-quality sleep increases the risk of having high blood pressure, heart disease and other medical conditions. Try to aim for 7-9 hours of sleep a night.

•**Managing Stress.** Stress is linked to heart disease. It can raise your blood pressure. Extreme stress can be a “trigger” for a heart attack. Learning how to manage stress with healthy coping strategies helps improve your emotional and physical health. Use relaxation techniques, listening to music, and meditation, etc.

Manage Blood Sugar. Maintaining stable blood sugar levels is crucial for heart health, especially for people with diabetes or those at risk of developing diabetes. *Ref: National Institute of Health 1/24*

UWF— United Women in Faith: Scripture: James 1:19 *Let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness.* *NRV* Doris Miller, Pres.

Officers for 2026 were installed at the meeting on Jan. 13 by our guest Mary Preston, Shenandoah River District UWF President. The officers are Doris Miller (Pres.), Carolyn Carney (VP), Danna Doyle (Scty), Cheryl Spurr (Tr), Polly Look and Pat Beckwith (Program Resources Coord), Nancy Tisinger (Spiritual Growth Coord), Sarah Gordon (Social Growth Coord), Glenda Gale (Membership, Nurture, and Outreach Coord.), and Carolyn Carney (Nominations Committee Chair)

Awards - Our unit of UWF received the Gold Level and 6 Star Certificates for 2025. They are displayed on Mission Table in narthex. We thank the congregation for supporting us so KUMC receives these awards.

Meetings: Tues., Feb. 10 & Mar. 10, at 10 am in fellowship hall. Program for February will be Call to Prayer and Self-Denial. Bring your offering.

Reading Program: Sept. 1, 25 – Aug. 31, 26. Complete your reading form as you read books and report to Polly Look. All members of church are welcome to read the books. Just sign out the book & sign in when you return it.

Recycling Plastic bottles. Only plastic bottles are accepted for recycling, no plastics at this time. Please place other plastics with the trash. This project is to meet our Social Justice Program's goal for Climate Justice. Place them in the blue recycling container in f.hall.

Cookbooks: We still have cookbooks at \$3 each in the mission room outside the fellowship hall. See Doris Miller or Cheryl Spurr to purchase.

The **Souper Bowl of Caring** to End Hunger on February 8. We will again sponsor this project to collect cans of soup, vegetables, meats, and crackers to be donated to C-CAP. On Feb. 1 & 8, we will have 3 containers at the ministry table in the narthex – 1 for each team in the Super Bowl and 1 for “I don't care – I don't like football”. Place your cans/crackers in the container that you think will win the Super Bowl. We will count the cans and announce if KUMC predicts the winner of the Super Bowl.

Spring Fundraiser for Missions outside our area. UWF will sell quarts of soup and homemade bread on February 8. Signup sheet to order these will be on Reach and Serve area on mission table in narthex. Deadline for orders Feb. 1. **“Lighting the Path to the Christ Child”** – Advent Project for local missions. Our congregation raised \$610 for this project. Thank you for supporting the UWF in our fundraising projects for missions.



UWF—Reach & Serve

The **Reach and Serve Ministry**, co-chaired by Steve Wells and Lisa Dawson, is dedicated to assisting in proclaiming the Gospel beyond the congregation into the community and the world. We encourage the congregation to spread the Gospel outside our congregation through acts of compassion, service and evangelism to those who have yet to hear the Good News.

New meeting time and day: 4:30 pm on the 2nd Tuesday of every other month. Future meeting dates are March 10, May 12, July 14, Sept 8, Nov 10. We hope this change can enable more people to become part of Reach and Serve. We welcome your ideas of new ways to Reach and Serve and hope to see you at our next meeting.

THANK YOU, THANK YOU, THANK YOU! If we included a Thank You to represent every person in our community who was helped by your donations of food, gifts, money, effort, time and prayers, we would need pages and pages devoted to those 2 words. Note, this just covers your efforts from Thanksgiving through the end of the year. So, what did you do? **You**

- Fed families through **CCAP** donations for Thanksgiving, Christmas and an emergency drive
- Gave Christmas gifts to Seniors through the **Be A Santa To A Senior** program.
- Cooked & served a meal to those with food insecurity at **Jubilee Kitchen**.
- Delivered meals to the staff of Frederick Douglass Elementary to show appreciation for their teaching and care of the community's children.
- Transported food from **CCAP** and filled the **FREEDGE** on a weekly basis.
- Provided and served meals to the guests of **WATTS**.

What is CCAP? The **Congregational Community Action Project** offers food, clothing and other assistance to the community. CCAP is located at 112 S. Kent St, Winchester

What is Jubilee Kitchen? A community outreach offered by First Presbyterian Church that provides a free, hot, sit-down lunch every Saturday for anyone in need. KUMC provides 6-8 volunteers every 3 months. Look for a sign-up in March, June, Sept, and December

What is the Freedge Ministry? VOLUNTEERS NEEDED NOW~What is a Freedge? A Freedge is a refrigerator filled with free food that is accessible to anyone. KUMC provides 1 or 2 weekly volunteers on Tuesdays to pick up food from CCAP, transport it and fill the Freedge at Montague Ave UMC. Pick up food at CCAP at 11 am. The time commitment is no more than 1 hour.

What is WATTS? The **Winchester Area Temporary Transitional Shelter** provides emergency shelter with warm beds,

meals and resources to homeless adults from Nov. to March using rotating church locations. KUMC provides a meal and 8-10 volunteers for a date at the end of December at Opequon Church.

****SIGN-UP SHEETS for REACH and SERVE OPPORTUNITIES will be located on the right end of the Ministry Table in the lobby(narthex).**

The Upper Room is in the narthex

UMCOR (United Methodist Committee on Relief) **Cleaning Kits** Due to hurricanes, floods, tornadoes, earthquakes, & fires, KUMC will be collecting items for the Cleaning Kits during Lent from Feb. 18 - Mar 22. UMCOR Sunday is Mar. 22 in the United Methodist Church. These are needed to begin the overwhelming job of cleaning up after a disaster. Pastor Victor will dedicate the Cleaning Kits on Palm Sunday, Mar. 29. Items needed: See display of items that UM-COR needs at ministry table in narthex. You can take slips for individual items to donate, or you can fill an entire bucket. You may donate money for us to do the shopping for you (make check out to KUMC UWF & write **UMCOR Kits** on the memo line.

Exact Items Needed:

- One five-gallon round bucket with lid (14.35" h. x 12.19" w) - no screw lids
- One 32-64 oz. bottle liquid laundry detergent
- One 16 - 40 oz bottle liquid concentrate household cleaner. No spray cleaners
- One 16 -34 oz bottle liquid dish soap
- One 4 - 8 oz pump spray air freshener
- One 6 - 14 oz pump spray insect repellent (pack of 10 - 20 wipes also acceptable).
- Pump spray bottles must have protective covers.
- One scrub brush - without or with short handle
- 18 re-usable cleaning wipes - no terry cloth, microfiber, or paper towels - Remove from packaging
- Five (5) scouring pads - No stainless steel or pads with soap in them - Remove from packaging.
- 36-50 clothespins
- One 50- 100 ft clothesline (cotton or plastic line)
- 24 rolls of heavy-duty trash bags (33-45 gallon sizes) - Remove packaging.
- Five (5) N95 particulate respirator dust masks (1-3 mm thickness) - No surgical masks.
- Two (2) pairs kitchen gloves - durable for multiple uses - Remove packaging.
- One (1) pair of work gloves with leather palm or all leather.

Items are due by March 22. We will have a packing party that week. If you have any questions, ask Doris Miller.

Trustee's Corner

I want to thank all for a successful capital campaign over the past two years. The funds were used for several projects - a new roof was installed on the Sunday School building; a coffee bar was installed in the fellowship hall; the administrative and pastor's offices were refurbished; and the egress safety from the chancel area of the sanctuary was improved by separating the administrative office from the exit path.

Most are aware the Trustees coordinate facilities maintenance, but the trustees also manage all Kernstown UMC contracts, office equipment leases, insurance policies, safety inspections and compliance, facilities policies, utilities and grounds maintenance. Our goal is to support the ministry and mission of the church with safe, efficient and functional facilities that meet our needs. We welcome your feedback and invite you to attend a trustee meeting on the second Thursday of each month. We have a dedicated time at the beginning of each meeting for guests to present requests and comments.

Let's fully utilize our facilities in support of our mission!

Dave Ford, Trustee Chairperson



Christmas gifts for seniors from the congregation, Thank You



WATTS Dinner - A committee of 9 KUMC members served dinner on December 30 of lasagna, salad, French bread and banana pudding to the guests of the shelter at Opequon Presbyterian Church. The leftovers from the meal were donated to the Winchester Rescue Mission.



Check out the bulletin board by the elevator for letters and cards.
There are Christmas wishes from members, Bill T. and Jane T.

There is also a note from McKenna from Shenandoah University.

More happenings on the board in narthex, the mission room,
and the door in the fellowship hall!

Lectionaries for February – Easter

02/01 Mic 6:1-8; Ps 15; 1 Cor 1:18-31; Matt 5:1-12
02/08 Isa 58:1-9a-12; Ps 112:1-9 (10); 1 Cor 2:1-12
(13-16); Matt 5:13-20
02/15 Exod 24:12-18; Ps 2 or Ps 99; 2 Pet 1:16-21;
Matt 17:1-9
02/18 Joel 2:1-2, 12-17; Ps 51:1-17; 2 Cor 5:20b-
6:10; Matt 6:1-6, 16-21
02/22 Gen 2:15-17, 3:1-7; Ps 32; Rom 5:12-19;
Matt 4:1-11
03/01 Gen 12:1-4a; Ps 121; Rom 4:1-5, 13-17;
John 3:1-17
03/08 Exod 17:1-7; Ps 95; Rom 5:1-11; John 4:5-42
03/15 1 Sam 16:1-13; Ps 23; Eph 5:8-14; John 9:1-41
03/22 Ezek 37:1-14; Ps 130; Rom 8:6-11;
John 11:1-45
03/29 Palm Lit: Matt 21:1-11; Ps 118:1-2, 19-29;
Passion Lit: Isa 50:4-9a; Ps 31:9-16; Phil 2:5-11;
Matt 26:14-27 or 27:11-54
03/30 Isa 42:1-9; Ps 36:5-11; Heb 9:11-15;
John 12:1-11
03/31 Isa 49:1-7; Ps 71:1-14; 1 Cor 1:18-31;
John 12:20-36
04/01 Isa 50:4-9a; Ps 70; Heb 12:1-3; John 13:21-32
04/02 Exod 12:1-4, (5-10), 11-14; Ps 116:1-2, 12-19;
1 Cor 11:23-26; John 13:1-17, 31b-35
04/03 Isa 52:13-53:12; Ps 22; Heb 10:16-25; John
19:1-42 or Mark 14:1-15:47
04/04 Job 14:1-14; Ps 31:1-4, 15-16; 1 Peter 4:1-8;
Matt 27:57-66 or John 19:38-42
04/05 Jer 31:1-6; Ps 118:1-2, 14-24; Col 3:1-4 or
Acts 10:34-43; John 20:1-18 or Matt 28:1-10



The Virginia Conference United Methodist Men and United Women In Faith present *Breaking Down Walls*: a Racial Justice webinar



*A Christian response to the Dismantling of
Diversity, Equity, and Inclusion*

When: Tuesday, March 17, 2026

Time: 7:00 PM - 8:30 PM

Zoom Webinar ID: 838 8143 6566

Passcode: 695853

Moderator: Heather Gomez

Panelists: Rev. James Page • Rev. Dr. James Melson
Rev. Dr. Victor Gomez • Rev. Hung Su Lim

*This panel conversation will equip Virginia United Methodists to live out our
mission of unity in diversity - reflecting the reconciling love of Christ in a divided
and hurting world.*

Webinar Point of Contact

Rev. Joseph Moseray, josephmoseray@vaumc.org

Visit the General Commission on Religion and Race website

www.gcorr.org



United Methodist Men

United Women In Faith



Kernstown UMC Annual Statistics for 2025, Table I reported to the VAUMC in early January 2026

Professing members last year	385	Avg attendance worship service	74
Received on Profession of Faith	1	Person/s baptized	1
Transferred in from another UMC	1	Adult Christian Formation Groups	21
Withdrawn from Membership	169	UWF Membership	14
Transferred out to another UMC	2	Number of community ministries for outreach, justice, & mercy	10
Transferred out to a non-UMC	2	# Focus on global/regional health?	10
Removed by Death	5	# Focus on engaging in ministry w/ the poor/socially marginalized?	10
Professing Members this year	210	Persons from congregation serving in mission/community ministries	249
		Persons served by ministries for outreach, justice, and mercy	16,400

Birthdays



February

Dan Smith	02
Stephanie Chapman	09
DeAnn Whitacre	09
Declan Carper	16
Noah Marshall	16
Margo Young	16
Barbara Cooper	20
Arnold Gale	26
David Landrum	28

March

Bruce Gordon	02
Jared Castro	04
Nellie Snoots	04
Bill Tumblin	07
Judy Allen	13
Barbara Bledsoe	13
Elaine Cain	15
George Glaize	15
Susan Hill	17
Marietta Lipscomb	19
Bucky Sibert III	19
Pat Beckwith	21
Shane Weagley	22
Addison Fields	23
Sherry Ford	23
Carolyn Carney	25
Kaleb Dillow	25
Betty Murphy	30



Belated December, February & March Anniversaries

Arnold & Glenda Gale	Dec 07
David & Sherry Ford	Dec 18
Kaye-Beth & James Ambrose	Feb 07
Jim & Mary Markley	Feb 14
George & Christina Rust	Mar 27

Belated Anniversary Wishes to the Gales & Fords!!

Members/Friends-Birthday or anniversary missing? Call the office to update the database or if you have directory questions.

Lenten Puzzle



Alive, Angel, Apostles, Appearance, Arrest, Barabbas, Betrayed, Calvary, Christ, Church, Cross, Crucified, Death, Eggs, Emmaus, Garden, Gethsemane, Golgotha, Iscariot, Jerusalem, Jesus, Joy, Judas, Magdalene, Mary, Parade, Passover, Peace, Peter, Pilate, Priest, Redeemed, Risen, Romans, Rooster, Salvation, Sanhedrin, Spring, Tomb, Trial, Worship

Find the words in the puzzle - left, right, up, down or diagonally. Leftover letters form a mystery answer. Last puzzle answer: JOY

Kernstown UMC February 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 4 th Sunday after Epiphany 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship	2 Ground-hog Day	3 12-4 Bridge fh 10 ³⁰ Freedage 11 Music Dir hrs	4 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	5 8 ³⁰ TOPS	6 11-3 ³⁰ Bridge fh	7
8 5 th Sunday after Epiphany 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship	9	10 12-4 Bridge fh 10 UWF 10 ³⁰ Freedage 11 Music Dir hrs/Staff Mtg 2 W&W	11 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	12 8 ³⁰ TOPS 6:30 Trustees	13 11-3 ³⁰ Bridge fh	14 ♥len-tine's Day
15 Transfiguration Sunday 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship Covered Dish Luncheon	16 Presidents Day	17 12-4 Bridge fh 10 ³⁰ Freedage 11 Music Dir hrs	18 Ash Wed 9-11 ³⁰ BSF 5 ³⁰ TOPS 8³⁰-10 Ashes to Go 11 Prayer & Care fh 7 Ash Wednesday Srvc	19 8 ³⁰ TOPS	20 11-3 ³⁰ Bridge fh	21
22 1 st Sunday in Lent 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship	23	24 12-4 Bridge fh 10 ³⁰ Freedage 11 Music Dir hrs	25 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	26 8 ³⁰ TOPS 4 Church Council	27 11-3 ³⁰ Bridge fh	28

Kernstown United Methodist Church
Worship at 10:30 | Rev. Dr. Victor Gomez
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3239 Valley Pike, Winchester, VA 22602-5303
540-667-7298; office@kernstownumc.org
www.kernstownumc.org | facebook.com/kernstownumc/
Pam Brannon, Admin. Asst./Communications Coordinator
David Landrum, Dir. Music; Kelly Henshaw, Chancel Choir Director
Charles Harless, Pastor Emeritus; Ric Dunkle, Lay Ldr.
Cathy Lichvar, Treas.; Doris Miller, Parish Nurse

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Church Purpose Statement. .
"Strives to welcome ALL into a loving church family that glorifies God through worship, nurture, and outreach to our neighbors."

Return Service Requested

Kernstown UMC March & early April 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2nd Sunday in Lent 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship	2	3 12-4 Bridge fh 10 Care & Connect 10 ³⁰ Freedge 11 Music Dir hrs 11 Staff Mtg	4 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	5 8 ³⁰ TOPS	6 World Day of Prayer 11-3 ³⁰ Brdg fh	7
8 3rd Sunday in Lent Daylight Saving Time starts 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship	9	10 12-4 Bridge fh 10 UWF 10 ³⁰ Freedge 11 Music Dir hrs 4 ³⁰ Reach & Serve	11 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	12 8 ³⁰ TOPS 6 ³⁰ Trustees	13 11-3 ³⁰ Bridge fh	14
15 4th Sunday in Lent 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship Fellowship Brunch	16 Newsletter deadline April/May	17 St Patrick's Day 12 Bridge 10 ³⁰ Freedge 11 Music Dir hrs 7 Webinar	18 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	19 8 ³⁰ TOPS	20 11-3 ³⁰ Bridge fh	21 10-1 Jubilee Kitchen FPC
22 5th Sunday in Lent 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship	23	24 12-4 Bridge fh 10 ³⁰ Freedge 11 Music Dir hrs	25 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	26 8 ³⁰ TOPS 4 Church Council	27 11-3 ³⁰ Bridge fh	28
29 Palm Sunday 9:00 Encounter 10-10:20 Coffee Time 10:30 Worship	30 Holy Week	31 12-4 Bridge fh 10 ³⁰ Freedge 11 Music Dir hrs	April 1 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	2 Maundy Thursday 8 ³⁰ TOPS 7 Maundy Thursday Service	3 Good Friday 11Brdg fh 7 Tenebrae Service	4 Easter Eve
5 Easter 6 Sunrise Service/Brkfst (Opequon Presby. Shelter) 9 Encounter 10-10:20 Coffee Time 10:30 Worship/Cantata	6 Easter Monday Office Closed	7 12-4 Bridge fh 10 UWF 10 ³⁰ Freedge 11 Music Dir hrs	8 9-11 ³⁰ BSF 5 ³⁰ TOPS 11 Prayer & Care fh 6 Handbells 7 Choir	9 8 ³⁰ TOPS 6 ³⁰ Trustees	10 11-3 ³⁰ Bridge fh	11