

Let the Journey Begin

a study in the book of Exodus

Preparing for a Victorious Journey - PART TWO

Lesson 2

In PART ONE of our study, we considered the LORD as the Provider for Our Journey. In this lesson we will look at our Need for Provision. We will not set aside those things we have been carrying, unless we see their uselessness and that they provide no advantages to us, but rather harm.

May you approach this lesson with the intent to obtain God's perspective on your choices for your journey.

Things that Need to be Set Aside

1. **Hebrews 12:1** *Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us...*

Each of us has been assigned by the Lord to a race. Describe the mind-set of a runner who is determined to run well.

2. Consider the following verses. Next to each, write what you think the verse is saying about weights in your life, reflecting upon each verse as the instructions/questions in parentheses suggest.

Luke 8:14 *Now the ones that fell among thorns are those who, when they have heard, go out and are choked with cares, riches, and pleasures of life, and bring no fruit to maturity. (Consider this verse as it relates to the reception of God's truths.)*

Luke 12:15 *And He said to them, "Take heed and beware of covetousness, for one's life does not consist in the abundance of the things he possesses."* (Rewrite this verse filling in the underlined portions as they might relate to a hindrance to walking in victory in your life.)

Romans 6:6 *knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin.* (How does holding on to, continuing to live in, something God wants you to *set aside* make you a slave to it?)

Ephesians 4:22 *that you put off, concerning your former conduct, the old man which grows corrupt according to the deceitful lusts,* (In what ways does holding on to things that are not of the Lord, lead to corruption?)

2 Timothy 2:4 *No one engaged in warfare entangles himself with the affairs of this life, that he may please him who enlisted him as a soldier.* (In what ways do entangling ourselves with the affairs/things of/thinking of this life contrast with enlisting ourselves as a soldier for Christ?)

3. Summarize the effect of neglecting to *set aside* things that hinder you in your journey to live in the victories God desires for you.

Prayer Time

1. Before you continue with this lesson, choose a time to sit with the Lord. Worship Him until you are ready to ask Him the following questions. (If you find that you are not ready, ask Him what He sees as far as your lack of desire or fear to hear from Him. We have all been there. Sometimes, this is the best place to start.)

What in my life is preventing me from living in the victories You have promised me? (Stay in this place for a while with the attitude of really wanting to know what holds you back and desiring to move on from it. Write down whatever pops in your mind. You can filter what you feel like might not have been from the Lord later. You will probably need separate sheets of paper for this.)

You might ask questions like these:

- a. Where am I at in Your plan for me?
- b. What lies have I been believing as far as what will protect me or benefit me?
- c. What does God's word say about my beliefs and actions?

The website, www.Bible-topics.com, is a good resource to find verses that relate to the weights we carry. Write some truths from God's word that apply to your personal weight(s).

- d. In what ways do God's truths challenge my choices for my journey?
2. Share something about your time of prayer as it relates to preparing for your journey with the Lord.

Weighing the Journey

Describe what you think your life will be like:

If you continue to hold on to the choices that keep you from running well

If you lay aside your current negative choices and choose to run in God's truths about how your life can be victorious

Reflection

Record a few of your thoughts as you reflect upon the weights in your life that are keeping you from victory.

*Come to Me, all you who labor and are heavy laden, and I will give you rest.
Take My yoke upon you and learn from Me, for I am gentle and lowly in heart,
and you will find rest for your souls.*

For My yoke is easy and My burden is light.

- Matthew 11:28-30