

Upcoming Events

TMW FEBRUARY MEETING

Thursday, February 12, 1:00 p.m., Family Life Center

Questions – contact Libby Gregg – lgregg129@gmail.com

FOOTSTEPS OF THE APOSTLE PAUL WEBINAR

Tuesday, February 17, 6:30 p.m.

To register, troymc.org/events or 618-708-6443



ASH WEDNESDAY SERVICE

Wednesday, February 18, 6:30 p.m., Sanctuary

Worship, scripture reflection, a message, and the imposition of ashes

See our website for additional details– troymc.org/events

Message Notes

February 8, 2026

BLESS: Listen & Eat

Luke 18:35-42, Luke 7:34

B – Begin with Prayer

L – Listen

E – Eat

S

S

What does it mean to Listen to Understand?

- Seek first to understand before seeking to be understood – Steven Covey's 7 Habits of Highly Effective People
- Listen for the 4 “H”s: History, Hobbies, Hopes, Hurts

Being Heard + Being Known = Feeling Loved

How did Jesus listen? Luke 18:35-42 – by asking questions!

Jesus' Method: Compassion > Curiosity > Questions > Listening > Compassion

Luke 7:34: *The Son of Man came eating and drinking, and you say, “here is a glutton and drunkard, a friend of tax collectors and sinners.”*

- Jesus was criticized for whom he ate with
- Eating together meant that you were friends

Jesus' Method: Belong > Believe > Behave

What steps can you take this week to be intentional about eating with and listening to someone on your engage list?