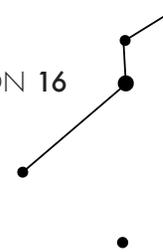


# THE LIFE

EMBRACING THE LIFE OF A CHRIST-FOLLOWER

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LESSON 16



Dear Parents,

Hello! We're continuing our study of The LIFE and what it means to follow God in discipleship. This week's lesson was an opportunity to see how we can follow the example of Jesus with our own lives. This week, the lesson was entitled "The Gospel-Centered Life: Practicing Humility," and it focused on helping students see that as a follower of Christ living a Gospel-centered life, we must be people of humility.

**We looked at the following Scripture passages:**

- Matthew 18:1-4
- Philippians 2:3-9

These passages talk about how Jesus expected us to view the Kingdom of God and our place in it. Just as Jesus demonstrated humility on the cross, we need to look around and identify real ways that we can put other's needs above our own.

I'm praying that God will show us real ways to practice humility this week!

**NEXT STEPS . . .**

During the week, look for ways to encourage your teenager as he or she reflects on what they are learning. Consider using some of these prompts to start conversation.

- What does it mean to be humble? (Look at Philippians 2:3-4 for some help.)
- Who are the six people that you wrote down on Sunday? How can I pray for them?
- In which area of your life (family, school or play) is it most difficult for you to practice humility? (Parents, please share from your own life for this question; help your child see your faith.)

Thank you for all you do. If you have any questions about anything, please don't hesitate to call me.

