



THE LIFE

EMBRACING THE LIFE OF A CHRIST-FOLLOWER

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LESSON 23



Dear Parents,

We're continuing in our yearlong look at what it means to live as a disciple of Christ. This week we talked about the fact that you can't live as a true follower of Christ if you don't commit to prayer. Prayer is the language of our relationship with God. We examined how Jesus withdrew to desolate places to pray and to be strengthened by the Father, and how we must do the same.

We looked at the following Scripture passages:

- Jeremiah 33:3
- Luke 5:16
- Mark 1:25
- Philippians 4:6-7

I encourage you to read these passages this week and meditate on them as you are able.

NEXT STEPS . . .

During the week, look for ways to encourage your teenager as he or she reflects on what they are learning. Consider using some of these prompts to start conversation.

- So, this week you talked about prayer in small group. What did you learn?
- Describe your prayer life to your teenager. Ask him or her to do the same to you.
- Is there something you have been praying about that you would share with me?
- What could our family pray about together?

If you have any questions about this topic, or anything else we are teaching with your teen, don't hesitate to contact us. We'd love to speak with you!

