

## **BIG IDEA**

Wow!  
Jesus has the power to calm our fears.

## **BIBLE**

**Jesus Calms the Storm:**  
Luke 8:22–25; Psalm 50:1–6

## **QUESTIONS**

- **What was Jesus doing when the storm came?** *Sleeping.*
- **How did Jesus calm the storm?** **He spoke to it, rebuking the wind and sea.**
- **What did Jesus say to his disciples afterwards? What do you think he meant by that?** *He asked them where their faith was. They might have let their fear cause them to forget that Jesus was with them or what Jesus can do.*
- **Read Psalm 50:1. How does this psalm remind you of today's Bible story?** *Jesus spoke to the storm because he can command all of nature.*
- **Whenever you were afraid, what would you do in response to your fear?**
- **Now that we know Jesus has the power to calm our fears, what can we do when we face our fears?**
- **How can you help others when they are feeling afraid?**

## **ACTIVITY**

Challenge kids to come up with a creative and functional catapult for a crumpled piece of paper that they wrote the word "fear" on. You'll need jumbo craft sticks, rubber bands, spoons, and paper cups. **Scan QR code** for examples of how to create a catapult.



Even though your contraptions were spectacular, our real-life fears may not be catapulted out of our lives so easily. In those situations, what can we do? Turn to Jesus! **Wow! Jesus has the power to calm our fears.** It never stops being true, and it never stops being amazing!

**MEMORY VERSE:** "In your hands are strength and power to exalt and give strength to all." — 1 Chronicles 29:12b (NIV)

**Scan the code** for a memory verse sign language tutorial video you can share with your families and volunteers!

