

## MADE TO CREATE

an activity that allows preschoolers to review the Bible story, bottom line, or memory verse by creating a craft to take home

### TODAY'S BIBLE STORY

Fruit of the Spirit  
**GALATIANS 5:22-23; JOHN 15:5**

### MEMORY VERSE

"Lord, you are more powerful than the roar of the ocean. You are stronger than the waves of the sea."  
**PSALM 93:4, NIV**

### KEY QUESTION

Who can help you change the world around you?

### BOTTOM LINE

God can help me change the world around me.

### BASIC TRUTH

God made me.



## 1. HERE WE GROW!

**WHAT YOU NEED:** "Tree" and "Fruit Stickers" Activity Pages, cardstock, Online Labels #OL1025WX, crayons, red dot stickers, markers

### WHAT YOU DO:

*Before the Activity:*

- Make a copy of "Tree" on cardstock for every child.
- Make enough copies of "Fruit Stickers" on Online Labels OL1025WX for each child to have one row of stickers.
- Complete one craft to use as an example for the children to see.

*During the Activity:*

- Give each child a "Tree" Activity Page.
- As you review the Bible story, tell them to put red dot stickers on the tree for apples.
- Tell them to draw a self-portrait on the right side of the page.
- As the children finish their self-portraits, encourage them to put the kindness, joy, and peace stickers around their self-portrait and the Jesus sticker on the shirt of their self-portrait.

*After the Activity:*

- Talk about how when we believe Jesus is God's Son and follow Him, we can choose kindness, joy, and peace.

### WHAT YOU SAY:

*Before the Activity:*

"Come sit with me! We are going to make something to take home."

*During the Activity:*

"This is a tree. This is the trunk of the tree. (*Point to tree trunk.*) These are the branches. (*Point to the top of the tree.*) When the branches are connected to the trunk, they can grow fruit, like apples, oranges, and pretty leaves. Let's put some red stickers on the tree to be apples. Great job. Now, what happens if a branch is not connected to the trunk? (*Pause.*) You're right. It can't grow anything!

"Our Bible story today was about how Jesus is like the trunk of a tree. When we believe Jesus is God's Son and follow Him, we're connected to Him. Let's draw a picture of ourselves next to the tree. (*Pause as the children draw.*) Your pictures look great!

"When we believe Jesus is God's Son and follow Him, we can grow fruit. Put the sticker of Jesus on your self-portrait right in the middle—on your shirt. Awesome. When we're connected to Jesus, we can grow fruit. Does that mean we will grow apples on our body like the tree does? (*Pause.*) No, that would be



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## (1. HERE WE GROW!, CONTINUED)

silly! When we follow Jesus, we can grow fruit that looks like KINDNESS (*hold up a kindness sticker*) and JOY (*hold up joy sticker*) and PEACE (*hold up peace sticker*). You can put these stickers around your picture of you. Now you have fruit too!”

*After the Activity:*

“You did a wonderful job making your pictures! They will be a great reminder that when we believe Jesus is God’s Son and follow Him, we can choose kindness, joy, and peace. And when we choose kindness, joy, and peace, God can help us change the world around us! **Who can help you change the world around you? God can help me change the world around me!**”

## MADE TO MOVE

an activity that uses a preschooler's natural desire to move to help them learn



## 2. MEMORY VERSE SURFIN'

**WHAT YOU NEED:** surfboard cut out or floor tape;  
*Optional: Use kickboard for surfboard*

### WHAT YOU DO:

*Before the Activity:*

- Lay your surfboard cut out flat on the floor OR tape off a surfboard shape on the floor of your activity area.

*During the Activity:*

- Gather the children around the surfboard.
- One at a time, invite the children to stand on the board and put their arms out as if they're surfing as you repeat the Memory Verse together.

*After the Activity:*

- Pull up the tape and discard it, or set the surfboard cut out aside for clean-up.

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### WHAT YOU SAY:

*Before the Activity:*

"Friends, let's make a circle around our surfboard! One at a time, I'll call on you to head to the center to stand on the board. Does anyone know what a surfer does to keep their balance on the board? (*Pause.*) They put their hands out like this. (*Demonstrate*) So when it's your turn on the board, I want to see you surfing those waves. And when you're on the board, we'll say our Memory Verse together. If you're not on the surfboard, you can say the verse with the motions with me!"

*During the Activity:*

"Great balancing, friends! Let's say our verse together.

"'Lord, you are (*point up*) more powerful than (*muscle arms*) the roar of the ocean. (*hands by mouth*) You are stronger than (*muscle arms*) the waves of the sea,' (*arms make waves*) Psalm 93:4, NIV." (*open hands like a book*)

*After the Activity:*

"That was radical! Great job, surfers. God is MORE powerful than the roar of the ocean, stronger than the waves of the sea. And guess what? Because God is so strong and powerful, He can help you change the world around you. **Who can help you change the world around you? God can help me change the world around me.**"

## KEY QUESTION

Who can help you change the world around you?

## BOTTOM LINE

God can help me change the world around me.

## BASIC TRUTH

God made me.

## MADE TO PLAY

an activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

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## 3. ADDING APPLES

**WHAT YOU NEED:** "Tree" Activity Page, cardstock, red pom-poms, toddler tweezers, dice

### WHAT YOU DO:

*Before the Activity:*

- Copy "Tree" on cardstock—one per every two children.
- Set the dice, red pom-poms, and toddler tweezers on

the table next to each Activity Page.

*During the Activity:*

- Encourage the children to gather around the table—two children to each Activity Page.
- Show the children how to roll the die and read the number it lands on.
- Children will add that many pom-poms (apples) to the tree with the tweezers.
- Explain to the children to take turns back and forth between the partners so everyone has a chance to play.

*After the Activity:*

Enlist the children's help in gathering up all the pom-poms, the Activity Pages, and the dice to set aside for clean-up.

### WHAT YOU SAY:

*Before the Activity:*

"Friends, let's gather around the table. We need two friends at each spot. What do you see? (Pause.) Yes, a tree! It looks our trees need some apples. But first, we need to figure out how many. Let's take turns. One of you will roll the die and see how many apples you need. Then use the tweezers like this to pick up the apples and put them on the tree. (Demonstrate.) Remember to roll the dice first so you know how many apples to add!"

*During the Activity:*

"You are doing a great job! After you have turn, you can take off the apples and let your partner roll the die and add apples too. Let's make sure we share so everyone can add the apples."

*After the Activity:*

"Apples are so yummy! They're one of my favorite fruits. When we choose Jesus to be our friend forever, we can have 'fruit' too! When we spend time with Jesus, He helps us grow things like kindness, joy, and peace. When we believe Jesus is God's Son and follow Him, God can help us change the world around you! **Who can help you change the world around you? God can help me change the world around me.**"

## MADE TO EXPLORE

an activity that channels a preschooler's innate curiosity into a discussion of the week's crucial concepts

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## 4. GEL MATCH

**WHAT YOU NEED:** "Gel Match" Activity Page, "Gel Match Images" Activity Page, cardstock, laminator and laminator sheets, scissors, clear hair gel, gallon-sized zip-top freezer bags, clear packing tape

### WHAT YOU DO:

*Before the Activity:*

- Copy "Gel Match Images" on cardstock and cut on dotted lines.
- Laminate the cut pieces and cut them out.
- Place the images in a gallon-sized zip-top bag and fill the bag partway with hair gel.
- Make sure all images are facing up the same direction.
- Tape the top of the bag closed.
- Copy "Gel Match" on cardstock.
- Tape "Gel Match" to the activity table and place the bags on top of the taped down pages.

*During the Activity:*

- Encourage the children to push the images in the bag around and match them to the images under the bag. (For example, the Joy symbol should be pushed over on top of the Joy symbol underneath the bag.)
- If time and interest allow, have children mix up the bags and match them again.

*After the Activity:*

- Dispose of the gel bags and clean up any remaining supplies.

### WHAT YOU SAY:

*Before the Activity:*

"I am so excited to explore our images of Joy, Kindness, and Peace together. Let's get started on this next activity that will have us matching images in a fun way."

*During the Activity:*

"Each of you have a bag with our three images in them. Can you try to push the images in your bag on top of the matching image underneath your bag? Wow! You guys did great with that. Can someone tell me what our images stand for? (Pause) That's right! They are joy, kindness, and peace. Let's mix our images up in our bag again and try and match them one more time."

*After the Activity:*

"Great job today, friends! You all did such a fantastic job matching and naming our images today. When we spend time with Jesus, He helps us grow things like kindness, joy, and peace. When we believe Jesus is God's Son and follow Him, God can help us change the world around us! **Who can help you change the world around you? God can help me change the world around me.**"

## MADE TO REFLECT

an activity that encourages personal application and prayer



## 5. JOURNAL AND PRAYER

**WHAT YOU NEED:** paperclip the "Memory Verse Card" in your Bible at Psalm 93:4; journal; fun-shaped pen; reward stickers or a fun hand stamp

### WHAT YOU SAY:

**SMALL GROUP LEADER (SGL):** "It's small group time!

Today we are going to pretend we're tall trees with branches swaying in the air like this. (*Hold your arms up and move them side to side.*) See? I'm a tall tree and my arms are the branches swaying in the air. Do this with me! Good job! Okay, tall trees! Follow me!"

*Pretend to be trees as you lead the children to your small group spot.*

**SGL:** "Now let's plant ourselves right here so we can talk about today's Bible story. One, two, three, sit down with me!

*Open the Bible and lay it in front of the children.*

**SGL:** "Our Bible story today was about how when we believe Jesus is God's Son and follow Him, we can choose kindness, joy, and peace. And when we choose kindness, joy, and peace, God can help us change the world around us. **Who can help you change the world around you?**

**CHILDREN AND SGL:** "God can help me change the world around me!"

**SGL:** "Because God is more POWERFUL than the roar of the ocean and STRONGER than the waves of the sea! Just like it says in the Bible verse we are learning. It says . . .

*Turn the pages of your Bible to the Memory Verse Card.*

**SGL:** "'Lord, you are more powerful than the roar of the ocean. You are stronger than the waves of the sea,' Psalm 93:4, NIV."

*Close the Bible and lay it down.*

**SGL:** "Let's stand up and say that together with the motions one time, and then anyone who wants to try and say it can try. Here we go!

**CHILDREN AND SGL:** "'Lord, you are (*point up*) more powerful than (*muscle arms*) the roar of the ocean. (*hands by mouth*) You are stronger than (*muscle arms*) the waves of the sea,' (*arms make waves*) Psalm 93:4, NIV." (*open hands like a book*)

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**SGL:** "I love that Bible verse, and you do a GREAT job saying it!" (*give two thumbs up*)

"Now sit back down, and anyone who wants to try and say it can give it a try. I have my stickers/hand stamp ready!"

*Give each child the opportunity to try and say the Bible verse.*

**SGL:** "Yay, [name of child]! Here is your sticker/handstamp!"

*Say this with each child as they try and say the Bible verse.*

**SGL:** "Okay everyone, when I count to three, I want you to stand up like a tall tree and show me your sticker/handstamp. One, two, three! (*Pause.*) Yayyyy! (*Give fist bumps to the children.*)"

"Now let's sit down so we can write in our prayer journal and talk to God."

*Hold journal and fun-shaped pen.*

**SGL:** "Today, we got to hear about how when we believe Jesus is God's Son and follow Him, we can choose kindness, joy, and peace. Think about which one of those you want God to help you with— kindness, joy, or peace. Maybe you want God to help you be kind to people with your words, hands, and feet. Maybe you want God to help you choose joy and have a happy heart, even when things don't go your way. Or maybe you want God to help you remember that He is always with you, so you can choose peace when you are mad or afraid."

"Think about kindness, joy, and peace, and when I say your name, tell me which one you want me to write in our prayer journal. When we pray, we can use our list and ask God to help us."

*Remember to print as you write so the children can recognize their names and the letters.*

**SGL:** "Thank you for making this list with me. Would anyone like to pray before I pray?"

*Give each child who wants to pray the opportunity to do so.*

## PRAYER

**SGL:** "Dear God, we praise You because You are more powerful than the roar of the ocean and stronger than the waves of the sea. When we believe Jesus is Your Son and follow Him, You can help us change the world around us. Please help [name of child] choose (what they wrote). Please help [name of child] choose (*what they wrote*). Please help . . . (*continue saying this with each child*). You're the best, God, and we love You. We pray these things in Jesus' name. Amen."



## GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW

### 1. HERE WE GROW!

**Made to Create:** an activity that allows preschoolers to review the Bible story, Bottom Line, or Memory Verse by creating a craft

**WHAT YOU NEED:**

- "Tree" Activity Page
- "Fruit Stickers" Activity Page
- Online Label OL1025WX
- Crayons
- Cardstock
- Red dot stickers
- Markers

**WHAT YOU DO:**

- Copy "Tree" Activity Page on cardstock for every child.
- Make enough copies of "Fruit Stickers" Activity Page on Online Label OL1025WX for each child to have one sticker.
- Complete one craft to use as an example for the children to see.
- Give each child a "Tree" Activity Page.

### 2. MEMORY VERSE SURFIN'

**Made to Move:** an activity that uses a preschooler's natural desire to move to help them learn

**WHAT YOU NEED:**

- A surfboard cut out OR
- Masking tape

**WHAT YOU DO:**

- Lay your surfboard cut out flat on the floor OR use the tape to create a surfboard shape on the floor of your activity area.

### 3. ADDING APPLES

**Made to Play:** an activity that encourages preschoolers to follow guidelines while having fun and learning new concepts

**WHAT YOU NEED:**

- "Tree" Activity Page—one per every two children
- Cardstock

- Red pom-poms—a handful per child
- Toddler tweezers—one per child
- A die—one per every two children

**WHAT YOU DO:**

- Copy the "Tree" Activity Page onto cardstock—one per every two children.
- Set an Activity Page at each spot at the table with a handful of red pom-poms, a pair of toddler tweezers, and a die.

### 4. GEL MATCH

**Made to Explore:** an activity that channels a preschooler's innate curiosity into a discussion of the week's crucial concepts

**WHAT YOU NEED:**

- "Gel Match Images" Activity Page
- "Gel Match" Activity Page
- Cardstock
- Laminator and laminator sheets
- Scissors
- Clear hair gel
- Gallon-sized zip-top freezer bags—one per child
- Clear packing tape

**WHAT YOU DO:**

- Copy "Gel Match Images" on cardstock and cut on dotted lines.
- Copy "Gel Match" on cardstock.
- Laminate and cut "Gel Match Images."
- Place the laminated images in the freezer bags and fill it partway with hair gel.
- Tape the top of bag shut so it cannot be easily opened.
- Tape "Gel Match" to the activity table and place the gel bag on top of it.



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## GETTING READY

HERE'S EVERYTHING YOU NEED TO KNOW

### 5. JOURNAL AND PRAYER

**Made to Reflect:** An activity that encourages personal application and prayer

**WHAT YOU NEED:**

- Bible
- "Memory Verse Card"
- Bible
- Journal
- Fun-shaped pen
- Reward stickers or a fun hand stamp

**WHAT YOU DO:**

- Paperclip "Memory Verse Card" in your Bible at Psalm 93:4.

### SUPPLEMENTAL RESOURCES

**First Look Pinterest Page**

Visit our Pinterest page to see craft samples and suggested supplies. [https://bit.ly/VBS2022\\_Preschool\\_Pinterest](https://bit.ly/VBS2022_Preschool_Pinterest)