

Devotion

Scripture: Philippians, 4 : 6-9; “do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.”

Devotion: God speaks always. In times when we listen and in times when we don't. If we as Gods people choose not to lean in and listen by reading the Truth of Gods Word our spirit suffers. In Philippians 4 : 6-9 God clearly tells each of us how to lean in and listen. His instructions are to meditate on Him and His characteristics (true, honorable, just, pure, lovely, commendable). He tells us that His spirit of Peace will be with us when we concentrate on Him. The urge that is on display throughout this passage is one that speaks to the amount of time that we give to our Father God. God yurns to Love on us and to fill us with His Spirit. Not just His spirit of peace, but that of strength, kindness, gentleness, self control, love, and joy. Unfortunately so often we put God in box. A box that says I'll use you when I need you, I'll talk to you on my terms, I'll praise you when I want, I'll love you only when I feel like it, and we neglect Him. Dive deep with God during your fast and rest with Him, not just in Him, but with Him. Allow God to

revive you not only spiritually, but also give up worldly strife's by praising God and releasing them at His feet. Live life out of the capacity that God gives, and not out of your own strength.

Pray: "God thank you for your love! Thank you for your grace and mercies! Thank you for your Son Jesus, Lord I want to rest with You. God I love you! I love your attributes of truth, purity, and justness. Please place Your spirit on my ears and my eyes to show me new ways of resting with you in these attributes. - etc..."

-John Mason, TLC Team Lead.