

Psalm 92:12-15 ESV

[12] The righteous flourish like the palm tree  
and grow like a cedar in Lebanon.

[13] They are planted in the house of the LORD;  
they flourish in the courts of our God.

[14] They still bear fruit in old age;  
they are ever full of sap and green,

[15] to declare that the LORD is upright;  
he is my rock, and there is no unrighteousness in him.

These verses show us a picture of the righteous thriving like a palm tree, strong and resilient even in harsh conditions. It reminds us that our strength doesn't come from our own achievements, but from being deeply rooted in God's presence. As we take this time to fast and pray, be reminded and take comfort in knowing that God promises to sustain us through every season. His faithfulness ensures us that the righteous will continue to bear fruit throughout our lives here on earth. This is amazing! This kind of flourishing isn't dependent on our current circumstances, but it is grounded in His presence and His unconditional love for us! He is a good Father, who wants to see us flourish and thrive!

As we press into God during this time of fasting, let's reflect on how we can stay closely connected to Him. A deep relationship, where we are rooted in Him. We can trust that His strength will help us grow and bear fruit for His Kingdom, no matter the trials we are currently facing. May our lives reflect His goodness, and may we grow in wisdom and grace as we walk with Him daily!

Lord, thank You for being my refuge and strength. As I fast, help me stay rooted in Your presence and continue to bear fruit for Your Kingdom. Strengthen me so that my life may reflect Your faithfulness. Let me grow in wisdom and grace in this and every season. I trust You in all things, Lord. Thank You for Your unconditional love for me. In Jesus' name, Amen.

-Kayla Houchin, Youth Ministry Coordinator.