

SURFACE TO SOUL

Live Well | Lead Well | Coach Well

Design an Annual Road Map for *LIVING WELL*

Pe-work Questions

1. What are the current callings and competing commitments in your life?
2. What are your strengths and superpowers?
3. As you review your past month, what has been life-giving for you? What's been life-draining?
4. What is working in your life? What is not working?
5. What is working in your ministry setting? What is not working?
6. What would experiencing harmony among your competing commitments look like for you?
7. What image, word, or phrase will frame your intentions for the coming year?

Pre-work Projects

1. Complete the *Wholeness Wheel* exercise found in the Leadership Formation booklet.
2. Review your *Spiritual Autobiography* based on the Leading Well Retreat session.
3. Identify people who could serve as a sounding board for helping you design a new road map.
4. Make a list of your top 10 goals/dreams for the coming year. Prioritize your list of goals. Select 2.

OUTLINING MY INTENTIONS

GOAL 2: _____

List what you'd like to be celebrating if this goal was realized.

List Faithful Next Steps

- _____
- _____
- _____
- _____
- _____

GOAL 2: _____

List what you'd like to be celebrating if this goal was realized.

List Faithful Next Steps

- _____
- _____
- _____
- _____
- _____



jladoux@vibrantfaith.org



surfacetosoul.org

