

# SURFACE TO SOUL

Live Well | Lead Well | Coach Well

## Forced Choice Team Exercise

This exercise helps people get to know one another as well as learn about people's perspectives, preferences and gifts. Use with small groups, teams, or part of a retreat experience.

A THINKER	<input type="range"/>	or	<input type="range"/>	a FEELER?
A DOER	<input type="range"/>	or	<input type="range"/>	a DREAMER?
A DISCARDER	<input type="range"/>	or	<input type="range"/>	a COLLECTOR?
CASUAL	<input type="range"/>	or	<input type="range"/>	FORMAL?
An EARLY ARRIVER	<input type="range"/>	or	<input type="range"/>	a LATE ARRIVER?
A PLANNER	<input type="range"/>	or	<input type="range"/>	a PROMOTER?
NEAT	<input type="range"/>	or	<input type="range"/>	NOT SO TIDY?
STRUCTURED	<input type="range"/>	or	<input type="range"/>	a FREE SPIRIT?
A CONFRONTER	<input type="range"/>	or	<input type="range"/>	an AVOIDER?
A LEADER	<input type="range"/>	or	<input type="range"/>	a FOLLOWER?
A SPECTATOR	<input type="range"/>	or	<input type="range"/>	a PLAYER?
An IMPROVER	<input type="range"/>	or	<input type="range"/>	an INNOVATOR?
PROGRAM-oriented	<input type="range"/>	or	<input type="range"/>	PEOPLE-oriented?



[jladoux@vibrantfaith.org](mailto:jladoux@vibrantfaith.org)



[surfacetosoul.org](http://surfacetosoul.org)

