

SURFACE TO SOUL

Live Well | Lead Well | Coach Well

Forced Choice Team Exercise

This exercise helps people get to know one another as well as learn about people's perspectives, preferences and gifts. Use with small groups, teams, or part of a retreat experience.

A THINKER ————— or ————— a FEELER?

A DOER ————— or ————— a DREAMER?

A DISCARDER ————— or ————— a COLLECTOR?

CASUAL ————— or ————— FORMAL?

An EARLY ARRIVER ————— or ————— a LATE ARRIVER?

A PLANNER ————— or ————— a PROMOTER?

NEAT ————— or ————— NOT SO TIDY?

STRUCTURED ————— or ————— a FREE SPIRIT?

A CONFRONTER ————— or ————— an AVOIDER?

A LEADER ————— or ————— a FOLLOWER?

A SPECTATOR ————— or ————— a PLAYER?

An IMPROVER ————— or ————— an INNOVATOR?

PROGRAM-oriented ————— or ————— PEOPLE-oriented?



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