



SURFACE TO SOUL

Live Well | Lead Well | Coach Well

Help Clients Prepare for Coaching Sessions

Recognizing that the client is in the "driver's seat" . . .

1. What do you wish to talk about during our session? What are the pressing issues?
2. What do you want to "take away" from our time together? What might be the "wins" for our session?
3. Are there any documents or information you'd like your coach to review before the session?
4. Identify factors that play a role in helping or hindering the fulfillment of your next steps.

FOUR WAYS clients can prepare for future sessions

1. Pray for discernment, clarity, and an openness about where God might lead our conversation.
2. Review your organization's mission, vision, values, and annual goals.
3. Review notes and documents from previous sessions.
4. List 5 or more options you see for moving forward on the topic you'd like to discuss during the coaching session.

NINE QUESTIONS for clients to reflect on before future sessions

1. What are you learning about yourself and your capacity to lead transformation?
2. What's God up to in your life? What is God up to in our church and community?
3. On a scale of 1-10 (10=very energized), how energized are you about your life, ministry, and teams?
4. What have been the recent "wins" and bright spots in ministry?
5. How do you feel about the pace and impact of the coaching process?
6. Moving forward, how might you need to refocus your time, energy, attention, and talents?
7. What resources are present and can be more fully utilized in the future?
8. What do you want your coach to hold you accountable for? Pay attention to?
9. What do you need most from your upcoming coaching session?



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