



# LEADER LESSON

## PSALM 139:13-16



### LEADER TEACHING TIP

Celebrate what you want repeated.

- Suggestions:
  - Randomly & unexpectedly hand out a Crumbl Cookie \$5 gift card (2-3 times a year possibly) to every student in your group who brought their Bible to small group tonight. (Don't forget to put your Crumbl Cookie receipt in "The Bin" for reimbursement.)
  - Call out someone who is exhibiting good behavior, stayed on topic, was vulnerable, etc.

### INTRODUCTION (15 MINUTES)

#### Pray

Open your time together in prayer.

#### Checkpoint

Let's check on your goals from last small group. **New Believer:** Did you dig deeper into a belief you have about how Christians should live? How did it compare to what the Bible says? Did it challenge your belief?

**Mature Believer:** Did you spend any time diving deeper into apologetics? Did you try to discuss it with someone? How did that go?

#### Video

To view the engage video, please see the instructions stored on the back of the TV in your room. has context menu.

### Whiteboard Activity

Pastor Jeff said the main battlefield for the spiritual war between God and Satan often happens in our minds. We all face a mental battle for our thoughts and teens today face this more than any generation before. What are some lies you see the devil telling your generation? Let's list them on the whiteboard.

### READ PSALM 139:13-16

### DISCUSSION QUESTIONS (30 minutes)

#### Observation, Interpretation, and Application

1. Look at verse 13, WHAT did God create and HOW?  
*WHAT: He created David's inmost being... HOW: He knit him together in his mother's womb*
2. In verse 14, what did David mean when he said he was fearfully and wonderfully made?  
*David was amazed by God and found joy in who he was by appreciating his Creator. He used 'fearfully' because he marveled and worshiped God for his physical and non-physical qualities. He used 'wonderfully' because he knew he was distinct and unique.*

3. In verse 16b, what was written in the book and when was it written?

*All of David's days were ordained (planned) and written in the book BEFORE any of them happened.*

4. What does verse 16b mean?

*David knew God created him with a purpose and plan BEFORE he existed which points to God's omniscience (God is all-knowing). The word translated "ordained" is the Hebrew word "yasar" meaning to shape or craft, like a potter making something useful. A potter plans and creates each object to serve a purpose.*

### Play video clip 2

5. Pastor Jeff asked us to combat comparison by speaking truth to our negative thoughts and feelings. From the list of common lies teens struggle with that you wrote on the whiteboard, take a moment to look up scripture to disprove some of those lies. (It's okay to use Google)
6. Where are you starting to see the Creator's hand at work in who He made you to be? Or where are you still struggling to see it?

### Checkpoint Challenge

Sometimes it is easier to believe your thoughts or what the world says about you than to rely on what God says about you. The opinions of others will often change, but the truth of God does not.

- Read through the list of lies and truth verses you came up with tonight. Write down 1-2 that speak to something you struggle with. Speak those out loud this week each time the lie pops into your mind.

### CLOSING PRAYER IDEA/SUGGESTION (10 minutes)

Closing song:

- <https://www.youtube.com/watch?v=yiDTVd2hmZg> (Beautifully and Wonderfully Made, Rachel Nemiroff).
  - Email or text TJ TenPas ahead of time if you would like copies of the lyrics printed off for your students.

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### DIVE DEEPER (RESOURCES FOR STUDENTS WHO WANT TO DIVE DEEPER AFTER TONIGHT)

#### Cross References

#### Fearfully and Wonderfully Made

Jeremiah 1:5

Isaiah 49:1

Genesis 1:27

#### Life with a Purpose

Jeremiah 29:11

Ephesians 2:10

2 Timothy 1:9

#### Resources Related to this Lesson

- <https://drmichellebengtson.com/who-god-says-you-are-17-scriptures-our-true-identity/>