## Simply Discipleship Sermon Outline

Part 1- From Death to Life

#### Ephesians 2:1-10

(1) And you He made alive, who were dead in trespasses and sins, (2) in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, (3) among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others. (4) But God, who is rich in mercy, because of His great love with which He loved us, (5) even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), (6) and raised us up together, and made us sit together in the heavenly places in Christ Jesus, (7) that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus. (8) For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, (9) not of works, lest anyone should boast. (10) For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

## -Key Concept 1: We must be born again.

## -Key Concept 2: We must actively engage in the process of spiritual growth.

## 1. Our Condition Outside of Christ (1-3)

- a. We were dead in trespasses and sin.
- b. We walked according to the course of this world and Satan.
- c. We conducted ourselves in the lusts of our flesh.
- d. We fulfilled the desires of the flesh and of the mind.
- e. We were by nature children of wrath.

## 2. Our Position Inside of Christ (4-9)

- a. We are made alive together with Christ.
- b. We are raised up together with Christ.
- c. We are sat together in the heavenly places in Christ Jesus.

## 3. Our Purpose in Christ (10)

- a. We are God's workmanship.
- b. We are created in Christ Jesus for good works.

# Discipleship Small Group (Participant's Guide)

Part 1- From Death to Life

#### Ephesians 2:1-10 (NKJV)

(1) And you He made alive, who were dead in trespasses and sins, (2) in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, (3) among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others. (4) But God, who is rich in mercy, because of His great love with which He loved us, (5) even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), (6) and raised us up together, and made us sit together in the heavenly places in Christ Jesus, (7) that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus. (8) For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, (9) not of works, lest anyone should boast. (10) For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

#### Ephesians 2:1-10 (NIV)

<sup>1</sup> As for you, you were dead in your transgressions and sins, <sup>2</sup> in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. <sup>3</sup> All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. <sup>4</sup> But because of his great love for us, God, who is rich in mercy, ⁵ made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. <sup>6</sup> And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, <sup>7</sup> in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. 8 For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— 9 not by works, so that no one can boast. <sup>10</sup> For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

## **Discussion Questions:**

#### HE Is...

1. What do we learn about God from this passage?

#### We are...

- 2. What do we learn about ourselves from the passage?
- 3. What does it mean to be dead in trespasses and sin?
- 4. What does it mean to be made alive in Christ?
- 5. What is a disciple of Christ?
- 6. How does a person become a disciple of Christ?
- 7. After you become a disciple of Christ, what then?

## I will...

8. What is hindering you from being a faithful disciple of Christ?

## You can...

9. Who do you know that needs to hear this message?

# Discipleship Small Group (Leader's Guide)

Part 1- From Death to Life

#### Ephesians 2:1-10 (NKJV)

(1) And you He made alive, who were dead in trespasses and sins, (2) in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, (3) among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others. (4) But God, who is rich in mercy, because of His great love with which He loved us, (5) even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved), (6) and raised us up together, and made us sit together in the heavenly places in Christ Jesus, (7) that in the ages to come He might show the exceeding riches of His grace in His kindness toward us in Christ Jesus. (8) For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, (9) not of works, lest anyone should boast. (10) For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

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#### **Leader Directions:**

- Read the passage together.
- Have someone re-tell the passage in their own words.
- Use the heading He is, We are, I will, and You can to guide the discussion questions below.

## **Discussion Questions:**

### HE Is...

1. What do we learn about God from this passage?

## We are...

- 2. What do we learn about ourselves from the passage?
- 3. What does it mean to be dead in trespasses and sin?
- 4. What does it mean to be made alive in Christ?
- 5. What is a disciple of Christ?
- 6. How does a person become a disciple of Christ?
- 7. After you become a disciple of Christ, what then?

## I will...

8. What is hindering you from being a faithful disciple of Christ?

#### You can...

9. Who do you know that needs to hear this message?

## **Ephesians 2:1-10 OUTLINE**

#### I. RAISED AND SEATED ON THE THRONE (1-10)

- A. OUR CONDITION OUTSIDE OF CHRIST (1-3)
  - 1. Dead in trespasses and sins (1)
  - 2. Walking according to the course of the world and the devil (2)
  - 3. Fulfilling the desires of the flesh and mind, by nature the children of wrath (3)

#### B. MADE ALIVE TOGETHER WITH CHRIST (4-10)

- 1. God made us alive together with Christ (4-5)
  - a. By virtue of His mercy and great love
  - b. Even when dead in trespasses
  - c. By His grace we have been saved
- 2. God raised us with Christ (6-7)
  - a. Made to sit with Him in heavenly places
  - b. That in ages to come God might show the exceeding riches of His grace
- 3. Saved by grace through faith (8-9)
  - a. Not of ourselves, it is the gift of God
  - b. Not of works, lest any man should boast
- 4. We are thus God's workmanship (10)
  - a. Created in Christ Jesus for good works
  - b. Created to walk in good works which God prepared beforehand

c.

## II. RECONCILED AND SET INTO THE TEMPLE (11-22)

#### A. THE GENTILES' CONDITION "WITHOUT" CHRIST (11-12)

- 1. Aliens from the commonwealth of Israel
- 2. Strangers from the covenants of promise
- 3. Having no hope and without God in the world

## B. THE GENTILES' CONDITION "THROUGH" CHRIST (13-18)

- 1. Made near by the blood of Christ (13)
- 2. Can now be "one body" with the Jews, because...
  - a. Jesus has made Jew and Gentile both one, breaking down the wall of division between them (14)
  - b. Jesus abolished in His flesh the law of commandments contained in ordinances that had separated them (15)
  - c. Jesus now reconciles them both to God in one body through the cross (16)
  - d. Jesus preached peace to those afar off and those near (17)
- 3. Can now have access by one Spirit to the Father (18)

## C. THE GENTILES' CONDITION "IN" CHRIST (19-22)

- 1. They are now "fellow citizens with the saints" (19)
- 2. They are now "members of the household of God" (19)
- 3. They are now part of "a holy temple in the Lord" (20-22)
  - a. Built upon a foundation of the apostles and prophets, with Jesus the cornerstone
  - b. Joined together and growing as a holy temple, a habitation of God in the Spirit