



North Star

Middle schoolers chase love, approval, and belonging in a hundred places. North Star starts by fixing them on what’s already true: In Jesus, God loved us first (Romans 5:8; 1 John 4:19). From that love, we learn to guard the heart (Proverbs 4:23), to spot and take God’s way out when temptation shows up (1 Corinthians 10:13), and to grow wise together. Our prayer is that students learn to orient their lives around truth from God’s Word and live it out in ways that aren’t feelings-led choices, but faith-formed choices. This series gives students simple, shared habits that move them from reacting to what they feel to responding in faith—so His love actually becomes the light they walk by.

Week One

1 Samuel 17:29–31

Question leads to clarity.

Week Two

1 Samuel 17:29–31

Love beyond measure, power within.

Week Three

Romans 5:8

Love like Christ, unconditionally.

Week Four

Titus 1:4; Ephesians 4:29; Hebrews 3:13; Proverbs 12:25

Say It Now — Love Over Temptation.

MEMORY VERSE

“With all your heart you must trust the Lord and not your own judgment. Always let him lead you, and he will clear the road for you to follow.”

Proverbs 3:5–6 CEV



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Middle School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your middle schooler starts their day, remind them, “I believe in you and your ability to make good choices.”



Meal Time

At a meal this week, talk about ways to keep your heart and mind strong and safe—like setting boundaries both in person and online.



Drive Time

As you drive, ask, “Who’s someone you can talk to when you’re having a hard time or tough questions?”



Bed Time

As your middle schooler winds down, pray, “God, when [child’s name] feels alone, help them remember that You are right beside them.”



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