



YEAR OF PRAYER

February, 2026

Repentance

Our central challenge of 2026 is to become more than a church that prays — we want to become a church of prayer. Throughout the year, we are offering studies and small groups to grow in understanding and practice of prayer. We also have multiple prayer spaces available throughout the week and on Sundays for individuals and small groups to spend time in prayer.

We hope these monthly prayer guides help you develop daily, weekly, and monthly rhythms of prayer. Each guide will focus on a theme for the month, reflected in a different prayer from Christian history each week. It will also include a weekly calendar with a different prayer focus for each day of the week.

You can find more resources at:
polkstreet.org/yearofprayer.

Daily Prayer Focus

Throughout Church history, many believers have found it helpful to create a weekly prayer list with a different focus for each day. This ensures that we don't overlook the prayer needs around us and that we are intentional about spending time in all the forms of prayer—praise, confession, thanksgiving, request, and surrender. Consider the following prompts during your prayer time this month.

SUNDAY—Praise

Spend time at this, the beginning of the week, in praise and thanksgiving to the Lord. Pause in His presence and rejoice in His goodness. Praise Him for the gifts He has given you and rejoice in His blessings in your life.

MONDAY—Heart

Take time to pray for your own personal needs. Spend some time in confession, repentance, and surrender to the Lord. Ask Him to reveal the ways He is working all around you. Commit this new week and your life in it to the Lord.

TUESDAY—Home

Use your time of prayer to lift up your family, friends, neighbors, and work associates. Pray for each by name and pray for any needs you know. Ask the Lord to draw each person closer to Himself.

WEDNESDAY—Church

Pray for Polk Street Methodist Church—our pastors, leaders, teachers, staff, and members. Lift up our ministries and missions, asking the Lord to lead and guide us. Pray for those listed in the prayer list and others you know in need.

THURSDAY—City

Spend time praying for the City of Amarillo and the entire Panhandle area. Lift up our local government, business leaders, other authorities. Pray for those institutions and services that are critical for the well-being of our community: schools, hospitals, and first responders.

FRIDAY—Church Universal

As we near the end of the week, remember the church around the world in your prayers. Pray for the Global Methodist Church and our leaders, that we would be empowered by God to “spread Scriptural holiness across the globe.” Ask the Lord to bring unity to the Church universal. Pray that, together, we would be a bold witness for Him. Pray for the advance of the Gospel around the world.

SATURDAY—World

On this last day of the week, pray for the lost and hurting world. Lift up our state, national, and world leaders. Name before the Lord your concerns for the state of our world. Pray for the helpless, hopeless, hurting, and lost, that they would find rest, peace, and salvation in the Lord.

Let these prayer prompts develop a rhythm of prayer for yourself, your home, our church, our community, the Church, and the world. And let all of these prayers be grounded in praise and thanksgiving to the Lord, whose steadfast love endures forever.

FEBRUARY 1-7

A Prayer of St. Benedict (A.D. 480-547)

Gracious and holy Father,
give me wisdom to perceive You,
intelligence to fathom You,
patience to wait for You,
eyes to behold You,
a heart to meditate upon You,
and a life to proclaim You,
through the power of the Spirit of Jesus Christ our Lord. Amen.

FEBRUARY 8-14

A Prayer of Lady Jane Grey (A.D. 1537-1554)

Lord, as I read the Psalms let me hear You singing.
As I read Your words, let me hear You speaking.
As I reflect on each page, let me see Your image.
And as I seek to put Your precepts into practice,
let my heart be filled with joy. Amen.

FEBRUARY 15-21

from A Diary of Private Prayer

John Bailie (A.D. 1886-1960, Church of Scotland minister)

O Holy Spirit of God,
visit now this soul of mine, and tarry within it until eventide.
Inspire all my thoughts.
Pervade all my imaginations.
Suggest all my decisions.
Lodge in my will's most inward citadel and order all my doings.
Be with me in my silence and in my speech,
 in my haste and in my leisure,
 in company and in solitude,
 in the freshness of the morning and in the weariness of the evening;
and give me grace at all times to rejoice
 in Thy mysterious companionship.
Amen.

FEBRUARY 22-28

Prayer of St. Augustine (A.D. 354-430)

Grant me, even me, my dearest Lord,
to know You, and love You, and rejoice in You.

And, if I cannot do these perfectly in this life,
let me at least advance to higher degrees every day,
till I can come to do them in perfection.

Let the knowledge of You increase in me here,
that it may be full hereafter.

Let the love of You grow every day more and more here,
that it may be perfect hereafter;
that my joy may be great in itself, and full in You.

I know, O God, that You art a God of truth,
O make good Your gracious promises to me,
that my joy may be full. Amen.

PRAYER LIST

Don't forget to pick up your prayer guide for next month! It will be available in the Narthex (outside the Sanctuary), in the Church Office, or online the final Sunday of the month.

