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## FOUNDATION CORNERSTONE

### FCS1-2-18: Fruit of Temperance

#### Bearing Godly Fruit

3) *What the Christian personally requires to be active in their lives to maintain their walk with God (faith, meekness and temperance).*

**Galatians 5:22-23** But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, 23. Meekness, temperance: against such there is no law.

**Temperance:** (Greek 1466 – Acts 24:25) egkrateia eng-krat'-i-ah from 1468; **self-control** (especially continence):--**temperance**.

*Temperance is the joyful controlling of one's self by a conscious yielding of the flesh to the Spirit of God. It is a fruit that only God can equip His people with, that results from the previous fruits listed to be active and uncompromising in their life; It is a spiritual victory over the flesh!*

**1 Corinthians 9:25** And every man that striveth for the mastery is temperate in all things. Now they *do it* to obtain a corruptible crown; but we an incorruptible.

**Acts 24:24-25** And after certain days, when Felix came with his wife Drusilla, which was a Jewess, he sent for Paul, and heard him concerning the faith in Christ. 25 And as he reasoned of righteousness, temperance, and judgment to come, Felix trembled, and answered, Go thy way for this time; when I have a convenient season, I will call for thee.

**2 Peter 1:4-8** Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust. 5 And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; 6 And to knowledge temperance; and to temperance patience; and to patience godliness; 7 And to godliness brotherly kindness; and to brotherly kindness charity. 8 For if these things be in you, and abound, they make *you that ye shall* neither *be* barren nor unfruitful in the knowledge of our Lord Jesus Christ.



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## **FCS1-2-18: Fruit of Temperance**

### **Question 1**

As defined, temperance may be lived as a person that ...

- has self-control through any battle or emotion.
- may not be able to control himself.
- has the ability to be smart.

Multiple choice (Unique answer)

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### **Question 2**

As described in 1 Corinthians 9:25, everyone that strives to be a master, is ...

- patient in all things.
- kind towards all men.
- a person that has self-control in all they do and strive for.

Multiple choice (Unique answer)

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### **Question 3**

As described in Acts 24:24-25, what did Paul reason with Felix regarding that made him tremble?

- The peace of God.
- judgment to come.
- righteousness.
- Temperance (self-control in morals and spiritual conviction).

Multiple choice (Multiple answers)

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### **Question 4**

As described in 2 Peter 1:4-8, how does knowledge turn into temperance?

- By understanding and learning from past experience, a person is better able to control themselves in the future, because they now know how to submit to God's will in future experiences.
- It is a natural trend that a person learns from all their mistakes.
- It is beyond hope that a person can learn from watching others. They need to fail a few times before they 'get it.'

Multiple choice (Unique answer)

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