

## FOUNDATION CORNERSTONE

### FCS1-4-16: The Helmet in God's Armor



**Helmet:** “... And take the helmet of salvation ...” (*a hat or other head covering made of a hard material and worn to protect the head from injury*)

**Helmet:** (Greek 4030 - as used in *Ephesians 6:17*) perikephalaia per-ee-kef-al-ah'-yah; encirclement of the head, i.e. a helmet:--helmet.

**Helmet:** ([Merriam-Webster.com](#)) a hard hat that is worn to protect your head, to resist impact.

**Salvation:** (Greek 4991 - as used in *Ephesians 6:17*) soteria so-tay-ree'-ah feminine of a derivative of 4990 as (properly, abstract) noun; rescue or safety (physically or morally):--deliver, health, salvation, save, saving.

**2 Timothy 1:7** For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

**Ephesians 4:23-24** And be renewed in the spirit of your mind; 24 And that ye put on the new man, which after God is created in righteousness and true holiness.

**2 Corinthians 10:5** Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

*The helmet of salvation is in keeping a spiritually sound mind (Romans 8:6). The Devil can tempt a person in their mind yet, He cannot get into your soul; that has been covered in the blood of Christ Jesus.*



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### Question 1

When a Christian overcomes the spirit of fear they will obtain:

- A sound mind.
- Rebellious spirit.
- Power.
- Love.

Multiple choice (Multiple answers)

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### Question 2

As defined, what is a helmet designed to do?

- Protect the head of the warrior.
- Protect the neck.
- Protect the mind from any evil thoughts.

Multiple choice (Unique answer)

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### Question 3

As defined, which may salvation be defined as?

- A great video game of Terminator.
- A good win at Yahtzee.
- A Godly deliverance.

Multiple choice (Unique answer)

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### Question 4

As described in 2 Timothy 1:7, what has God given us?

- A sound mind.
- His peace.
- The spirit of fear.
- Power.

Multiple choice (Multiple answers)

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### Question 5

As described in 2 Corinthians 10:5, with regards to the helmet of salvation, what does God's warrior have?

- The ability to cast down imaginations.
- Calluses on their feet.
- The ability to bring every thought into captivity in obedience to Christ.
- An ability to hear better.

Multiple choice (Multiple answers)



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