

# Packing Tips

## Bring This:

### Toiletries

- Deodorant
- Toothpaste
- Tooth brush
- Shampoo
- Soap
- Styling products (optional)
- Feminine products

### Other stuff

- Bible
- Notebook
- Towel(s)
- Washcloth
- Shower shoes (flip flops)
- Sunglasses
- Extra tennis shoes
- More underwear than you think you'll need 🤔
- Medicine (must be turned in to Nurse Rhonda).
- Bedding
  - Sleeping bag **or**
  - Sheets for a twin bed
  - Pillow
- Sunscreen
- Bugspray
- Money for snacks
- Water bottle (refillable, optional)
- Flashlight

## Do Not Bring This:

### Electronics

- Phones
- Other communication devices

### Clothes

- Two-piece bathing suits
- Short shorts (boys and girls)

### Stuff I shouldn't have to write down

- Guns
- Knives
- Illegal drugs
- Vapes
- CBD Gummies
- Inappropriate media
  - Magazines
  - Music

This is not an exhaustive list. If you have questions ask your pastor/youth leader. Please use common sense.