

Strength

Let's grow in the strength of God this month. We are only as strong as our relationship with God and each other. We aren't meant to live according to what we can do but what God can do through us and with us in the circles of our influence. Our family has a great impact on each other. How we chose to increase the strength of our relationships is directly linked to increasing in strength. In other words, we need the Lord and each other. There is no working around either option, ordained by God to love Him and each other.

Week 1

Talk to God

Declare your dependency on the strength of God

Go Deeper

There is a big difference between God's strength and our strength, and you will never make it by depending on your strength alone. The Lord is the one who will stand with you and strengthen you, so we must depend on His strength. Friends and relatives may forget you, others may fight against you; but you have to know where your true strength lies.

There are a few meanings of strength. First, it is the quality of being strong. Second, it is power that comes from influence and when God is your influence, He will give you great strength. Third, it is power that comes from authority and God has to be your authority. Then you can use that authority on the devil and life's circumstances. Fourth, strength is power that comes from resources, and God is our ultimate source.

Zechariah 4:6 - So he said to me, "This is the word of the LORD to Zerubbabel: 'Not by might nor by power, but by my Spirit,' says the LORD Almighty.

Take Action

Identify the areas of your life where you are weak and need God's strength and then ask God for help to overcome

Week 2

Talk to God

God is here to help us in the middle of our troubles. Speak to God about the things that are bothering you, don't keep them to yourself.

Go Deeper

You are approaching the middle of the year, and you may be feeling a bit overwhelmed. As life becomes busier, it might seem like nothing is slowing down. During times like this, it is easy to feel burdened and lose hope. You may even start to feel anxious.

There is good news!! When you feel like we can't handle what is coming, turn to God. You aren't called to rely on our own strength. No matter how big an obstacle in front of us might be, if you rely on God's power, you will overcome it. God's strength acts like a shield from feelings of anxiety we might experience. When we fully put our trust in Him, He walks with us.

Psalms 55:22 says, "Cast your cares on the Lord and He will sustain you; He will never let the righteous be shaken."

Take Action

Are you feeling anxious? If so, what about. If not, keep praying you stay free.

If you are feeling anxious, cast those concerns onto Jesus and write down what He says.

Week 3

Talk to God

Let the weak say they are strong in the strength of the Lord. Declare your weakness for His strength.

Go Deeper

1 Cor. 1:26-29 - Brothers and sisters, think of what you were when you were called. Not many of you were wise by human standards; not many were influential; not many were of noble birth. But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong. God chose the lowly things of this world and the despised things—and the things that are not—to nullify the things that are, so that no one may boast before him.

You can never trust the flesh because everything about it is weak, while everything about the Holy Spirit is strength. That is why you have to depend on divine strength and never glory on your own.

You each have unique talents that you excel in.

Take Action

What are the giftings you operate in that you can give thanks to the Lord? Realize they are given for His glory and actually thank Him.

Week 4

Talk to God

Nothing is impossible for you through Jesus. Open up to God about the things that have kept you from living

Go Deeper

Philippians 4:13 says I can do all things through him who strengthens me.

The benefit of being in Christ is understanding that because He strengthens you through the Holy Spirit there is nothing that can keep you from experiencing the impossible. Because He is the God that walks on water, heals the blind and calms the seas, when we walk with Him we are more than capable of living in the same way.

You can do all things through Christ! It is something you have to remember, live in and take into your future.

The enemy can bring doubt in this area. You have to fight, tooth and nail to keep this truth your truth...because it is the truth from the Living God!

Talk to Eachother

Call or text someone from our church family and tell them the impossible things you are trusting for. Let them keep you in prayer and remind you of the greatness of God and what He is faithful to do.