



902 KIDS



ELEMENTARY



SNOW EDITION #2



BIBLE LESSON 2/1/26

Jesus Heals on the Sabbath

Bible Passage: Matthew 12:1-14

Glossary:

Authority: the power to make decisions and give orders

Lord: God, One who has authority and power

Sabbath: the seventh day of the week that God set aside as holy

Synagogue: place where the people came to worship God and study God's Word

Summary:

The Pharisees were angry that Jesus' disciples ate grain in a field on the Sabbath. The disciples had broken one of the many rules the Pharisees had created about the Sabbath. Jesus told them He was Lord of the Sabbath. Then He angered them again when He healed a man with a withered arm on the Sabbath. Jesus showed He is Lord of all and taught that following rules isn't enough to be right with God.

People still think that the way to God is to follow rules. Sometimes people try to do all the things right on the outside, but their hearts are far from truly loving and trusting Him. We can never follow all the rules. We all sin. That is why Jesus came to die on the cross and pay the price for our sin. We cannot earn our way to heaven by following the rules, but we can trust in Him and His gift of salvation because Jesus is Lord of all!



MONTHLY

Memory Verse

So that at the name of Jesus every knee should bow...and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

(PHILIPPIANS 2:10-11)

BRITE  **Idea**

Jesus is Lord of all.



**MEMORY
VERSE VIDEO**



FAMILY DISCUSSION

HOW CAN I KNOW THIS IS TRUE?

Discuss: Why do you think some people got upset when Jesus helped others?

Say: The Bible says Jesus healed a man on the Sabbath, angering religious leaders. Archaeology reveals why. In Capernaum’s ancient synagogue ruins, archaeologists found stone benches arranged for communal worship and teaching, reflecting the synagogue’s role as a center for enforcing Sabbath laws. Inscriptions and artifacts from similar sites highlight rules banning work, like healing, on the Sabbath. These places match the Bible’s description of where Jesus taught and healed. They help us see why leaders were so strict about Sabbath rules and how Jesus showed God’s love by caring for people and helping them, even on the special rest day.

Read Matthew 12:12b directly from the Bible: *So it is lawful to do good on the Sabbath.*

BUT WHAT ABOUT ... FOLLOWING THE RULES?

Discuss: Do you feel like rules are important? Why or why not?

Discuss: Is it important for people to follow rules? Why or why not?

Discuss: What do you think God has to say about that?

Say: Everywhere we go in life, there are rules. From the classroom to the sports field, there are rules to help people know what to do. Rules are good boundaries that protect people. Romans 13:1 says: *Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God.* In other words, it is right to obey our teachers, parents, coaches, and other authority figures. However, sometimes people think that following the rules will make God love them more. While God wants us to make wise choices and honor those who are in charge, He loves us even when we break the rules. He offers His grace and forgiveness through Jesus.

February Family Calendar



WHAT DOES IT MEAN THAT JESUS IS LORD?

Jesus is God. He has ultimate authority over all things.

WILL FOLLOWING THE RULES MAKE US RIGHT WITH GOD?

We can’t do anything to fix our sin problem on our own. God loves us so much that He sent Jesus to make a way for us to be right with Him.

HOW IS GOD INVITING ME TO RESPOND?

Kids will be given the opportunity to reflect on the truth they learned about God and respond accordingly.