



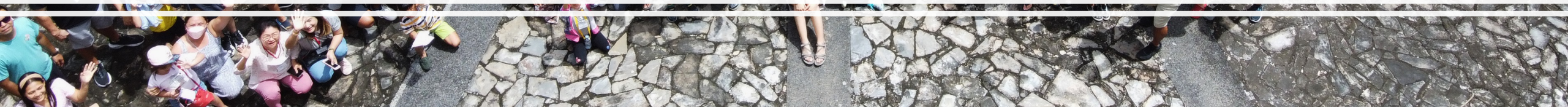
# **FREE TO BE NURTURED AND TRANSFORMED**

*Pastor Steve Odera*





**Church Family Retreat: Group Photo**





# **A. SIGNS OF THE HEALTHY BODY OF CHRIST**



## 1 CORINTHIANS 12

<sup>26</sup> If one part suffers, all the parts suffer with it,  
and if one part is honored, all the parts are glad.

<sup>27</sup> All of you together are Christ's body,  
and each of you is a part of it.





# **A. SIGNS** OF THE HEALTHY BODY OF CHRIST

- **Great sensitivity**



# **A. SIGNS** OF THE HEALTHY BODY OF CHRIST

- **Great sensitivity**
- **Empathy**



# **A. SIGNS** OF THE HEALTHY BODY OF CHRIST

- **Great sensitivity**
- **Empathy**
- **Joy**



## ACTS 2 (NLT)

- 42 All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer.**
- 44 And all the believers met together in one place and shared everything they had.**





## **A. SIGNS** OF THE HEALTHY BODY OF CHRIST

- **Nurtured in community?**

# **A. SIGNS** OF THE HEALTHY BODY OF CHRIST

- **Nurtured in community?**
- **Transformed through discipleship?**



## **B. WHAT THE BODY NEEDS TO BE HEALTHY**



# 1. Nurtured in community

- **The Trinity**



# 1. Nurtured in community

- **The Trinity**
- **Personal experiences**

# 1. Nurtured in community

## a. Vital for Growth



# 1. Nurtured in community

**a. Vital for Growth**

**b. Vital for our mission**

# 1. Nurtured in community

- a. Vital for Growth
- b. Vital for our mission
- c. **Vital for our well-being**



# 1. Nurtured in community

- a. Vital for Growth**
- b. Vital for our mission**
- c. Vital for our well-being**
- d. Life-giving**

## a. Vital for Growth

- **Discover gifts and talents**

## a. Vital for Growth

- Discover gifts and talents
- **Better together than alone**



## a. Vital for Growth

- **Discover gifts and talents**
- **Better together than alone**
- **Grow in relationships**

## **a. Vital for Growth**

- **Discover gifts and talents**
- **Better together than alone**
- **Grow in relationships**
- **Be like Jesus**

## **b. Vital for our Mission**

- **Make disciples**



## **b. Vital for our Mission**

- **Make disciples**
- **Interactions**

## HEBREWS 10 (NLT)

**<sup>24</sup> Let us think of ways to motivate one another to acts of love and good works.**

**<sup>25</sup> And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.**



## **b. Vital for our Mission**

- **Purpose of relationships**



## **b. Vital for our Mission**

- **Purpose of relationships**
- **Barnabas (friend)**

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- **Paul (teacher)**

## **b. Vital for our Mission**

- **Purpose of relationships**
- **Barnabas (friend)**
- **Paul (teacher)**
- **Timothy (disciple)**



## c. Vital for our Well-being

- **Isolation v Relationships**

## **c. Vital for our Well-being**

- **Isolation v Relationships**
- **Needs met**

## **GALATIANS 6:2 (NIV)**

**Carry each other's burdens,  
and in this way you will fulfill the law of Christ.**



## d. Life-giving

- **Confession**



## d. Life-giving

- **Confession**

➤ **Healing**

## **JAMES 5:16 (NIV)**

**Therefore confess your sins to each other  
and pray for each other so that you may be healed.  
The prayer of a righteous person is powerful and active.**



## d. Life-giving

- **Work through conflicts**

## d. Life-giving

- **Work through conflicts**
- **“...that we might have life”**



# CS Lewis

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*“Deep community is not the goal a church seeks, but the result of people living for something greater than themselves.”*



## 2. Transformed through discipleship

- **Disciples v Christians**

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- **Disciples v Christians**
- **Following Jesus**

## EPHESIANS 5:1-2 (NLT)

<sup>1</sup> Imitate God, therefore, in everything you do, because you are his dear children. <sup>2</sup> Live a life filled with love, following the example of Christ. He loved us and offered himself as a sacrifice for us, a pleasing aroma to God.





## a. Growth

- **Solution for complacency**

## a. Growth

- **Solution for complacency**
- **Accountability**

## HEBREWS 6:1 (NIV)

Therefore, let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God.



## **b. Sound doctrine**

- **Infant v Mature Christians**



## TITUS 2 (NIV)

- <sup>1</sup> You, however, must teach what is appropriate to sound doctrine.
- <sup>2</sup> Teach the older men to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance.



## c. Raising up leaders

- **Dual goal**

## 2 TIMOTHY 2:2 (NIV)

<sup>2</sup> And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others.



# David Platt

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- Share the Word
- Show the Word
- Teach the Word
- Serve the World





## C. OUR RESPONSE

- **Church that Jesus died for**



## ACTS 2:42-47 (NLT)

<sup>42</sup> All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer.<sup>43</sup> A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders. <sup>44</sup> And all the believers met together in one place and shared everything they had.

<sup>45</sup> They sold their property and possessions and shared the money with those in need.



## ACTS 2:42-47

<sup>46</sup> They worshipped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity – <sup>47</sup> All the while praising God and enjoying the goodwill of all the people. And each day the Lord added to their fellowship those who were being saved.



**Justification**

**JESUS PAID IT ALL**