



THIS I KNOW

Convictions For The Journey

Pastor Pablo Morales

The background is dark with a bokeh effect of out-of-focus light circles in shades of yellow, orange, and white. Scattered throughout are semi-transparent hexagonal shapes in various sizes and colors, including brown, orange, and yellow.

RESILIENCE:

Ability to adapt to difficult situations



A PLACE CALLED REPHIDIM

Pressing on While in Dry Land

EXODUS 17







EXODUS 15:27



Egypt

Sinai

Arabia

Midian

RED
SEA

GULF OF SUEZ

GULF OF AQABA

NILE
RIVER

FAIYUM

TEL EL DABA

ELIM

EXODUS 15

²⁷ Then they came to Elim,
where there were twelve springs
and seventy palm trees,
and they camped there near the water.









2 ½ Months

EXODUS 16:1

WILDERNESS
OF SIN

PART ONE



THE ARRIVAL

EXODUS 17

¹ At the Lord's command,
the whole community of Israel
left the wilderness of Sin
and moved from place to place.
Eventually they camped at Rephidim,
but there was no water there
for the people to drink.





Egypt

Sinai

Arabia

Midian

RED
SEA

Rephidim

NILE
RIVER

GULF OF SUEZ

GULF OF AQABA

FAIYUM

TEL EL DABA

At the Lord's Command
From place to place
No water



² So once more
the people complained against Moses.
"Give us water to drink!" they demanded.
"Quiet!" Moses replied.
"Why are you complaining against me?
And why are you testing the Lord?"



³ But tormented by thirst,
they continued to argue with Moses.
“Why did you bring us out of Egypt?
Are you trying to kill us, our children,
and our livestock with thirst?”



⁴ Then Moses cried out to the Lord,
“What should I do with these people?
They are ready to stone me!”



⁵ The Lord said to Moses,
“Walk out in front of the people.
Take your staff, the one you used
when you struck the water of the Nile,
and call some of the elders of Israel to join you.



⁶ I will stand before you
on the rock at Mount Sinai.
Strike the rock, and water will come gushing out.
Then the people will be able to drink.”
So Moses struck the rock as he was told,
and water gushed out as the elders looked on.







⁷ Moses named the place Massah
(which means "test")
and Meribah (which means "arguing")
because the people of Israel argued with Moses
and tested the Lord by saying,
"Is the Lord here with us or not?"



because the people
and tested

“Is the Lord here with us or not?”





Confusion

ion

The background is a painting in a classical style, depicting a biblical scene. In the center, a man with a long white beard and a turban, likely Moses, stands on a rocky shore. He holds a long wooden staff in his right hand, which is raised towards a bright, hazy sky. He is wearing a white robe with a dark sash. To his right, another figure in similar attire is partially visible. The foreground shows dark, jagged rocks on the left and a body of water on the right. The overall color palette is dominated by warm, golden-yellow and brown tones, giving it an aged, historical feel.

Where?

HEBREWS 13:5-6

⁵ “Never will I leave you;
never will I forsake you.”

⁶ So we say with confidence,
“The Lord is my helper; I will not be afraid.
What can mere mortals do to me?”

HEBREWS 13:5-6

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never will I forsake you.”

⁶ So we say with confidence,
“The Lord is my helper; I will not be afraid.
What can mere mortals do to me?”

1 Peter 1:6-7

⁶ In all this you greatly rejoice,
though now for a little while
you may have had to suffer grief in all kinds of trials.

⁷ These have come
so that the proven genuineness of your faith
— of greater worth than gold,
which perishes even though refined by fire —
may result in praise, glory and honor
when Jesus Christ is revealed.

PART TWO



THE ATTACK

⁸ While the people of Israel were still at Rephidim,
the warriors of Amalek attacked them.

⁹ Moses commanded Joshua,
"Choose some men to go out
and fight the army of Amalek for us.
Tomorrow, I will stand at the top of the hill,
holding the staff of God in my hand."

¹⁰ So Joshua did what Moses had commanded
and fought the army of Amalek.

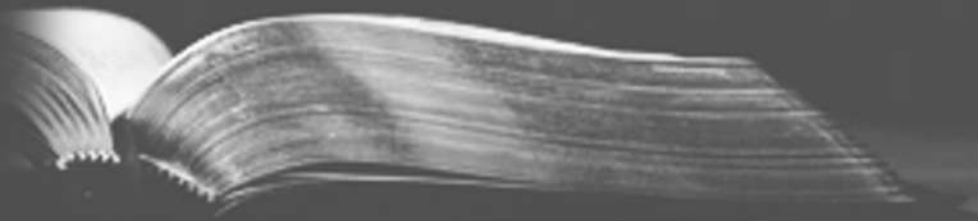




BACKGROUND: EXODUS 14

¹⁵ Then the Lord said to Moses,
“Why are you crying out to me?
Tell the Israelites to move on.

¹⁶ Raise your staff and stretch out your hand
over the sea to divide the water
so that the Israelites can go
through the sea on dry ground.



Meanwhile, Moses, Aaron, and Hur
climbed to the top of a nearby hill.
¹¹ As long as Moses held up the staff in his hand,
the Israelites had the advantage.
But whenever he dropped his hand,
the Amalekites gained the advantage.



Impossibility



The background is a painting in a sketchy, expressive style. It depicts a scene in a desert with rocky terrain. A central figure, Moses, stands on a rock, wearing a long blue robe with a dark sash and holding a wooden staff high in his right hand. He is looking towards a crowd of people in the foreground, whose heads and shoulders are visible. The sky is a mix of light and dark blue and white, suggesting a dramatic, cloudy day. The overall color palette is dominated by blues, greys, and earthy tones, with a semi-transparent dark blue band across the middle where the text is located.

What?



ZECHARIAH 4:6B

'Not by might
nor by power,
but by my Spirit,'
says the Lord Almighty.

PART THREE



THE VICTORY

¹² Moses' arms soon became so tired
he could no longer hold them up.
So Aaron and Hur found a stone for him to sit on.
Then they stood on each side of Moses,
holding up his hands.
So his hands held steady until sunset.
¹³ As a result, Joshua overwhelmed the army
of Amalek in battle.





¹⁴ After the victory, the Lord instructed Moses,
“Write this down on a scroll as a permanent reminder,
and read it aloud to Joshua:
I will erase the memory of Amalek
from under heaven.”



¹⁵ Moses built an altar there
and named it Yahweh-Nissi
(which means “the Lord is my banner”).

¹⁶ He said,
“They have raised their fist against the Lord’s throne,
so now the Lord will be at war
with Amalek generation after generation.”



Weakness





How?

ECCLESIASTES 4

⁹ Two are better than one,
because they have a good return for their labor:

¹⁰ If either of them falls down,
one can help the other up.

But pity anyone who falls
and has no one to help them up.

A PLACE CALLED REPHIDIM





HOW IS
YOUR HEART?



THIS I KNOW:

God does not let go of us



THIS I KNOW

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