

## Provision for the Journey

Mark 6:7-13

Tamika Brown

It is very rare that I leave the house without a bag. Not a purse, but a bag of some sort. A reusable shopping bag – of varying size, a backpack, etc. I don't do this as a style choice, but instead as a "just in case". I almost always have some sort of snack and beverage on hand. And bless my child's heart, I am raising him the same way. Before leaving the house, I ask him "is your bag packed?" Provision.

There may be traffic. The meeting might go long. What if I get hungry? What if I get thirsty? What if I need to respond to an email? I don't know about you but being "hangry" is not a good look for me! Provision.

Provision is defined as "the providing or supplying of something, especially of food or other necessities; arrangement or preparation beforehand, as for the doing of something, the meeting of needs, the supplying of means, etc."

In this text, Jesus sends out the twelve disciples among the people to teach. They are sent out with nothing but instructions, the clothes on their backs and the sandals on their feet. Provision? Um, at first blush, I would say no, absolutely not!

Although the text doesn't mention it, I can imagine that at least one or two of the disciples had questions or concerns about this assignment. I mean, isn't it only human to consider the "what ifs"? What if no one gives us food or water? What if it gets cold? What if it gets hot. What if the people slam the doors in our faces?

In our daily journey, our comings and goings, provision is what we carry **WITH** us. On our spiritual journey, provision is what we carry **IN** us. The disciples had enough faith, enough trust, enough belief and enough knowing to put all the "what ifs?" away.

This Lenten season is not only about *abstaining*, it is also about *reflection*. It is about asking ourselves whether or not we have *enough* faith for the journey and if the answer is no – *which is okay if it is* – how then do we increase our faith? What must we do in order to gather our fortitude, our provision for this life journey? What must we do to truly trust God's instruction?

Prayer:

God, my God, thank you for new opportunities to prepare for the journey. Thank you God for your provision even when you have to fill us again and again as we falter along the way. Continue to lead us, guide us and remind us that in You we have all that we need. Amen.

February 24th

The Lenten Season Devotional

40  
DAYS



Day 3

# PROVISION FOR THE JOURNEY

Mark 6:7-13



*You Are Always Welcome!*

REV. AARON ROBINSON, M. DIV., PASTOR

581 PARKER AVE DECATUR, GA 30032

WWW.MTWELCOME.ORG



# This Week's Feb 22 Feb 25 Prayer Focus

The Lenten Season Devotional

40  
DAYS

## THE JOURNEY

Preparing for and recognizing the Journey, Ask God to help you on the Journey to your purpose, see the resources, see the support, and go where God leads you.



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MOUNT WELCOME MISSIONARY BAPTIST CHURCH  
DAILY DEVOTIONAL FOR THE LENTEN SEASON

40  
DAYS

# Daily Devotional for the Lenten Season

Prayer \* Fasting \* Reflection \* Repentance \* Benevolence \* Thanksgiving

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## WHAT IS LENT?

Lent is a 40 day season of prayer, fasting, and reflection that begins on Ash Wednesday and ends at sundown on Holy Thursday. It is a period of preparation to celebrate the Lord's Resurrection at Easter.

Traditionally, we give up things during the Lenten Season - be it food or habits.

This season is also a time when we should **commit or recommit** to something - prayer, study or even serving our community.



*You Are Always Welcome!*



## FORTY DAYS FORTY ITEMS

Each day of Lent, remove one item  
from your closet that you no longer wear  
or need and  
put it into this trash bag.

At the end of the forty days,  
donate these items to a place that can  
share them with  
someone who can really use them!



*You Are Always Welcome!*



## FASTING

Fast from hurting words and say kind words.  
Fast from sadness and be filled with gratitude.  
Fast from anger and be filled with patience.  
Fast from pessimism and be filled with hope.  
Fast from worries and have trust in God.  
Fast from complaints and contemplate simplicity.  
Fast from pressures and be prayerful.  
Fast from bitterness and fill your hearts with joy.  
Fast from selfishness and be compassionate to others.  
Fast from grudges and be reconciled.  
Fast from words and be silent so you can listen.



*You Are Always Welcome!*