

# TALK IT OVER....

## Breathing Room Week 2

Note to the Host: Thank you so much for leading your group and being willing to create community! We are so excited to be doing a Breathing Room discussion guide, if you need anything else to help facilitate your group let us know! This is your group, and you have the freedom to navigate the conversation that best fits your dynamic. Thank you for all you do!

### ICEBREAKER:

- Say you're independently wealthy and don't have to work, what would you do with your time?

**QUESTIONS:** These questions are based off of the Breathing Room sermon that took place on Sunday, January 31<sup>st</sup>, 2021. In this time as a group feel free to revisit any of the scripture below that was discussed on Sunday.

- 1) What are things in life that make you happy? These can be tangible or intangible things. (Ask for a few things).
- 2) Do you preplan for the unplanned? Would you consider yourself a planner?
- 3) Are you an overspender/undersaver? Do you think there is a reason for this?
- 4) Do you make budgets? Have you had success with budgeting?
- 5) Think about an unexpected time that has put a dent into your finances. What happened, and how did you respond?
- 6) We are called for a better life then worrying about material things. How does this make you feel?
- 7) What would your life look like if you had breathing room in your finances? Consider your relationships, emotional and mental health, as well as your financial status.

### SCRIPTURE REFERENCES:

- Proverbs 21:20      *(Knock Out)*
- Proverbs 27:23     *(Find Out)*
- Luke 12:15         *(Cut Out)*
- Romans 13:8        *(Wipe Out)*
- Matthew 6:25-27    *(Chill Out)*
- Proverbs 1:19

### PRAYER:

- Make sure that everyone has a chance to share, and do not rush this process.
- Make sure that someone is typing them up so the group can share them and pray for these requests throughout the week.
- Make sure to welcome praise reports as well!
- Don't get overwhelmed about the time of prayer, pray how your group feels comfortable. This can either be one person pray, or you can go in a circle and pray a few sentences each!