

# The Rambler

Newsletter of the  
Rose Hill Civic Association

## President's Message

### RHCA to Hear Healthplex Update

It has been several years since we have been updated on the health care available at the Inova Healthplex on Walker Lane in Franconia, so that is the agenda item for our February 22 meeting at 7 p.m. in the community room of the John Marshall library. It also is American Heart Month, so we'll hear about that subject before we enjoy a menu of healthy snacks prepared by Vice President Linda Nichols.

Heart Disease is the leading cause of death in the United States and is a major cause of disability. The most common form is coronary heart disease which often appears as a heart attack. Every 25 seconds, an American will have a coronary event and about one will die every minute. Taking steps to prevent and control factors that put you at risk will reduce the chance of coronary heart disease. Knowing the symptoms can make the difference between life and death.

Most heart attacks involve chest discomfort in the center of the chest that lasts for more than a few minutes. It can disappear and then come back. Symptoms include pressure, squeezing, fullness or pain. Symptoms also can include pain or discomfort or pain in one or both arms, back, neck or stomach as well as shortness of

**RHCA Meeting Tuesday, February 22**  
**John Marshall Library, 7:00 pm**

### RHCA to Hear Healthplex Update

#### RHCA Officers

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RHCA, P.O. Box 10891, Alexandria, VA 22310  
[www.myRoseHill.com](http://www.myRoseHill.com)

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breath, breaking out in a cold sweat, nausea or lightheadedness.

Exercise and a healthy diet are the best weapons against heart disease. Reduce saturated or trans fat in your diet. Limit your intake of salt, sugar and cholesterol. Check the ingredients listed on the package, can or bag before you make a choice as to which brand to buy.

Here in Rose Hill, help is only minutes away if you think you are having a heart-related incident. And the Healthplex is only a short distance for advanced care if the emergency personnel need to transport you there. If you call or someone calls 911, try to let the operator know you are having a heart-related incident so the Advanced Life Support System ambulance can be dispatched. Seconds can make a major difference in saving your life.

The Healthplex is a growing facility serving our community. Expansion is ongoing, including a new parking deck to handle the large volume of those receiving care at the busy location. Come to the February 22 meeting to learn more about the facility. And sample some of Linda's healthy choices of snacks.

### 2011 Membership

Our 2011 membership drive continues this month. Check out the list on page 4. If your name isn't there, fill out the form and send it, along with your check made out to RHCA to P.O. Box 10891, Franconia, VA 22310. The dues and contributions pay for the printing of The Rambler nine times a year, fund the Rose Hill Beauty program, pay the rent on the post office box and provide funds for small contributions to worthwhile community charities. RHCA also provides snacks for meetings in an effort

to spur attendance. Separate contributions pay for the maintenance of the flower bed at our entrance sign at Rose Hill Drive and Franconia Road. The flowers are changed several times a year to fit the season. The cost of printing The Rambler is RHCA's biggest expenditure. As of this writing, we have a little more than 100 homes signed up. There are 700 homes in Rose Hill, so we have plenty of opportunities to attract new members. Unlike a Homeowners' Association with mandatory dues, RHCA is a volunteer organization with NO personnel expenses. In addition to the Rambler delivery staff, we have a large number of volunteers who watch over our community on a regular basis, keeping an eye out for criminal activity, street lights that are out, unkempt and overcrowded properties and most importantly, checking on their neighbors when needed. If you would like to help, contact one of the officers. By all means, support your community by becoming a member.

### **Development Update**

The amount of dirt being moved in and out of the Rose Hill Reserve site defies description. Each house site must be built on stable soil that does not contain marine clay. Therefore, the unstable soil is being removed and new soil is being provided. All of that means more truck traffic on Rose Hill Drive than we thought we were bargaining for. Due to complaints by nearby residents, the County has increased its vigilance of the efforts to keep the road free of mud and rocks. On another front, plans and talks are progressing on the effort to stabilize the slide on the hillside on private property between May Boulevard and Split Rock Road. Only time will tell if the effort will be successful. Which leads us to the proposed development of 12 houses on the Kindercare property on May Boulevard. The preliminary plan is being evaluated by the County. Should it be approved, the owner will move on to the site plan stage where soils will become a major issue. RHCA is interested in preserving the century-old silos on the site. If the current plan is approved, the issue is moot because the silos eventually disappear. The plan calls for the dismantling of the silos and the area where they once rose will be part of two lots. And everyone will wonder why the street across May Boulevard is named Silo Road! It has been suggested that the silos be preserved as a part of an entrance feature that would continue Silo Road into the property. In

order for that to happen, the owner would have to revamp his plan to a cluster arrangement. We'll see what sort of feeling for history he has! The property is zoned for houses and we aren't contesting that fact. We would, however, like to see the last remaining example of Franconia's agricultural history preserved. The silos were part of a large farm where cows grazed in serenity until our community was built. The old manor house was burned down in the 1960s and we don't want to see the same mistake made twice. We'll have an update and a suggestion at the February 22 meeting.

### **Police Report**

There have been a couple of important recent victories for the good guys. First, police have arrested four men and charged them with being responsible for a string of robberies from vehicles, particularly Global Positioning Systems, in the Franconia area. One of those arrested is from Franconia, two from Springfield and the fourth from Alexandria. One is a juvenile. The arrests came as a result of a tip received by detectives at the Franconia Station. The vehicle break-ins occurred between midnight and 3 a.m. The four would look for unlocked vehicles with visible valuables or check the windshields for suction cup marks in the hope they would find GPS devices. In addition to charges of larceny, one of the four was charged with possession of stolen property with the intent to sell. In the other case, police recovered a vehicle that had been carjacked from a woman in the Kingstowne Shopping Center. The vehicle turned up in Groveton. It was spotted by the department's specially equipped cruiser that scans parked autos looking for those that have been reported stolen. The car cruises slowly down the street, scans license plates and checks via computer to see if any are reported stolen. In this case, the car was returned to the owner after it has been checked for fingerprints, clues and stolen property. Unfortunately, the carjacker is still at large.

As the budget for the upcoming year unfolds, RHCA will be lobbying for additional patrol officers to help keep Rose Hill and other communities safe. We will be looking for ways to save money within the existing police budget and other county and school budgets so the funds can be used to hire additional patrol officers. The Franconia station covers 50 square miles, all the

way from Alexandria to Lorton, and there does not appear to be enough officers on patrol at any one time to constitute a deterrent for would-be criminals. At the last two RHCA meetings, members have overwhelmingly supported public safety as the No. 1 budget priority. Support also is high for code enforcement personnel to help maintain community value by penalizing those who allow their property to become trashed or overcrowded.

### **Spring is On the Way**

Two days after our February 22 RHCA meeting, major league baseball teams will begin the spring exhibition season in Florida and Arizona. Can spring be far behind? The Washington Nationals begin the exhibition season February 28 against the New York Mets. A month later, they begin the regular season with a home game against the Atlanta Braves. It appears the Nationals have made great improvements since last season, so hope springs eternal, to coin a phrase. They haven't lost a game yet! And, don't forget that Daylight Savings Time starts this year on Sunday, March 13. We'll all have a little extra daylight to work in the yard and get ready for the Rose Hill beauty contest that honors those who keep their properties in tip-top shape. Remember, only RHCA members receive the coveted signs for display in their yard. If you need any plants, seed, fertilizer, mulch, tools, etc., you might consider stopping by Nalls Produce on Beulah Street. This family-owned local business is celebrating its 50th anniversary! Ask owner Cary Nalls about the changes he has seen since he started the business in 1961.

### **Local History**

The Franconia Museum is sponsoring two events this spring in connection with the sesquicentennial of the start of the Civil War. The sixth Both Sides Tour will follow the route of Union and Confederate forces to Manassas for the first major battle of the war 150 years ago come August. It will start at the site of Fort Lyon, now the Huntington Metro Station, where Union forces gathered before marching up what is now Franconia Road toward Manassas. The day starts with coffee and doughnuts at the Franconia Museum in the government center, 6121 Franconia Road. Board a bus for a day of touring, lunch and reports on the war's first battle.

Contact Don Hakenson at dhakenson@cox.net or 703-971-4984 or Carl Sell at 703-971-4716 or sellcarl@aol.com for information. If you need a reference for the tours, ask Edna Mitchell of May Boulevard. She's been on all of them! And on May 14-15, the Museum will sponsor a program called Franconia in the Civil War at Lee District Park. Presentations will include information about Union encampments, Confederate raids, famous houses, churches and farm life in Franconia from 1861-1865. There will be music, reenactors of both combatants and personalities during that time. The program is from 9 a.m. to 5 p.m. on Saturday, May 14 and 9 a.m. to 6 p.m. on Sunday, May 15. A full schedule of events will be printed in the April Rambler.

A sample of the type information one will hear as part of the Franconia in the Civil War program comes from the diary of Anne S. Froebel of Wilton Hill, a large house and farm near the intersection of what is now Franconia Road and Telegraph Road. An entry in July 1861 reports that "Miss Emily Davis came down to day to tell us of the violence and robbery that has been perpetrated at Rose Hill within the last few days". Miss Davis, a neighbor, said Union forces had "searched and plundered the house from garret to cellar. Then they went out and hitched up the wagons, carts and everything they could find, killed the hogs, sheep and poultry and filled everything with it and went off with a drove of horses, mules and cows". Miss Davis was a neighbor of Rose Hill, a manor house on the hill at the end of what is now May Boulevard with a surrounding large farm.

- Carl Sell

# 2011 Membership List

Nouri & Suham Abbou	6115 Rose Hill Drive	Larry & Constance Fulk	6410 Cottonwood Drive	David & Nancy Ridgway	4609 Cottonwood Place
Mr. & Mrs. Augusto V. Alvarez, Sr.	6507 Carriage Drive	Janice F. Gable	6404 Willowood Lane	Eric & Deborah Rumph	6409 May Boulevard
Jerry & Nida Antonio	6406 May Boulevard	Daniel Gardner	6706 Telegraph Road	Shari Schaftlein & David Johnson	6504 Carriage Drive
Danny Adams	6412 Cottonwood Drive	Ed Gailliot	4801 Appletree Drive	Carl & Marti Sell	6601 Cottonwood Drive
Wilmer & Nancy Anderson	4500 Apple Tree Drive	Chris & Susie Guinto	6515 Haystack Road	Cragin & Kay Shelton	4403 Roundhill Lane
Frank & Rayma Bale	6315 Willowood Lane	Robert & Shirey Herr	6103 Leewood Drive	Lori Scheibe	5010 Treetop Lane
Harold & Pearl Ballen	6632 Telegraph Road	Linda Hestvik	4515 Sturbridge Court	Diana & Marty Shupack	6419 Haystack Road
P.G. Bauserman	4531 Roundhill Road	Don & Lynn Hoffman	5002 Treetop Lane	Marlene Hass Smith	6304 Cottonwood Drive
Margie Beach	4429 Roundhill Road	Emilie Hood	5012 Treetop Lane	Donald & Juanita Stallings	6407 Willowood Lane
Connie Beatty	6428 Rose Hill Drive	Kevin & Kelli Hoover	6314 Saddle Tree Drive	Bill & Jean Stemple	6306 Cottonwood Drive
Shirley Bennington	6405 May Boulevard	Alice Holloman	4515 Sturbridge Place	Mary C. Stinnette	4520 Apple Tree Drive
Phillip & Carol Bishop	6310 Climbing Hill Road	Clifford & Barbara James	6412 May Boulevard	Terry Stone	4522 Apple Tree Drive
Bill Braswell	6307 Climbing Hill Road	F & P Jencks	6416 Willowood Lane	Ray M. Stone	4528 Roundhill Road
Gary J. Bravy	6214 Climbing Hill Road	Marvin & Frances Justice	6402 Rose Hill Drive	Tinker & Don Szamborski	4615 Winston Place
Bob Brown	4526 Apple Tree Drive	Donald Krause	6300 Rose Hill Drive	Carlos Rolon & Judy Taylor	6503 Rose Hill Drive
Lorraine & Mark Broxterman	6424 Haystack Road	Cedric Lack	6330 Rose Hill Drive	Linda & Rex Taylor	6505 Haystack Road
Kimberley Bush	4612 Cottonwood Place	J.K. Letsche	6502 Cottonwood Drive	Alberta J. Taylor	6308 Cottonwood Drive
Maureen & Jason Cardone	6418 Willowood Lane	Edward & Anna B. Lewis	6117 Leewood Drive	John & Dorothy Thibeau	6216 Saddle Tree Drive
Ralph & Paulene Carico	6112 Leewood Drive	Wellington & Anna Machmer	6200 Willowood Lane	Joanne M. Thompson	
John & Penny Cashmire	4907 Silo Road	Raymond & Evelyn Market	4608 Mayor Place	Jean Thomson	6302 Cottonwood Drive
Roger & Carol Christiansen	6409 Maryview Street	Frank & Marge McConnell	6220 Thornwood Drive	James W. Troy	5004 Eastchester Circle
Sally Coler	6401 Hayfield Place	Dolores McKinney	6303 Cottonwood Drive	Paul Turner	4414 Roundhill Road
Mathew & Cynthia Dailey	5009 Eastchester Circle	George & Susan McKittrick	6113 Clovergrass Drive	Stein Van Egmond	6508 Cottonwood Drive
Bill & Sally Dankers & Marjorie Parkyn	6511 Carriage Drive	Donald & Nancy McMinn	4804 Apple Tree Drive	Wanda Violette	6408 May Boulevard
Holly Daugherty	4522 Roundhill Road	Edna Mitchell	6305 May Boulevard	Jodi M. Wallace	6607 Cottonwood Drive
B. Digman	6217 Blossom Lane	Jeanette Neidermeyer	6500 Haystack Road	Fran Watts	6508 Haystack Road
Ron & Donna Dillon	4618 Winston Place	Herbert W. Newman	4910 Silo Road	Don & Nina Weber	6120 Dew Grass Drive
Bernice Evans	6411 Willowood Lane	But The Nguyen	6512 Rose Hill Drive	Louise Westgate & Rick	6708 Greendale Road
Bernard Farley	6502 Haystack Road	David & Linda Nichols	6416 Rose Hill Drive	Karen Wheeless	6709 Greendale Road
Susan Feagley	4705 Split Rock Road	William & Janelle Parker	6417 Willowood Lane	Charles Wimberly	6506 Haystack Road
Joseph Finnegan	6409 Hayfield Place	Charles Pfefferle	6503 Haystack Road	Chris & Victoria Wing	6502 Carriage Drive
Anna Fish	6301 Cottonwood Drive	C. Roy & Susan Poff	6328 Maryview Street	Brian & Heather Wire	6510 Carriage Drive
Trigg & Beverly Flannagan	6514 Haystack Road	Jo Ann Ponce	6203 Willowood Lane	Charlie & Sandy Worley	4513 Roundhill Road
Barry & Zoe-Ann Frietag	6303 May Boulevard	Monica C. Reed	6422 Rose Hill Drive	Stephanie Young & Darren Springer	6403 Willowood Lane
Rati Friend/Michael Smith	6111 Leewood Drive	Adam & Rita Rice	6431 Carriage Drive	Donald & Norma Youmans	6303 Climbing Hill Road
		James Ridgell	6513 Cottonwood Drive		

**To join or renew your membership in the Rose Hill Civic Association...**

**Please fill out this form or online at [myRoseHill.com](http://myRoseHill.com) and mail, along with your check, to the  
RHCA, P.O. Box 10891, Alexandria, VA 22310.  
If you have questions, feel free to call any of the officers.**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Enclosed is a check for:

- \$10 Membership
- \$\_\_\_\_\_ Donation for upkeep and landscaping of the Rose Hill entrance sign
- \$\_\_\_\_\_ Donation for RHCA General Fund

# Rose Hill Community Calendar

## Around Rose Hill

- ★ February 22. 7:00pm. RHCA Meeting. John Marshall Library.
- ★ Every Wednesday and Saturday. BINGO! Franconia Volunteer Fire Dept. Early Bird, 7pm. Regular sessions, 8pm.

## John Marshall Library

6209 Rose Hill Dr., 703.971.0010. Call ahead to register for events. Hours: M, T, W – 10am-8pm; Th, F – 10am-6pm; Sat – 10am-5pm.

- ★ Ongoing Event. Personalized Computer Training. Basics for beginners: Internet and Microsoft Word. Call for appointment. Adults.
- ★ February 21. Library Closed for President's Day Holiday.
- ★ February 23. Fun for Two's and Three's. 10:30 am. Join us for stories and activities. Age 2-3 w/ adult.
- ★ March 2. Dr. Seuss' Birthday Lunch Bunch. 12:00 pm. Bring your lunch and join us for stories. Age birth-5 w/ adult.
- ★ March 8. Signs of Spring. 6:30 pm. Meet live turtles, snakes and frogs from the Hidden Pond Nature Center and explore other early signs of spring. All ages.
- ★ March 9. Toddler Time. 10:30 am. Come to an early literacy story time. Age 13-23 months. One adult per child.
- ★ March 14. Book Bunch. 3:30 pm. Join us for a book discussion. Call for title. Age 7-8 w/ adult.
- ★ March 17. Book Discussion Group. 7:00 pm. *The Help* by Kathryn Stockett. Adults.

## Thomas Edison High School

5801 Franconia Road, Alexandria, VA 22310; Office – 703.924.8000; Fax – 703.924.8097



- ★ No events posted as of this writing. Please check the school website for updates.

## Mark Twain Middle School

4700 Franconia Rd., Alexandria, 22310; Office – 703.313.3700, Fax – 703.313.3797



- ★ March 3. Orchestra Pre Festival Concert. 6:00 pm.
- ★ March 10. Chorus Pre Festival Concert. 6:00 pm.
- ★ March 10. PTA Meeting. 6:00 pm. MTMS Library.

- ★ March 15. Special Education Department Parent Night. 6:00 pm.

## Rose Hill Elementary School

6301 Rose Hill Dr.,  
Phone: 703.313.4200  
Fax: 703.313.4297



- ★ No events posted as of this writing.  
Please check the school website for updates.



## Special Advertisement



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# Rose Hill Business Directory

**Only those residents who are members of the Rose Hill Civic Association or provide services in kind will qualify for a free listing in the business directory. Membership dues are the source of funds for the printing of The Rambler. A membership form for 2010 is included in this issue.**

## Graphic Design

**Fabrications – graphics and designs, LLC.** Websites, invitations, flyers, announcements, menus, business cards, brochures, newsletters, mailers, books, proposals, journals, and all your editing, printing, paper, and digital needs. Marty Williams, Desktop Specialist, has more than 13 years experience and can be reached at 703.910.6316, or marty@fabrications.us. She is the former Editor of *The Rambler*.

**Digital Design.** Ron Dillon, 703.971.2125; [www.dgdesigns.com](http://www.dgdesigns.com). Webpages, registration, scanning services, hosting and custom graphic art work. Ron and Donna Dillon live on Winston Place.

## Heating and Air Conditioning

**Dove Heating and Air Conditioning.** We service and install heat pumps, air conditioners, furnaces, hot water heaters, and humidifiers. David and Linda Nichols, 703.971.8897. The Nichols have been in business for 24 years and have lived in Rose Hill for 34 years.

## Real Estate

**Exit Metro Realty.** Angie Vereen, 571-233-6395, [angie@exitmetroliving.com](mailto:angie@exitmetroliving.com). Our extensive experience and expertise in the Alexandria, Lorton, and Vienna real estate market will benefit you whether you are looking to buy or sell a home in the area. Licensed in Virginia and Maryland.

**Free All Day Yoga Open House**



**Walk-ins Welcome**

**Saturday, March 13th**

9:00-9:15am\* - Beginner Yoga  
10:15-11:00am\* - Yoga Flow  
11:30am-12:15pm\* - Fiery Sun Stretch  
1:00-1:45pm\* - Restorative Fitness Yoga (Gentle)  
2:00-3:00pm - Yoga Reception

\* Please arrive 15 minutes before each class.

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## Lawn Services

**Fortney Lawn & Garden.** David and Jimmy Fortney, 703.960.8869. Although they live in Virginia Hills, the Fortneys work closely with RHCA to maintain the median landscaping on Rose Hill Drive.

**Dans Lawn & Leaf.** Daniel and David Bishop, 703.719.7806. Fast, friendly, affordable service. Serving the Rose Hill community for 7 years.

**Freedom Lawn & Landscape.** Matt Downey, 571.218.2881, [freedomproviders@gmail.com](mailto:freedomproviders@gmail.com). Proud to provide our customers with high quality services at affordable prices. Mowing, trimming, edging, mulching, seeding and more. Lock in our pre-season pricing now! Family has lived in Rose Hill for nearly 50 years. Discount for RHCA members. Free estimates for all. You Deserve Freedom!

## House Cleaning

**Ingrid Hayslip.** 703.362.5672. A 14 year resident of the Rose Hill area, I clean houses including move-in and move-outs.

## Photography

**Tisara Photography.** Nina Tisara, 703.838.8098. Tisara Photography is a family business with a studio in Old Town Alexandria since 1990. They specialize in portraits and special events. Nina live on Hayfield Place.

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# Rose Hill Business Directory

(continued)



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RE/MAX 100



[www.stevedougherty.com](http://www.stevedougherty.com)

## Pet Sitting

Welcome Waggin' Professional Pet Sitting. Jonathan and Janelle Welch. 703.819.0809, [jlw@welcomewaggin.com](mailto:jlw@welcomewaggin.com). Serving the Alexandria area since 2000.

## Deck and Fence

B&B Deck and Fence. Cliff James, Owner. 6412 May Boulevard. Quality work, 25 years experience. Telephone: 703.719.7015/703.627.9935, Fax: 703.922.3779.

## Quilts

Hand made quilts. Sally Dankers and her mother, Marjorie Parkyn, make quilts for sale. They are one of a kind and very beautiful. Call 703.971.8064 or e-mail [oraclemarjorie@aol.com](mailto:oraclemarjorie@aol.com).

## Speech-language therapy services

Speech Beginnings, PLC. A recently opened private practice in Rose Hill, Speech Beginnings, PLC offers speech-language screenings, evaluations, therapy and consultations. Services provided by a licensed and certified speech-language pathologist with over 19 years experience. Call 703.508.2272 or email [speechbeginnings@gmail.com](mailto:speechbeginnings@gmail.com).

## Wellness

We're changing the shape of America one pound at a time. Weight management, targeted nutrition, energy and fitness, personal care, business opportunity. Contact Joanne THompson, Independent Herbalife Distributor. [www.shape-up-usa.com](http://www.shape-up-usa.com), [www.wellness-usa-mall.com](http://www.wellness-usa-mall.com), [www.fortune-key.com](http://www.fortune-key.com).

## Firewood

Cool weather has arrived! Time for a warm fire in your fireplace. Firewood available in 3x3x1.5 ft. bundles, 2x4x8 ft. half chords, and 2x8x8 ft. chords. Will deliver in the 22310 zip code or you can pick up locally. Please request prices for delivery outside the 22310 area. Pricing is as follows: (pickup/delivered and dumped) bundle \$60/75, half chord \$125/140, full chord \$200/230. Please call 703.509.8286 for more information.



## Portraits by Odetta Dangerfield

I hand paint beautiful customized portraits of your loved ones, whether is of friends or the family pet! I work with a combination of watercolor, acrylic, and pastel to create your portrait, and I am able to edit photos and add any background you desire, as well as modify the format and size of your portrait to your liking! Portraits are a wonderful way of keeping our dearest memories close at hand!

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[www.vistaprint.com](http://www.vistaprint.com)

## Advertising in *The Rambler*

Listing in the Business Directory is free to Rose Hill residents who are members and own their business, but placing an actual advertisement is open to all with rates per month as follows:

- \* Business card: 3 1/2" x 2", \$10
- \* Quarter page: 3 1/2" x 4 3/4", \$25
- \* Half page: 7 1/2" x 4 3/4", \$50
- \* Full page: 7 1/2" x 9 3/4", \$100

Ads may be bought for either one month only, month-to-month, or as many months in advance as desired. Our newsletter is published 9 times a year, excluding July, August, and December.

Advertising in *The Rambler* is an excellent way to reach the 700+ homes in our community. In addition, the ads are placed on our website, [www.myRoseHill.com](http://www.myRoseHill.com), for the world to see.

Anyone interested in placing an ad may call me at 703.625.7046. Artwork can be sent to [richtdowney@gmail.com](mailto:richtdowney@gmail.com) in tiff or jpeg format or hardcopy mailed to P.O. Box 10891, Alexandria, VA 22310. Checks made out to RHCA should be included with ads and sent to the P.O. Box.

—Richard Downey