

Happening today, 2/1:

8:45 AM	Sunday School
10:00 AM	Worship Service <i>Sanctuary</i>
11:15 AM	Table 2 Table Potluck Fellowship Hall
11:15 AM	Youth Choir
11:45 AM	Children's Choir
11:45 AM	Reconciling Ministries Group <i>Room 219</i>
4:00 PM	Confirmation <i>Youth Arena</i>
5:00 PM	Youth Group <i>Youth Arena</i>

Happening this week, 2/2-2/8:

MON, 2/2	5:45 PM	Theology Pub <i>Village Pub</i>
	6:30 PM	Brass Rehearsal
TUE, 2/3	10:00 AM	Eve Circle <i>Parlor</i>
	10:00 AM	Ruth Circle <i>Library</i>
	1:00 PM	Wesley Singers
	2:00 PM	Dementia Partners AVL <i>Library</i>
	5:00 PM	Allies for Equity <i>Zoom</i>
WED, 2/4	10:00 AM	Anna Circle <i>Parlor</i>
	11:00 AM	Centering Prayer <i>Chapel</i>
	3:00 PM	Stephen Ministry <i>Discovery Classroom</i>
	5:30 PM	NT 101 <i>Room 219</i>
	5:30 PM	Handbell Choir
	6:00 PM	Dementia Partners AVL <i>Haw Creek</i>
	6:30 PM	Chancel Choir
	7:00 PM	Congregational Care Council <i>Zoom</i>
THU, 2/5	8:00 AM	Thursday Morning Prayer <i>Zoom</i>
	10:00 AM	Circle of Prayer <i>Zoom</i>
		Stewardship Committee <i>Conference Room</i>
FRI, 2/6	5:00 PM	First Friday Family Fellowship <i>Sky Lanes</i>
		Bowling
SUN, 2/8	8:45 AM	Sunday School
	9:00 AM	College Mailings <i>Conference Room</i>
	10:00 AM	Worship Service <i>Sanctuary</i>
	11:15 AM	Ad Board <i>Fellowship Hall</i>
	11AM-12:15PM	Family Life After Church Activities
	1:00 PM	Asheville Chamber Series <i>Sanctuary</i>
	4:00 PM	Youth Group Super Bowl Party <i>Youth Arena</i>

For more information about these activities, go to CentralUMC.org/Events.

Eco-Tip: Mindful Gratitude

As Christians, we practice gratitude for the gifts God has given us. One "new" practice is the **Mindful Raisin Meditation**, which invites us to slow down and be mindful of what we eat—and how we eat it. Even one raisin is a gift from God! Even small acts can remind us of God's abundant bounty. Practice this spirit of **mindfulness and gratitude** with each meal.



College Mailing | SUN, FEB 8

Our next mailing to our college students will take place on **Sunday, February 8**. If your college student had a change of address over the winter break, please let us know so we can update our mailing list. Send any changes to **Jan at jgriffin@CentralUMC.org**. Thanks

Ministry Staff

Rev. Dr. Mary Brown, Senior Pastor

MBrown@CentralUMC.org

Rev. Lisa Rettew, Minister of Congregational Care

LRetew@CentralUMC.org

Maggie Christy, Director of Children and Youth Discipleship

MChristy@CentralUMC.org

Corey Powell, Organist & Director of Music Ministries

CPowell@CentralUMC.org

Linda Haggard, Director of Choral Music

LHaggard@CentralUMC.org



10:00 AM

Sandra Wells, *Eve Circle*

WELCOME

CHIMES OF THE TRINITY

VOLUNTARY "When I Survey the Wondrous Cross" arr. Lowell Mason
Heather Cree, violin

Prayer cards and name tags are available in the attendance pad at the end of each pew. You can also find prayer cards in the pew rack in front of you.

CALL TO WORSHIP

Kim Everette, *Ruth Circle*

Leader: Our VISION is turning faith, hope, and love into action on behalf of women, children, and youth around the world.

Congregation: United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence, and impact local and global communities.

All United Women in Faith: To be a community of women whose purpose is to know God and to experience freedom as whole persons tough Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

*HYMN 660

"God Is Here"

ABBOT'S LEIGH

MINISTRY MOMENT

Judy Li, *Ruth Circle*

SCRIPTURE READING

1 John 3:16-18

Kate Henson, *Unnamed Women Circle*

SERMON

"Love in Action"

Kathy Leftwich, *UWF President*

OFFERTORY "Look All Around Us, Then Join the Glad Song" Hal Hopson
Women's Choir; Karen Crutchfield, piano;
Rhonda Freeman, *Martha Circle*, & Sheila Johnson, handbells

While the musicians make their musical offering, the ushers will pass plates for those who wish to offer a financial gift or prayer request. You may also use this QR code to make a financial gift. As you pass the plate—whether or not you give—we invite you to pause and reflect on what you hope to offer God this week.



*DOXOLOGY

Hymnal 94

"Praise God, From Whom All Blessings Flow"

Central.Communication.

Stories from Central: The Jot & Tittle Deadline

Have a story to share? A ministry highlight, reflection, photo, or upcoming event? The **submission deadline for the March/April 2026 edition** of Stories from Central: The Jot & Tittle is **February 20**. We'd love to hear how God is at work in and through our community! You can submit stories to **Michelle** at mhausler@CentralUMC.org or CentralUMC.org/Communications.

CONFESSON AND PARDON*Rev. Lisa Rettew, Martha Circle*
*Hymnal 12***SERVICE OF WORD AND TABLE***Rev. Dr. Mary Brown*
*Hymnal 13-16***COMMUNION MUSIC**

581 "Lord, Whose Love Through Humble Service"

593 "Here I Am, Lord"

413 "A Charge to Keep I Have"

431 "Let There Be Peace on Earth"

HYMN"Blest Be the Tie That Binds"**Joanna Beck***DENNIS****Blest be the tie that binds our hearts in Christian love;
the fellowship of kindred minds is like to that above.*****BENEDICTION***Kathy Leftwich, UWF President***CHIMES OF THE TRINITY****VOLUNTARY** "Prelude in B-flat Major"**J.S. Bach*****Please stand, if you are able.****A livestream of the worship service is available in the library for families. Nursery is available for children ages 0-5.****The flowers in the Chancel** this morning are in loving memory of Jack Williamson and are given by his family.**The white rose on the altar** today is placed in memory of

Suzy Carter who died January 23, 2026,

and Barbara Sain who died January 23, 2026

If you are interested in providing flowers for the Chancel, please contact Mary Margaret at marymargaretingle@gmail.com, especially for the weeks of March 29, April 12, and April 26.**Plainclothes law enforcement officers** are present during our services so that all may feel welcome, secure, and free to worship, fellowship, and experience God's grace freely. Our staff members are in direct communication with the officers should you feel the need to ask for assistance or voice a concern.**ANNOUNCEMENTS****Table 2 Table Potluck | SUN, FEB 1 | Fellowship Hall**Join us **after worship in the Fellowship Hall** for our **Table 2 Table Potluck**, where good food and good company come together! **All are welcome!**There is no cost, though donations are welcome to help offset the cost of the meal. Pull up a chair, share a meal, and connect across tables. We can't wait to gather with you! **Children's Ministry Winter Care Bags Mission Project | thru February 7**

Our children are leading a mission project to care for neighbors who may be unhoused or in need this winter. They will assemble Winter Care Bags, which families will take home to share with those they encounter.

Items Needed: *Foldable blankets, gloves, scarves, beanies, hand warmers, instant coffee, granola bars, dried fruit, toothbrushes, toothpaste, tissues, and travel-size lotion. Drop-off bins located outside the Chapel.* Thank you for helping our children put faith into action!**>Youth Group Super Bowl Party | SUN, FEB 8 | 6:00 PM – Halftime**

Join us for a fun night of football, food, and friends! We will meet in the Youth Arena on the 4th floor. Bring a friend and a snack to share as we cheer, laugh, and hang out together.

Valentine's Parents' Evening Out | FRI, FEB 13 | 4:30-7:30PM: Parents, enjoy a night out while we take care of the kids! Children **3rd grade and below** are invited to join us for a fun, safe, and love-filled evening of activities while parents enjoy a Valentine's break. Students in **4th and 5th grade** are invited to **assist**, and **youth and adults** are welcome to help make the evening special! This is a great opportunity for families to enjoy some time together—or parents enjoy a date night!  More details and sign-ups coming soon. Contact **Maggie** for questions.**Youth Lock-In | FRI-SAT, FEB 13-14 | 1:00 PM-9:00 AM**The winter lock-in is back! Come for games and dinner, stay for sleep deprivation and candy. It will be a night of fun for all! Contact **Maggie** for more details or to sign up.**UWF Corner****Ruth Circle | TUE, FEB 3 | 10:00 AM:** Please join members of the Ruth Circle on Tuesday, February 3, 2026, at 10:00am in the Library at Central UMC. At our meeting we will use the United Women in Faith program book, *Mapping Our Way Forward*, to help us set our Circle goals for 2026! Ruth Circle members will be collecting cans of hearty soup for ABCCM. We look forward to sharing the morning with you! Let's do this, let's be bold, let's be unstoppable. Together! For more information about Ruth Circle, please contact **Kim Everette** at kimeverette525@gmail.com**Eve Circle | TUE, FEB 3 | 10 AM:** Eve Circle will meet in the Parlor for the program **"Who Is Our Neighbor?"**, presented by **Sue Mather**. The program will focus on United Women in Faith mission institutes in North Carolina and how caring for our "neighbors" puts faith into action. All are welcome! For more information, contact **Donna Anderson** at danderson45@charter.net or **Sandra Wells** at sandracwells@gmail.com.**Anna Circle | WED, FEB 4 | 10:00 AM:** Anna Circle will meet on **Wednesday, February 1**, at 10:00 a.m. in the **Church Parlor**. The program will feature a discussion of the book *Having a Mary Heart in a Martha World*. Members of the Anna Circle will lead the discussion, and **all women of the church are warmly invited to attend**. We will also continue planning our meals for **Haywood Street Respite**.For more information, please contact **Glenda Fuhrmann** at glendafuhrmann@yahoo.com.**Martha Circle | TUE, FEB 10 | 6:30 PM:** Martha Circle will meet in Central's Library. All are welcome to visit and attend! At the February 10 meeting, we will explore "Mapping Our Way Forward in Times of Change and Uncertainty" (the UWF Program Book for 2026), review the 2026 Daily Prayer Guide, and participate in a Service of Call to Prayer and Self-Denial. This year's theme is "The Future Is Now: Invest in Our Children." We will also collect non-perishable food items for ABCCM's Crisis Ministry. Questions? Please contact **Kathy Leftwich** at kathleencleftwich@gmail.com. We look forward to seeing you on Tuesday, February 10, at 6:30 PM.**United Women in Faith Monthly Meeting and Contact Information:****Anna Circle:** Meets the first Wednesday of each month, 10:00 AM, Central UMC Parlor. Contact & info: Glenda Fuhrmann at glendafuhrmann@yahoo.com.**Deborah Circle:** Meets the second Tuesday of each month, 10:00 AM in a member's home. Contact & info: Susan Snell at ssnell123@bellsouth.net.**Eve Circle:** Meets the first Tuesday of each month, 10:00 AM, Central UMC Parlor. Contact & info: Donna Anderson at danderson45@charter.net or Sandra Wells sandracwells@gmail.com.**Martha Circle:** Meets the second Tuesday of each month, 6:30 PM, Central UMC Library or at a member's home. Contact & info: Kathy Leftwich kathleencleftwich@gmail.com.**Ruth Circle:** Meets the first Tuesday of each month, 10:00 AM, Central UMC Library. Contact & info: Kim Everette at kimeverette525@gmail.com.**Unnamed Women Circle:** Meets the second Wednesday of each month, 6:00 PM, at a local restaurant. Contact & info: Sarah Hope Caraway sarahstrickland92@gmail.com.**Central.Congregational Care. News**Central's **Circle of Prayer** meets Thursday mornings, both in person and on Zoom. This caring ministry holds prayer concerns and joys in confidence and offers ongoing follow-up and support.

If you feel called to care for others through prayer, please contact Pastor Lisa to join this dedicated group. If you are in need of prayer, you may submit a request through the Prayer Request link on Central's website or by filling out a pew card. You are important to us.

**Well-Being Community Resource List:** Looking for a trusted, well-vetted community resource? Visit Central's website and explore our Well-Being Community Resource List at CentralUMC.org/Well-Being. You'll find brief descriptions and contact information for community agencies organized into 12 categories, making it easy to find the support you need.**Central.Giving.**Financial Update through **12/31/2025**, including "year-end" gifts:

- Year to Date Tithes & Offerings: \$ 1,721,596.87
- Total Annual Budget: \$1,550,000.00