

Happening today, 2/8:

8:45 AM	Sunday School
9:00 AM	College Mailing   Conference Room
10:00 AM	Worship Service   Sanctuary
11:15 AM	New-ish to Central   Library
11AM-12:15PM	Family Life After Church Activities
4:00 PM	Asheville Chamber Series   Sanctuary
5:00 PM	Confirmation   Youth Arena
6:00 PM	Youth Group Super Bowl Party   Youth Arena

Happening this week, 2/9-2/15:

MON, 2/9	12:00 PM	Lunch w/ Ben Williams, Methodist Home for Children
	1:30PM	SPRC   Conference Room
	5:45 PM	Theology Pub   Village Pub
	6:30 PM	Brass Rehearsal
TUE, 2/10	10:00 AM	Deborah Circle   Parlor
	1:00 PM	Wesley Singers
	2:00 PM	Dementia Partners AVL   Library
	5:30 PM	Nominations Meeting   Conference Room
	6:30 PM	Martha Circle   Library
WED, 2/11	11:00 AM	Centering Prayer   Chapel
	3:00 PM	Stephen Ministry   Discovery Classroom
	5:30 PM	NT 101   Room 219
	5:30 PM	Handbell Choir
	6:00 PM	Unnamed Women Circle   Local Restaurant
THU, 2/12	8:00 AM	Thursday Morning Prayer   Zoom
	10:00 AM	Circle of Prayer   Zoom
FRI, 2/13	1:00 PM	Youth Lock-In Begins
	4:30 PM	Parents' Evening Out: Valentine's Day Edition
SAT, 2/14	9:00 AM	Youth Lock-In Ends
SUN, 2/15	8:45 AM	Sunday School
	10:00 AM	Worship Service   Sanctuary
	11:15 AM	Ad Board   Fellowship Hall
	11:15 AM	Family Life After Church Activities
	5:00 PM	Youth Group   Youth Arena

For more information about these activities, go to [CentralUMC.org/Events](https://CentralUMC.org/Events).

Administrative Board Meeting | SUN, FEB 15 | 11:15 AM

There will be an Administrative Board Meeting in the Fellowship Hall after worship on Sunday, February 15. All members of the church are welcome and encouraged to attend.

Eco-Tip: Energy-Smart Cooking

Which appliances in your kitchen use the **most—or least—energy** to prepare food?

- A large electric oven averages **3,000 watts (3 kWh) per hour**
- A convection oven uses about **2,000 watts (2 kWh) per hour**
- A microwave oven uses only **300 watts per hour**

When you have choices in food preparation, consider the energy required. Small shifts can make a big difference! Energy saved means more energy for others—and fewer resources needed for transmission and generation. Every mindful choice helps care for creation.

Ministry Staff

Rev. Dr. Mary Brown, Senior Pastor  
[MBrown@CentralUMC.org](mailto:MBrown@CentralUMC.org)  
Rev. Lisa Rettew, Minister of Congregational Care  
[LRettew@CentralUMC.org](mailto:LRettew@CentralUMC.org)  
Maggie Christy, Director of Children and Youth Discipleship  
[MChristy@CentralUMC.org](mailto:MChristy@CentralUMC.org)  
Corey Powell, Organist & Director of Music Ministries  
[CPowell@CentralUMC.org](mailto:CPowell@CentralUMC.org)  
Linda Haggard, Director of Choral Music  
[LHaggard@CentralUMC.org](mailto:LHaggard@CentralUMC.org)

Sermon Discussion Questions

Continue to reflect on today's message by journaling or discussing the following questions:

- Imagine if the team who won the Superbowl was the one who showed weakness. What would that look like on the football field? Could an attitude of weakness, fear, and trembling ever lead to a victory in football?
- How does the opposite of weakness – strength, arrogance and overconfidence – prevent someone from experiencing the power of God? How does it prevent you from experiencing God?
- How could accepting your own weaknesses improve your relationship with God?

Daily Suggested Scripture Readings

Continue to reflect on the theme of humility before God with these daily readings:

- Monday: Psalm 105:1-11
- Tuesday: Colossians 2:6-15
- Wednesday: John 21:15-25
- Thursday: Luke 5:12-16
- Friday: 1 Thessalonians 5:12-28
- Saturday: Acts 2:42-47

Next week in worship...

It's Scouting Sunday! We'll be honored to have our Scouts – past and present – participate in this special service. Troop 4 will be leading the way but active Scouts from other troops are encouraged to contact Pastor Mary ([mbrown@centralumc.org](mailto:mbrown@centralumc.org)) for a role. Join us and bring a friend as the Scouts inspire all of us to their values of Trustworthiness, Loyalty, Helpfulness, Friendliness, Courtesy, Kindness, Obedience, Cheerfulness, Thriftiness, Bravery, Cleanliness, and Reverence.

Central.Communication.

Stories from Central: The Jot & Tittle Deadline

Have a story to share? A ministry highlight, reflection, photo, or upcoming event? The **submission deadline for the March/April 2026 edition** of Stories from Central: The Jot & Tittle is **February 20**. We'd love to hear how God is at work in and through our community! You can submit stories to **Michelle** at [mhausler@CentralUMC.org](mailto:mhausler@CentralUMC.org) or [CentralUMC.org/Communications](https://CentralUMC.org/Communications).



Fifth Sunday after Epiphany  
February 8, 2026  
10:00 AM

WELCOME Sandra Wells

CHIMES OF THE TRINITY

VOLUNTARY "Canzona" Domenico Zipoli  
*Prayer cards and name tags are available in the attendance pad at the end of each pew. You can also find prayer cards in the pew rack in front of you.*

CALL TO WORSHIP Kim Everette  
*Based on Philippians 2:5-11*

We are a community for Christ – Christ, who did not use equality with God to his own advantage. **Instead, he made himself nothing by becoming human and taking on a servant's role.** He humbled himself by becoming obedient to death – death on a cross! **Then God exalted him to the highest place and gave him the name that is above every name.** We are a community following this Christ: following his path of humility in self and exaltation in God. **Jesus Christ is Lord, to the glory of God the Father!**

\*HYMN 103 "Immortal, Invisible, God Only Wise" ST. DENIO

SACRAMENT OF BAPTISM Hymnal 39  
Elizabeth Rose "Shev" Doliner, daughter of Link and Joe Doliner

PRAYER Alexandra Holland  
Ending with the Lord's Prayer: *Hymnal 895*

MISSION MOMENT: Judy Li  
*United Women in Faith*

OFFERTORY "Come, Christians, Join to Sing" arr. Gordon Young  
Chancel Choir

*While the Choir makes their musical offering, the ushers will pass plates for those who wish to offer a financial gift or prayer request. You may also use this QR code to make a financial gift. As you pass the plate—whether or not you give—we invite you to pause and reflect on what you hope to offer God this week.*



\*DOXOLOGY "Praise God, From Whom All Blessings Flow" Hymnal 94

SCRIPTURE READING 1 Corinthians 2:1-12 Ford Daniels

CHILDREN’S TIME Maggie Christy & Women of the Unnamed Women Circle

After Children’s Time, children in kindergarten–5th grade are invited to continue worship in Children’s Church in the Chapel. Children ages 5 and under may go to the nursery (Room 309, across from the church offices) with our childcare staff. For safety, all children must wear a name tag. Name tags are available near the Library.

SERMON Rev. Dr. Mary Brown “Weakness and Power”

MISSION MOMENT: Rev. Jim Kuse Social Principles Class

\*HYMN 163 “Ask Ye What Great Thing I Know” HENDON

\*BENEDICTION Rev. Dr. Mary Brown

CHIMES OF THE TRINITY

VOLUNTARY “Prelude in B-flat Major” J.S. Bach

\*Please stand, if you are able.

A livestream of the worship service is available in the library for families. Nursery is available for children ages 0-5.


The flowers in the Chancel this morning are given in loving memory of Jackson Ty Caviness by his grandmother, Brenda McGuire, his mother, Sally M. Myers, and his great aunt and uncle, Jean and Joe McGuire.

The white rose on the altar today is placed in memory of Suzy Carter who died January 23, 2026, Barbara Sain who died January 23, 2026, and Todd Sluder who died on February 4, 2026.

If you are interested in providing flowers for the Chancel, please contact Mary Margaret at [marymargaretingle@gmail.com](mailto:marymargaretingle@gmail.com), especially for the weeks of March 29, April 12, and April 26.

Plainclothes law enforcement officers are present during our services so that all may feel welcome, secure, and free to worship, fellowship, and experience God’s grace freely. Our staff members are in direct communication with the officers should you feel the need to ask for assistance or voice a concern.

ANNOUNCEMENTS

 Youth Group Super Bowl Party | TONIGHT | 6:00 PM – Halftime

Join us for a fun night of football, food, and friends! We will meet in the Youth Arena on the 4th floor. Bring a friend and a snack to share as we cheer, laugh, and hang out together. Contact Maggie at [mchristy@CentralUMC.org](mailto:mchristy@CentralUMC.org) for more info.

IgniteUS Youth Spring Retreat | LAST DAY TO REGISTER: TODAY (FEB 8)! Grades 6–12 | March 20–22, 2026 | YMCA Camp Hanes

IgniteUS is a youth-planned, youth-led spiritual retreat featuring creative worship, music, small groups, and fun, designed to ignite faith and passion for serving in the church.

\$ Cost: \$155 (scholarships available)

👉 Register: [CentralUMC.org/EVENTS](https://CentralUMC.org/EVENTS) or scan the QR code


📧 Questions? Contact Maggie at [mchristy@CentralUMC.org](mailto:mchristy@CentralUMC.org)

Children’s Ministry Winter Care Bags Mission Project: Our children are leading a mission project to care for neighbors who may be unhoused or in need this winter. They will assemble Winter Care Bags, which families will take home to share with those they encounter.


Items Needed: Foldable blankets, gloves, scarves, beanies, hand warmers, instant coffee, granola bars, dried fruit, toothbrushes, toothpaste, tissues, and travel-size lotion. Drop-off bins located outside the Chapel. Thank you for helping our children put faith into action!

💖 Valentine's Parents' Evening Out | FRI, FEB 13 | 4:30-7:30PM: Parents, enjoy a night out while we take care of the kids! Children 3rd grade and below are invited to join us for a fun, safe, and love-filled evening of activities while parents enjoy a Valentine’s break. Students in 4th and 5th grade are invited to assist, and youth and adults are welcome to help make the evening special! This is a great opportunity for families to enjoy some time together—or parents enjoy a date night! To sign up go to [CentralUMC.org/EVENTS](https://CentralUMC.org/EVENTS) or scan the QR Code. Contact Maggie at [mchristy@CentralUMC.org](mailto:mchristy@CentralUMC.org) for questions.

Youth Lock-In | FRI-SAT, FEB 13-14 | 1:00 PM-9:00 AM: The winter lock-in is back! Come for games and dinner, stay for sleep deprivation and candy. It will be a night of fun for all! To sign up go to [CentralUMC.org/EVENTS](https://CentralUMC.org/EVENTS) or scan the QR Code. Contact Maggie at [mchristy@CentralUMC.org](mailto:mchristy@CentralUMC.org) for more details.

 Creation Care Opportunity | MON, FEB 16 | 9:00 AM–1:00 PM


Join an interfaith stream bank restoration along the Swannanoa River at the John B. Lewis Soccer Fields. Volunteers will help restore the river through native planting following Hurricane Helene. Registration required. Learn more and sign up online: [bit.ly/Swannanoa-River](https://bit.ly/Swannanoa-River).

 Hard2Recycle | SAT, FEB 21 | 10:00 AM-2:00 PM: Asheville GreenWorks will host its next Hard2Recycle event on at Enka High School. This is a great opportunity to responsibly recycle hard-to-recycle items such as Styrofoam, shredded paper, and small electronics. A second Hard2Recycle event is also scheduled for May 9 at A.C. Reynolds HS. For a full list of accepted items and details, visit [ashevillegreenworks.org/hard2recycle](https://ashevillegreenworks.org/hard2recycle).

Central.Giving.

Financial Update through 01/31/2025:

- Year to Date Tithes & Offerings: \$ 162,256.00
- Total Annual Budget: \$1,550,000.00

 United Women in Faith

# UWF Corner

Martha Circle | TUE, FEB 10 | 6:30 PM: Martha Circle will meet in Central’s Library. All are welcome to visit and attend! At the February 10 meeting, we will explore “Mapping Our Way Forward in Times of Change and Uncertainty” (the UWF Program Book for 2026), review the 2026 Daily Prayer Guide, and participate in a Service of Call to Prayer and Self-Denial. This year’s theme is “The Future Is Now: Invest in Our Children.” We will also collect non-perishable food items for ABCCM’s Crisis Ministry. Questions? Please contact Kathy Leftwich at [kathleencleftwich@gmail.com](mailto:kathleencleftwich@gmail.com). We look forward to seeing you on Tuesday, February 10, at 6:30 PM.

United Women in Faith Monthly Meeting and Contact Information:

Anna Circle: Meets the first Wednesday of each month, 10:00 AM, Central UMC Parlor. Contact & info: Glenda Fuhrmann at [glendafuhrmann@yahoo.com](mailto:glendafuhrmann@yahoo.com).

Deborah Circle: Meets the second Tuesday of each month, 10:00 AM in a member’s home. Contact & info: Susan Snell at [ssnell123@bellsouth.net](mailto:ssnell123@bellsouth.net).

Eve Circle: Meets the first Tuesday of each month, 10:00 AM, Central UMC Parlor. Contact & info: Donna Anderson at [danderson45@charter.net](mailto:danderson45@charter.net) or Sandra Wells [sandracwells@gmail.com](mailto:sandracwells@gmail.com).

Martha Circle: Meets the second Tuesday of each month, 6:30 PM, Central UMC Library or at a member’s home. Contact & info: Kathy Leftwich [kathleencleftwich@gmail.com](mailto:kathleencleftwich@gmail.com).


Ruth Circle: Meets the first Tuesday of each month, 10:00 AM, Central UMC Library. Contact & info: Kim Everette at [kimeverette525@gmail.com](mailto:kimeverette525@gmail.com).

Unnamed Women Circle: Meets the second Wednesday of each month, 6:00 PM, at a local restaurant. Contact & info: Sarah Hope Caraway [sarahstrickland92@gmail.com](mailto:sarahstrickland92@gmail.com).

## Central.Congregational Care.

 Bereavement Care Ministry

During times of a family death, “arrangements” can be daunting. If a reception following the funeral at our church is needed, please consider letting our Bereavement Care Ministry help you by contacting Pastor Mary.

 Homebound Care Ministry

Whether you are at home but not able to get out and about, or are in a care facility, we want to visit with you! Pastor Lisa can make these arrangements through our Homebound Care Ministry.