

For the Week of February 8, 2026

“Anchor For The Soul”

✿ Hebrews 6:13-20

¹³When God made his promise to Abraham, since there was no-one greater for him to swear by, he swore by himself, ¹⁴saying, “I will surely bless you and give you many descendants.” ¹⁵And so after waiting patiently, Abraham received what was promised.

¹⁶Men swear by someone greater than themselves, and the oath confirms what is said and puts an end to all argument. ¹⁷Because God wanted to make the unchanging nature of his purpose very clear to the heirs of what was promised, he confirmed it with an oath. ¹⁸God did this so that, by two unchangeable things in which it is impossible for God to lie, we who have led to take hold of the hope offered to us may be greatly encouraged. ¹⁹We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, ²⁰where Jesus, who went before us, has entered on our behalf. He has become a high priest forever, in the order of Melchizedek.

Write down 5 significant observations. Raise 2 significant questions and try to answer them.

Observations	Interpretation (Questions)	Applications

✿ Opening Questions:

- In the middle of a busy or chaotic week, what is one small thing (a habit, a verse, or a routine) that helps you feel 'anchored' or steady?
- How does God's promise differ from human promises?

✿ The Living Word: Please read our text for this week.

- Highlight words or phrases that stand out to you.
- Please narrate using your own words.

The Flow:

1. How does our text (6:13-20) naturally flow from the warning in 6:4-12? Why is assurance and hope necessary after such a warning?

Verses 13-15:

2. Why do you think the Hebrew writer points to Abraham as an example of those mentioned in verse 12? What promises were made to Abraham (Gen. 12:1-3; 15; 22)?
3. Why is it significant that God “swore by Himself”? What does this tell us about God's character, authority, and intention?
4. How did God's oath impact Abraham?

Verses 16-18:

5. Why do people swear oaths? How does God's oath help us in our weakness (17)?
6. Who are the “heirs of the promise” in this passage?
7. What are the two unchangeable things in verse 18, and how do they provide a refuge for us? How does this echo the Old Testament image of cities of refuge?

Verses 19-20:

8. According to verses 19-20, how is Jesus our hope and refuge? Why do you think the author uses the image of an anchor to describe our hope?
9. What does it mean that hope enters behind the curtain and that Jesus is our forerunner? How does Jesus' priesthood strengthen hope for us? How is biblical hope different from optimism?

✿ Living the Word/Application:

- Where are you most tempted to look for stability and hope apart from Christ?
- What does patient faith look like in your current season?