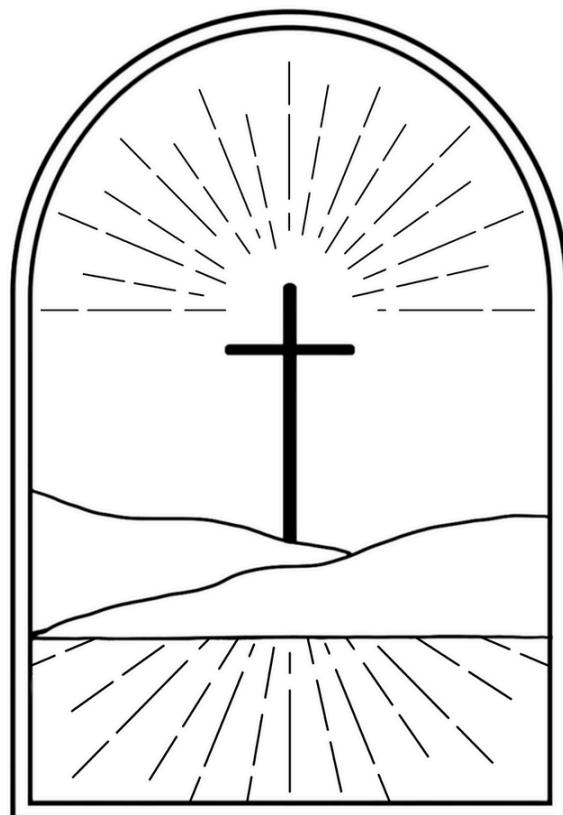


Intentional Discipleship

Follow the Leader - Sharing

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Glendale
CHRISTIAN CHURCH

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Introduction to Intentional Relational Discipleship

The Power of Intentional Discipleship

1-on-1 discipleship is one of the most effective ways to foster deep spiritual growth. It creates space for honest conversation, personalized encouragement, and accountability that is often hard to achieve in larger groups. In this setting, believers can walk closely with one another—much like Jesus did with His disciples—learning, growing, and sharpening each other through authentic relationship.

The Importance of Praying for One Another

Prayer is a vital expression of love and spiritual support within the body of Christ. When we pray for one another, we carry each other's burdens, intercede for God's help and guidance, and strengthen our unity. James 5:16 calls us to “pray for each other so that you may be healed.” In doing so, we not only bless others but also deepen our own dependence on God.

The Value of Weekly Consistency

Consistency builds trust and fosters lasting transformation. Weekly discipleship rhythms create a steady structure where Scripture, prayer, and spiritual growth become a natural part of life—not just occasional check-ins. Over time, these small, faithful moments add up to significant spiritual maturity.

The Necessity of Transparency

True discipleship cannot happen without honesty. When we're transparent about our struggles, doubts, and sins, we open the door to healing and grace. Transparency invites accountability, fosters genuine connection, and allows God's truth to penetrate the areas we often keep hidden. As Scripture reminds us, "The truth will set you free" (John 8:32).

Weekly Discipleship Structure

T.A.G. approach (Topic, Association, Guidance). Every week this will be our format, but the order will be **A.T.G.** If you do not have a discipleship partner, each week I'll have “20 Questions” for you to answer and reflect on with some scriptures and assisted prayers. But the goal is to find a partner.

A- Association: is the intentional investment of time, presence, and relationship between a disciple-maker and a disciple. It's walking through life together—modeling Christlikeness not just in words, but through lived example. It reflects how Jesus invited His disciples to *be with Him* (Mark 3:14) before sending them out.

T- Topic/Teaching: is the biblical truth or spiritual principle being explored in each discipleship conversation. It provides the foundation for learning, discussion, and life application. This component ensures that discipleship is rooted in Scripture—not just personal opinion or experience—and that spiritual growth is anchored in truth.

G- Guidance: is the relational and spiritual mentorship that offers wisdom, correction, encouragement, and accountability as a disciple learns to follow Jesus more faithfully. It's where biblical knowledge (Topic/Teaching) and shared life experiences (Association) are shaped into personal growth and obedience through ongoing care and direction.

1-on-1 Intentional Discipleship Discussion

Sharing

To explore how “sharing” (evangelism, encouragement, testimony, and confession) is a key practice in the Christian life—not just of material things, but of the Gospel, our faith stories, words of encouragement, and even our personal struggles—so we may build up the body and point others to Christ.

Association:

Share how your week went. Share prayer requests and spend a few moments in prayer together. Invite the Holy Spirit to lead your conversations, soften your hearts, and provide clarity as you begin this journey.

- Can you remember a time someone’s testimony or encouragement made a big difference in your life?
- Have you ever had a moment where sharing your story impacted someone else’s faith?
- What fears or hesitations come up when thinking about evangelism or confession?
- How have you seen the church (or your small group) grow through honest sharing?
- When was a time you felt spiritually refreshed by someone sharing openly with you?

Topic/Teaching:

- Read **1 Thessalonians 1:4-2:16** together
- Read **James 5:16** together
- What does it mean to “share Christ” in your everyday life?
- How does the Bible connect encouragement and testimony to spiritual growth?
- Why is confession a powerful and necessary form of sharing in Christian community?
- What role does vulnerability play in these types of sharing?
- Which of these (evangelism, encouragement, testimony, confession) do you most naturally practice—and which do you avoid?

Guidance:

- What’s one way you can practice sharing your faith story this week—with a believer or non-believer?
- Who in your life could use a word of encouragement or truth today?
- Is there something you need to confess or bring into the light, either to God or to a trusted Christian friend?
- What’s holding you back from being more open about your walk with Christ?
- How can we keep each other accountable to live lives of open, honest, Christ-centered sharing?

Close in prayer, asking God to plant His Word deep in your hearts and to give you the courage to apply it to your life.

20 Questions Personal Study & Application

Sharing (evangelism, encouragement, testimony, confession)

This week I'll have Scripture to help guide you through each question. Take several days to answer if needed.

1. **Who in my life is God prompting me to share the Gospel with this week?**
Romans 10:14
2. **Do I truly believe the Gospel is good news worth sharing? Why or why not?**
Mark 16:15
3. **What fears hold me back from sharing my faith?**
2 Timothy 1:7
4. **Am I living in a way that reflects Christ to those who don't know Him?**
Matthew 5:16
5. **When was the last time I shared the hope I have in Jesus? What happened?**
1 Peter 3:15
6. **Who needs encouragement in my life right now—and how can I build them up today?**
Hebrews 10:24–25
7. **Do my words speak life and truth into others, or do I hold back when I should speak?**
Proverbs 18:21
8. **What Scripture can I share today to uplift someone going through a hard time?**
Isaiah 50:4
9. **How can I be intentional about encouraging my church family this week?**
1 Thessalonians 5:11
10. **Am I aware of the burdens others are carrying—and how can I help carry them?**
Galatians 6:2
11. **When was the last time I reflected on what God has done in my life?**
Psalm 66:16
12. **How has God changed my life—and how can I share that clearly with others?**
2 Corinthians 5:17
13. **Do I see my testimony as powerful and valuable, no matter how “ordinary” it feels?**
Revelation 12:11
14. **Have I written out or practiced sharing my testimony with someone who needs hope?**
Psalm 107:2
15. **What part of my story can speak to someone who is struggling right now?**
2 Corinthians 1:3–4
16. **Is there a sin I've been hiding that needs to be brought into the light?**
1 John 1:9
17. **Do I have a trusted person I can confess to and pray with for healing?**
James 5:16
18. **Am I honest with God about my struggles, or do I pretend everything is fine?**
Psalm 32:5
19. **What freedom might come if I stopped hiding and started confessing?**
Proverbs 28:13
20. **How can sharing my struggles create space for deeper community and grace?**
Galatians 6:1

Challenge: Who is one person you could walk alongside into an intentional discipleship relationship with?
If you need help finding someone, contact Joe: 417-224-6064 or joe@glendalechristian.org

Additional Resources

Right Now Media

If you haven't downloaded RightNow Media yet, make sure you check it out! Click [this link](#) (<https://api.fluro.io/correspondence/681e187747a949003659fbae/clickthrough/https://app.rightnowmedia.org/en/join/glendale>) to create your free account and start browsing more than 20,000 videos! With this app, you can listen to audiobooks, podcasts, and Bible studies by yourself, or stay connected and participate with a friend or family. Parents, make sure you check out the kids section for biblical shows, music, and studies for kids of all ages! This resource is a 100% free gift from the church. Take advantage and check it out!

Follow the Leader | Reading, Reflecting, & Responding to Scripture: "Scripture Practice" - John Mark Comer
<https://app.rightnowmedia.org/en/content/details/900373>

Follow the Leader | Prayer & Fasting: "Prayer Practice" & "Fasting Practice" - John Mark Comer
<https://app.rightnowmedia.org/en/content/details/836788> | <https://app.rightnowmedia.org/en/content/details/836794>

Follow the Leader | Giving: "Generosity Practice" - John Mark Comer
<https://app.rightnowmedia.org/en/content/details/893650>

Follow the Leader | Fellowship: "Community Practice" - John Mark Comer
<https://app.rightnowmedia.org/en/content/details/900374>

Follow the Leader | Solitude: "Solitude Practice" - John Mark Comer
<https://app.rightnowmedia.org/en/content/details/836801>

Follow the Leader | Service: "How to Motivate to Serve" - Anne Cody
<https://app.rightnowmedia.org/en/interactive-content/529165/details>

Follow the Leader | Sharing: "Spiritual Conversations in the Digital Age" - Jason Broge
<https://app.rightnowmedia.org/en/content/details/462790>