



WEEKLY

# DIGITAL BULLETIN

SECOND MISSIONARY BAPTIST CHURCH

WEEK OF: FEBRUARY 1, 2026

HONORING OUR LEGACY | BLACK HISTORY IS AMERICAN HISTORY

**FEBRUARY 15**

**Go Red Sunday**

*WEAR RED FOR HEART HEALTH AWARENESS*



**HISTORY MONTH**  
AT SECOND MISSIONARY BAPTIST CHURCH

**FEBRUARY 21**

**Black History Program**

*AFRICAN ATTIRE OPTIONAL*

**FEBRUARY 22**

**Missionary Union Sunday**

*52<sup>ND</sup> ANNUAL*

DR. ERNEST L. REID JR., PASTOR

2305 E 3rd St, Chattanooga, TN | (423) 624-9097 | [www.mysmbchurch.org](http://www.mysmbchurch.org)



@2ndMBChurch



Second Missionary Baptist Church

## ANNOUNCEMENTS

- Due to inclement weather, in-person services were canceled. See service schedule changes below:
  - Join us on **Wednesday, February 4th at 6:30 p.m. for Worship Service!** In lieu of our normal Bible Study, Pastor Reid will complete his Sermon Series, "The Power of Benediction," with the message entitled, "God is Able." No need to pull out your 'Sunday's Best.' Come as you are for this exciting, faith-strengthening, and life-changing Word!
  - On **Sunday, February 8th**, we will have Holy Communion, Right Hand of Fellowship for our newest members, and the retirement celebration for Sis. Mary Quarles. Hope to see you there!
- Upcoming Ministry Meetings:
  - Archives Ministry: Sunday, February 15th, Immediately after service, Multipurpose Room

## ANNOUNCEMENTS (cont'd)

- Reminder: Our pictorial directory photo sessions start this week: Thursday - Saturday, February 5 - 7.
  - If you did not receive an email from Universal Church Directory with your appointment time, contact Lynette Bradley 423-364-5603 or email [directory@mysmbchurch.org](mailto:directory@mysmbchurch.org).
  - Please arrive at the Multipurpose Room 15 minutes early, dressed in your Sunday best, with solid colors preferred.
  - Photos will be previewed on site. Your free 8x10 will be mailed to you.
  - Additional photos may be ordered (optional), payable by a credit card or check. Packages range from \$25 and up.
  - Members who are remote may submit a non-returnable headshot photo.
  - Members who wish to be listed in the roster without a photo, may submit their contact information.
  - All personally submitted info is due by Sunday, February 15
    - Mail or drop by the church, or email [directory@mysmbchurch.org](mailto:directory@mysmbchurch.org)
    - No directory is included with personal submissions

We look forward to seeing you this week and next, February 13-14. We are excited for our 2026 SMBC Church Directory. Thank you for participating!
- If you are interested in serving as a host during the photo shoots, join the Church Directory Team by calling 423-364-5603 or emailing [directory@mysmbchurch.org](mailto:directory@mysmbchurch.org).

# Counting Down!

Coming February 2026...

# Church Membership Directory

*Plan now to be a part of this important resource for staying connected and recognizing your fellow members!*

## ADDITIONAL PHOTO SESSION OPTIONS

**Friday & Saturday, February 13 & 14, 2026**

Friday Appointments: 2:00 P.M. – 8:30 P.M.

Saturday Appointments: 10:30 A.M. – 5:00 P.M.

FOR QUESTIONS CONTACT THE CHURCH OFFICE OR EMAIL [directory@mysmbchurch.org](mailto:directory@mysmbchurch.org)

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SECOND MISSIONARY BAPTIST CHURCH  
Dr. Ernest L. Reid Jr., Pastor



**CLICK HERE**

CHURCH CODE: tn219  
PASSWORD: photos



Scan the QR Code or click the link to schedule your session!





# SHARING THE GOOD NEWS

## SESSION 1

**An Everyday Evangelist**  
Matthew 28:16-20

## SESSION 2

**Loving People Well**  
John 13:31-38

## SESSION 3

**Everything for His Glory**  
Colossians 3:12-17

## SESSION 4

**Know the Truth**  
John 3:16-18

**JOIN US! WEDNESDAYS AT 6:30 P.M.**

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# The Power of THE BENEDICTION

**1 Totally Blessed**  
NUMBERS 6:22-27

**2 Bigger Than You Think**  
EPHESIANS 3:20-21

**3 Made For This**  
HEBREWS 13:20-21

**4 God is Able**  
JUDE 1:24-25

*Sundays at 10:45 am*

*Pastor*  
**REID**



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# Grief Share®

AT SECOND MISSIONARY BAPTIST CHURCH



## What is Grief Share®?

Grief Share is a Christ-centered, emotional, and practical support group that provides hope and healing after the loss of a loved one.

## Grief Share® Group Meeting Dates

**March 2 – May 26**

**Mondays 5:30 PM – 7:00 PM**

**SMBC Fellowship Hall**

*During the 13-week grief recovery support group you will:*

- Hear insights from trained grief recovery facilitators
- Meet others who have experienced loss and understand what you are going through
- Learn practical tips for navigating your grief
- Discover the 6 signs of healing

## Register Online

Click Here or scan the QR code



## Questions?

Email [support@mysmbchurch.org](mailto:support@mysmbchurch.org) or Call the Church Office

DR. ERNEST L. REID JR., PASTOR 2305 E 3rd St, Chattanooga, TN (423) 624-9097

Heart disease refers to several types of heart conditions. Heart disease may be silent and not caught or diagnosed until a person experiences symptoms of a heart attack, heart failure, or abnormal heart rhythm. **See your primary care doctor for regular check ups.** Types of heart disease include:

<b>Arrhythmia</b> Irregular heart rhythm (heartbeat)	<b>Atherosclerosis</b> Hardening of the arteries, that causes the arteries to narrow	<b>Cardiomyopathy</b> Condition that causes the heart's muscles to grow weak	<b>Congenital Heart Defects</b> Heart abnormalities that are present at birth	<b>Heart Infections</b> Infections that can be caused by viruses, bacteria, or parasites.
<b>Coronary Artery Disease (CAD)</b> Narrowing or blockage of the arteries normally caused by atherosclerosis (buildup of cholesterol and fat deposits inside the arteries that cause the arteries to harden). <b>CAD is the most common type of heart disease in the U.S.</b>				

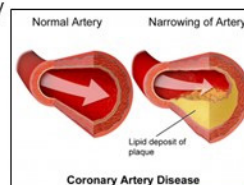
### QUICK FACTS

- ✓ Heart disease is the leading cause of death for men and women in the U.S.
- ✓ High blood pressure increases your risk of heart disease. It often causes permanent heart damage before you even notice symptoms. **The prevalence of hypertension in Black people in the U.S. is amongst the highest in the world.**
- ✓ Those age 65 and older are more likely to develop heart disease.

### HEART DISEASE RISKS

The following can put you at a higher risk of heart disease.

- High blood pressure
- High cholesterol
- Smoking
- Diabetes
- Overweight and obesity
- Unhealthy diet
- Physical inactivity
- Excessive alcohol intake
- Family history
- Ethnicity
- Sex and age



FEBRUARY

# HEART DISEASE

SECOND MISSIONARY BAPTIST CHURCH | Monthly Health Topic

SOURCES: <https://www.cdc.gov>; <https://www.healthline.com>; <https://www.nia.nih.gov/health/heart-health-and-aging>



# HONORING OUR HERITAGE

## A LEGACY OF STRENGTH

CELEBRATING 100 YEARS



**FEBRUARY 21, 2026 12:00 P.M.**

**AT SMBC** AFRICAN ATTIRE OPTIONAL  
LIGHT REFRESHMENTS

> AN AFTERNOON OF MUSIC, DANCE, & HISTORY

**JOIN THE MASS CHOIR!**  
**REHEARSAL DATES**

**JANUARY 31<sup>ST</sup>**

**FEBRUARY 7<sup>TH</sup>**

**FEBRUARY 14<sup>TH</sup>**

**12 NOON AT SMBC**



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## 52<sup>nd</sup> Annual

# MISSIONARY UNION DAY

*This is my mission, this is my prayer, Helping the needy, everywhere...*

## February 22 2026

## 10:45 A.M.

SECOND MISSIONARY BAPTIST CHURCH

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with  
Pastor Reid

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# ROOTED

*NEW CLASSES BEGIN IN  
MARCH!*

- Small Groups of 10-15 people
- 10 Weeks of Weekly Group Discussions (1 ½ - 2 hours long)
- 7 Rhythms of Discipleship
- 5 Daily Devotions per week
- 3 Large Gatherings (Kick Off, Generosity, Celebration)
- 3 Rooted Group Experiences



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## MISSION

The mission of SMBC is to make disciples of Christ from our doorsteps to the ends of the earth.

## VISION

We are a vibrant faith community that is committed to Equipping People, Building Families, and Empowering Community in Christ!

## CORE VALUES

Mutual Respect and the Fruit of the Spirit: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control.



**SECOND MISSIONARY BAPTIST CHURCH**

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# SMBC MEMBERS



In the event of **sickness, hospitalization, or bereavement**, please notify the Church Office at your earliest convenience.

**SECOND MISSIONARY BAPTIST CHURCH**  
(423) 624-9097 | Mon-Thu 9:00 AM - 4:30 PM, Fri 9:00 AM - 3:30 PM

## SICK AND SHUT-IN LIST

### SHUT-IN

Sis. Marie Bailey	Sis. Lillie Glenn	Sis. Daphne Moore
Sis. Martha Coleman	Sis. Cora Godbee	Sis. Gwendolyn Moore
Sis. Corine Dunson	Sis. Dorothy Hughley	Sis. Lila Salmon
Sis. Earnestine Dunton	Bro. John Hullett	Sis. Alice Smith
Sis. Vicky Eady	Sis. Theresa Malone	Sis. Doris Smith
Sis. Bertha Elder	Bro. James Millsaps	
Bro. Bruce Fleming	Sis. Juanita Mitchell	
Sis. Joyce Fletcher	Sis. Annie B. Moon	

### Health Center at Standifer Place

Bro. Paul McDaniel Jr.

### NHC Parkwood

Bro. Ernest Walker

*All announcements must be sent to [officeadmin@mysmbchurch.org](mailto:officeadmin@mysmbchurch.org) by Wednesdays at 12:00 noon in order to run the next week. Announcements for the week of February 8, 2026 are due by Wednesday, February 4, 2026.*

PLEASE KEEP SUBMISSIONS BRIEF. ALL SUBMISSIONS ARE SUBJECT TO BE EDITED AS APPROPRIATE.

ENCOURAGE. EQUIP. ENERGIZE.

 Scenic City  
Women's Network

***Bible Study  
Series***

**REJOICE IN  
THE LORD**



***Deaconess Liz Cooper***  
BIBLE STUDY TEACHER & FACILITATOR

**MARCH 4, 11, 18 & 25 @ NOON**  
**RIDGEDALE BAPTIST CHURCH**  
1831 Hickory Valley Road

 CELEBRATING +30 YEARS OF KINGDOM EXPANSION IN THE GREATER CHATTANOOGA, TN AREA