



WEEK
FOUR
Feb 2026

SMALL GROUP
K-3

BIG IDEA

Jesus teaches that God cares for us, so we should give our worries to Him.

BIBLE

Matthew 6:25–34

Key Verse

“Don’t worry about anything. No matter what happens, tell God about everything.” Philippians 4:6 (NIV)

ORDER OF SERVICE

8:45/10:45 Pre-service Activities

9:05/11:05 Large Group (about 20 minutes)

- Welcome
- Worship (2 songs)
- Prayer- Invite a friend to Pray
- Bible Truth
- **Small Group** (about 30 minutes)

You do not need to finish every small group activity. Pick what works for your group and for the time.

- Icebreaker Question
- Bible Story Summary and Discussion
- Craft
- Memory Verse Activity
- Prayer Activity

10:05/12:05 Large Group & Check Out

- Worship (1 fun song)
- Post Service Activities: No bathroom or drink breaks during check-out (unless it is an emergency)

Lead confidently—your voice and energy set the tone!

Kids will follow your excitement and engagement. If you’re all in, they will be too.

Feel free to give gentle reminders to help keep your group on track. Creating a calm, focused environment helps every child feel safe and seen.

By the time a child leaves eKids, we want them to:

- *Feel happy to be here*
- *Feel like they belong*
- *Learn one true thing about God*

Every activity, question, game, and conversation helps move us toward that goal.



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Small Group Activities PAGE 1

CONNECT

During small group make sure you are calling each student by name.

Pick an Icebreaker Question:

- If you could have any superpower for just one day, what would you choose and why?
- Would you rather be able to fly anywhere or be able to breathe underwater?
- What is one thing that always makes you laugh?

Bible Truth Summary and Questions: Matthew 6:25–34

Jesus taught that we don't have to live worried about our needs. He reminded His followers that God is our loving Father, and He knows exactly what we need. Jesus pointed to the birds and the flowers—God takes care of them, and we are even more valuable to Him. Worrying cannot add anything to our lives, but trusting God changes how we live.

Instead of being consumed with fear about food, clothes, or tomorrow, Jesus calls us to seek first the Kingdom of God—to put God first in our hearts and choices. When we trust Him and focus on His ways, we can rest knowing He will provide what we truly need. Each day has enough of its own concerns, and God promises to be with us in all of them.

For Younger students (choose 1–2)

- Jesus says God takes care of the birds and flowers. How does that help you know He will take care of you?
- What is something you sometimes worry about? How can you give that worry to God?
- What do you think it means to “put God first”?
- If God already knows what you need, why do you think He wants you to trust Him instead of worry?

(These help kids understand trust and God's care in simple, personal ways.)

For Older Students (choose 1–2)

- Jesus says worry cannot add a single hour to our lives. Why do you think we still struggle with it?
- What does this passage teach us about God's character?
- What does it practically look like to “seek first the Kingdom of God” at school, at home, or with friends?
- How is trusting God different from ignoring problems or pretending they aren't real?

“DO NOT WORRY” CRAFT:

- Introduction:
- **Say:** “Today we're learning about how God tells us not to worry. Jesus said to look at the birds and the flowers. God takes care of them — and He takes care of us too!” (Hold up the page.) “Let's read parts of our page together.”
- Read & Add Birds 🐦
- **Read:** “Look at the birds in the air. They don't farm and store away food in barns.”
- **Say:** “God feeds the birds, and they don't worry!”
- **Instructions:** “Use your bird stickers and place them in the sky.” (or they can draw the birds) – Walk around and help as needed.
- Read & Add Flowers 🌻
- **Read:** “Think of how the wild flowers grow...”
- **Say:** “God makes the flowers beautiful — and they don't worry either!”
- **Instructions:** “Put your flower stickers near the bottom of the page.” (or they can draw flowers)
- Read the Bible Verse 📖
- **Read slowly together:** “Don't worry about anything. No matter what happens, tell God about everything...”
- **Ask:** “What should we do instead of worrying?” Answer: Pray / Tell God / Ask Him for help
- Coloring Time 🎨
- “Now you can color your page! You can color the castle, the sky, the flowers, and anything else you'd like to add.”
- Encourage creativity.
- Wrap-Up
- “Remember: If God takes care of birds and flowers, He will take care of YOU too.
- Whenever you feel worried, you can pray and talk to God.”



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Small Group Activities PAGE 2

PICTURE THIS BIBLE VERSE (Bible Memorization Activity)

Directions: Place the "Picture This" Bible verse cards in the center of your group. Each card will contain a part of the verse. Have the kids arrange the cards in the correct order. For younger kids who are still learning to read, you may have to assist them with this. Today's Bible verse is:

"Don't worry about anything. No matter what happens, tell God about everything." Philippians 4:6 (NIV)

Tell the kids that they're going to replace each part of the verse with a picture. Begin by reading the words on the first card and asking your group if they can think of a picture that represents those words. Choose one of the kids to flip the card over and draw that picture on the back. Continue this for each of the cards.

When finished, once again place all of the cards in order on the floor with the words facing up. Begin by reading the verse together. For younger kids, they can listen to you reading the verse a couple of times before they begin to join in. Choose a kid to flip one of the cards over so that the picture is facing up. Recite the verse again. Continue having kids flip over cards and reciting the verse until all of the words have been replaced with pictures. When your group is able to recite the verse using only the pictures, have them begin removing one card at a time. Each time you remove a card, recite the verse. Continue doing this until all of the cards are removed and the kids can recite the entire verse from memory.

Question: What can you do to remember this verse when you are worried?

PRAYER CIRCLE

Say: It's really easy to remember to pray for ourselves, but sometimes we forget that God wants us to pray for others too. We're going to spend some time right now and over the next week doing just that.

Directions:

- Have everyone sit in a circle.
- Start by sharing one simple, age-appropriate thing you would like prayer for. This shows the kids it's okay to be open and honest.
- Then go around the circle and let each child share one thing they would like prayer for this week.
- After each person shares, ask if someone in the group would like to pray for them when it's time to pray.
- When everyone has shared, begin with a short prayer. Then let the kids take turns praying for each other.
- Remind them to keep praying for one another during the week.