

Gospel Waltz

For the week of February 1, 2026

Reflection

- 1. What were some of the insights for you from the All-Church Training?**

- 2. Give a definition of what it means to believe in Jesus as a believer.**

(2 Cor 5:17, 21; 1 Peter 2:9; John 1:12; Col 3:3)

- ### 3. Read John 9:14-27. How does Jesus respond to faltering faith?

- 4. As a follower of Christ, is it difficult to fully embrace Proverbs 3:5-6? Why or**

why not?

**5. How can it be a challenge to fully “trust in the Lord with all your heart?”
Discuss in your group.**

6. Take time to make a list of what Christ has done for you.

7. “Glance at your sin and Gaze in response to the Savior” was an exercise from the training. Using the “Heart Check of Sin” attached, are there sins that make it hard to believe? Why or why not?

8. What are ways to strengthen belief in Christ?

Heart Check of Sin

by Anne Graham Lotz

Ingratitude

List all the favors God has bestowed before and after your salvation. Which ones have you forgotten to thank Him for?

Losing Your Love for God

Consider how devastated you would be if your spouse or best friend not only were lessened in their love for you, but increasingly loved someone or something else more. Is there evidence you're lessening in your love for Jesus?

Neglect of Bible Reading

Double check to see if daily Bible reading has been pushed aside by an overfull schedule. Or as you read your Bible, are you constantly preoccupied with other things? How long has it been since reading your Bible was a delight? Do you read it so casually that you don't even remember what it said when you finish reading?

Unbelief

Refusing to believe or to expect that He will give you what He has promised is to accuse Him of lying. What promise do you think He will not give you? What prayer do you think He will not answer?

Neglect of Prayer

Prayers are not spiritual chatter offered without fervent focused faith. Have you been substituting wishing, daydreaming or fantasizing for real prayer?

Neglect of Family

Do you put yourself and your needs before theirs? What effort are you making? What habit have you established for your family's spiritual good when it requires personal sacrifice?

Lack of Concern for the Salvation of Others

Do you stand by and watch friends, neighbors, coworkers, even family members on their way to hell, yet not care enough to warn them or pray for them or even admit that's where they'll end up if they don't put their faith in Jesus? Have you become so politically correct that you don't apply the gospel to those you know and love?

Love of the World and Material Things

Assess what you own. Do you think your possessions are yours? That your money is yours, that you can spend it or dispose of it the way you choose?

Pride

Vanity about your appearance. Do you spend more time getting ready for church than preparing your heart and mind to worship when you get there? Are you offended or even slightly irritated if others don't notice you? Do you think more highly of yourself than others? Are you judgmental?

Envy

Jealousy of those who seem more fruitful or gifted or recognizable than you. Do you struggle with hearing others praised?

Critical Spirit

God gives discernment, but do you use it to find fault with others who don't measure up to your standards?

Slander

Telling the truth with the intention of causing people to think less of a person. Whose faults, real or imagined, have you discussed behind their backs? Why have you?

Lying

Designed deception, anything that is contrary to the unvarnished truth. What have you said that was designed to impress someone, but it wasn't the whole truth or was an exaggeration of the truth?

Hypocrisy

Pretending to be something that you're not. Are you pretending to be anything that you're not?

Robbing God

Wasting your time on things that have no eternal value. Exercising your God-given gifts and talents for a fee. What are you not doing for God that you're willing to do for others for a price?

Temper

Losing patience with a child, coworker, friend, spouse, family member, or staff member. What cross words have you spoken lately?

A Bad Temper

Losing control of your emotions, thoughts, and words so that you abuse someone verbally. Have you lost your temper?

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

1 John 1:8-9