

We Are Glad *You* Are Here

Sunday, February 22, 2026



sermon: "Living the Above Life" - Colossians 3:1-4

Big Idea: When we set our hearts and minds on Christ, then we can live the above life.

I. Living the Above Life: What We Do (vv. 1-2)

- A. Previously, Paul emphasized that ascetic regulations are of no value in addressing and restraining sin, only our union with Christ can do that (2:16-23). As such, we need to set our minds on Christ and on things above (vv. 1-2; cf. Isa. 26:3).
- B. Paul reminds us that we are raised with Christ (v. 1a) – This means:
 1. That we are identified with Christ (cf. Rom. 6:1-4).
 2. That we are powered by Christ (v. 3).
- C. Paul also reminds us that we are to focus on things above (vv. 1b-2). Just as a compass points North, our disposition should be set on heavenly realities and not on earthly ones. Practically, this means:
 1. Setting our heart on our true home (cf. Phil. 3:20; 2 Cor. 5:19-20).
 2. Setting our mind on God's Kingdom (cf. Phil. 4:8).

II. Living the Above Life: How We Do It (vv. 3-4)

- A. Our life is to flow from our union with Christ. If we depend on our own moral resolve, ascetic practices, or on worldly regulations, then we're in big trouble. Doing right is not about will power, but about Christ's power in us (cf. 2 Pet. 1:3).
- B. In living the above life, we need to remember:
 1. Our position in Christ (vv. 1, 3; cf. Gal. 2:20; Rom. 6:6) – The living God, the power that raised Jesus from the dead, is at work in us.
 2. God's promises (v. 4; cf. Phil. 3:20-21) – Our union with Christ also affirms that we will spend eternity with Him.
- C. Paul is not calling us to escape the world around us, but to fully engage it with a Christlike attitude that focuses on heavenly realities, directed and powered by His Word and the Holy Spirit.

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