

# INTRODUCTION

The Arvada United Methodist Church's Black History Calendar is a project of the Justice in Action committee. Our goal is to share a brief description of a Black hero each day to provide discipline to learn about and reflect on Black history. For most Americans, including Black people, the important achievements and dedication to justice of Black Americans have been "white washed" and ignored.



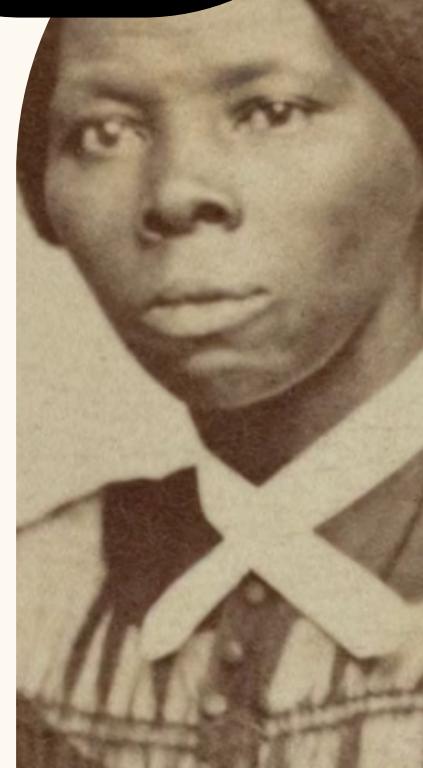
## WHAT IS A **“CALENDAR RESISTANCE DISCIPLINE”?**

Each day in February you read a brief (500 words or fewer) essay about an African American hero. By only reading one essay a day, you can reflect on the environment that surrounded that person and how they responded. There are also suggested readings and videos with additional information.

You can practice the "Calendar Resistance Discipline" with a family member or a friend as you share reflections about Black history during the month of February. With the federal government attempting to remove Black history from school curriculum, historical sites, and more, It is an act of resistance to be intentional in learning and talking about Black history.



# BLACK HISTORY MONTH CALENDAR



# FEBRUARY 2026

## BLACK HISTORY MONTH CALENDAR

A PROJECT OF THE AUMC JUSTICE IN ACTION TEAM

ARVADAUMC.ORG/JUSTICE-IN-ACTION

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 Who started the peaceful protests in Woolworths? 	02 Who was the first Black woman elected to the U.S. Congress? 	03 Who rose from poverty to challenge Jim Crow Laws in 1952? 	04 Who is called the "Mother of the civil rights movement"? 	05 Who won the National League MVP in 1957? 	06 Who became a global activist in the fight against AIDS? 	07 Who initiated the national celebration of Negro History Week? 
08 Who was the first African American medical doctor? 	09 Who was named a United Nations Messenger of Peace? 	10 Who negotiated the Paris Agreement on climate change? 	11 Who had a musical career spanning six decades? 	12 Whose commitment to nonviolence was rooted in his Methodist faith? 	13 Who is often called the "Father of Black Baseball"? 	14 Who was the first bishop of the African Methodist Episcopal Church? 
15 Who was the first African American to conduct the Metropolitan Opera? 	16 Who was the first African American to earn a Ph.D. in political science? 	17 Who was the first African American elected to the Ohio State Legislature? 	18 Whose death dramatically escalated the Civil Rights Movement? 	19 Who received nominations for Best Director and Best Original Screenplay? 	20 Who founded an abolitionist newspaper, "The North Star", in 1847? 	21 Who was a Muslim human rights advocate in the 1960s? 
22 Who sued after being removed from a first-class train car? 	23 Who cofounded the Niagara Movement in 1905? 	24 Who was honored by the President (1994) and Congress (2004)? 	25 Who was called "The Moses of Her People"? 	26 Who promoted non-violent response to global poverty, racism, and militarism? 	27 Who became one of the original 13 Freedom Riders in 1961? 	28 Who organized the March on Washington Movement? 