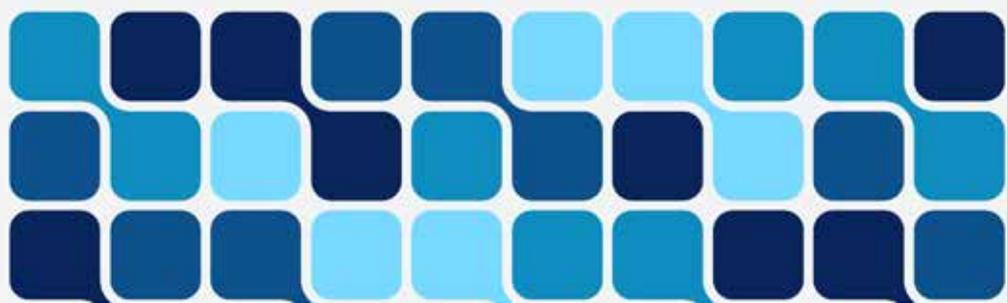


SMALL GROUP

# ICE BREAKER GAMES



# SMALL GROUP ICEBREAKER GAMES!

Icebreakers help people feel comfortable and connected—fast. They turn “a room full of people” into a group that feels like a safe place to laugh, share, and belong. We hope you enjoy these with your group!

## 3-ITEM SNAPSHOT

If someone looked in your car/purse/desk right now, what are **three items** they'd find that say something about your life?

Examples:

- gym bag
- kids' snack wrappers
- receipts
- Bible + highlighter
- work badge
- travel mug

# I'M NOT ALONE POLL

Read the following statements. Have people raise their hand if it is true for them.

- I rewatch comfort shows
- I've googled a symptom and panicked
- I forget why I walked into rooms
- I hit snooze more than once
- I talk to my pet like a human
- I've reread a text 5 times before sending it
- I've started a new habit and quit in 3 days
- I've looked for my phone while I was talking on it

## HI / LOW / WEIRD

Each person shares:

- **High:** best part of the week
- **Low:** hardest part
- **Weird:** something random/unexpected that happened

# WHAT WOULD YOUR BEST FRIEND SAY?

Your best friend knows you in a different way than others do.

- If your best friend described you in **3 words**, what would they say?
- Which of those 3 words do you hope people experience when they are with you?

## THE “WOULD YOU SURVIVE” GAME

Leader reads funny scenarios. People vote thumbs up (I'd survive) or thumbs down (I'd struggle).

Scenarios:

- Camping with no phone service
- Cooking a full holiday meal alone
- Road trip with no music
- Hosting a last-minute dinner party
- Assembling IKEA furniture

Then ask a few people to explain their vote.

# THIS OR THAT - TEXAS EDITION

Have people identify which one of the two options they would choose - even if they like both.

- H-E-B or Costco?
- Buc-ee's or Chick-fil-A?
- Tex-Mex or BBQ?
- Beach trip or Hill Country weekend?
- Sweet tea or coffee?
- Astros or Texans?
- Breakfast tacos or pancakes?
- Salsa or queso?

## TINY WINS

What's one *tiny* win from your week that you're weirdly proud of?

Examples:

- folded laundry same day
- texted someone back
- said no to something
- went for a walk
- didn't lose it with kids

# CURRENT FAVORITE

What is one thing you're really enjoying lately?

It could be:

- a snack or drink
- a podcast or playlist
- a routine or habit
- a show or book
- a simple part of your day

# ONE HAS TO GO

## **How it works:**

Leader gives a list of 4 related things. Each person chooses which one has to go – and says why.

Examples:

- Tacos / Pizza / Burgers / Pasta
- Summer / Fall / Winter / Spring
- Texting / Calling / Email / FaceTime
- Netflix / YouTube / Podcasts / Music

There are no wrong answers – the “why” is the fun part.

# SPEED ROUND FAVORITES

## **How it works:**

Go around the circle quickly, asking one question at a time. Each person has to answer within 3 seconds.

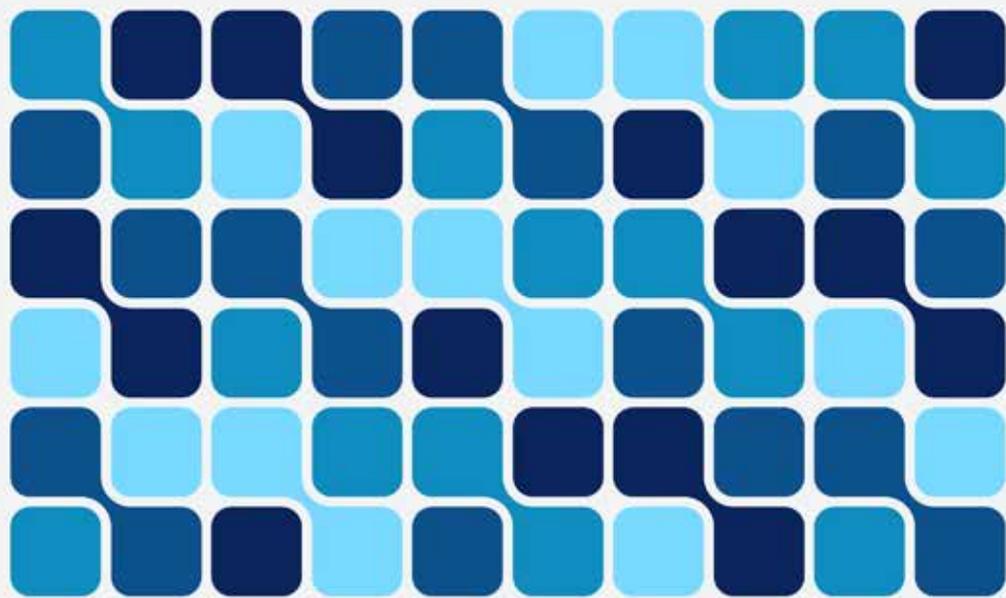
Prompts:

- Favorite comfort food
- Favorite place to travel
- Favorite way to relax
- Favorite holiday
- Favorite drink

Fast pace keeps it fun and low-pressure

# YOUR LIFE HAS A SOUNDTRACK

- What song would be the theme of your week? Why?
- If you're not a music person: what would be the theme movie/show of your week?



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