

Preschool 1 Unite Lesson Plan: Dental Health

Ms. Teresa

Date: February 23rd -27th

	Monday	Tuesday	Wednesday	Thursday	Friday
Story Time	Brushing Teeth	At the Dentist	The Brave Queen	The Lion Who Wouldn't Brush His Teeth	The Tooth Book
Areas Centers / Small Groups	Health- Talk about the importance of taking care of your teeth. Literacy/writing- Letter "Tt" Music- Healthy teeth song. Art- Teeth model craft	Health-Learning about going to the dentist./ Sorting food activity. Literacy- Tooth letter card writing activity. Letter "Dd" writing	Children's Church Talk about how Esther helped her people and how God protected her. Object lesson- You are never alone.	Literacy- Answer questions about the story. Art- Toothbrush painting Math- Toothy number matching activity. Literacy- Dental words beginning sound	Literacy- Talk about what is going on in the story. And the rhyming words. Brushing your teeth Sequencing activity.
TN-ELDS	PK.PD.7 & 8 Demonstrate personal care and hygiene skills. Demonstrate awareness and understanding of healthy habits.	PK.RL.RRTC.10 Listen and respond to informational texts of appropriate complexity for pre-K.	PK.SPC.SCA.2 Demonstrate an understanding of how personal choices impact others.	PK.RL.KID.2 With prompting and support, ask, and answer questions about a story read aloud.	PK.FL.PA.2a. Recognize and discriminate between rhyming words and spoken language.
Developmental Standards	Cognitive- Names some letters when you point to them.	Lang/Comm Answers simple questions about a book or story after it is read to them.	Cognitive- Pays attention for 5 to 10 minutes during activities.	Cognitive- Names some numbers between 1-5 when you point to them.	Lang/Comm- Uses or recognizes simple rhymes.
Content/Skill/Objectives	Teeth care Letter identification Writing Fine motor	Going to the dentist Sorting Writing Letter identification	The story of Esther Listening Comprehension Choices	Comprehension Ask and answer questions Number identification	Comprehension Sequencing Rhyming

Daily Routine: Each day will consist of calendar time, Bible time, weather, classroom helpers, center time, and gym/outside time. Gym/outside time promotes **Physical Development** through gross motor activities such as running, climbing, jumping, walking, riding bikes, and play games.-**PK.PD.3&4**
Each day the children have opportunities to engage in activities to obtain **Fine Motor Development** such as writing, cutting, lacing, coloring, puzzles, and many more.-**PK.PD.5&6**

Throughout the week we will be doing activities to incorporate all learning domains – math, literacy, language, and social/emotional.

Media time: 30 minutes a week. Sid the Science Kid, Leap Frog, Heidi's Songs, Curious George, Dr. Seuss, Holiday DVD's, Magic School Bus etc.

Health topic for the month: Dental Health **PK PD.7** **Safety topic for the month:** Gun Safety **Outdoor/Gym Gross Motor Activity:** Running

PK.PD.3&4

Parent Encouragement/Involvement-We encourage our parents to help their child color/decorate pictures that coordinate with our health & safety topic for the month to hang on the office door. We also send home weekly Bible story sheets to share with parents the Bible story we are learning about in class.