

CHRIST Stages Inventory

Using your answers to a series of questions, this inventory charts your position in each of the CHRIST stages. Each person's walk is unique, so consider this inventory as a loose guide - a globe rather than a road map.

Your CHRIST Stages Inventory describes a Home Stage where you function the majority of the time and cites other stages which guide your actions in certain situations but not in the majority of situations.

Progressing from stage to stage is a matter of personal choice and commitment to spiritual growth and is ultimately directed and led by God in a personal way to you.

Confidence in Christ (the C Stage) - Stage 1

Following Jesus Christ begins with receiving His forgiveness and new life

Help in Discipleship (the H Stage) - Stage 2

We grow in community with Christ-followers and by practicing spiritual disciplines

Responsibilities in Ministry (the R Stage) - Stage 3

We grow when we use our gifts to serve God and bless people

Inner Journey (the I Stage) - Stage 4

We experience spiritual renewal through empathy, emotional growth and longing for God

The Wall

Spiritual dryness or getting stuck is a hidden opportunity for deeper growth and joy

Spirit-Led Ministry (the S Stage) - Stage 5

Our greatest joy and impact is to act with the presence and power of the Spirit to serve others

Transforming Union (the T Stage) - Stage 6

Our journey of the soul culminated with being united in the generous love of Jesus Christ

*adapted for CHRIST stages (Soul Shepherding) from the Spiritual Life Inventory by Hagberg & Donovan

INSTRUCTIONS:

You will respond to each statement on a scale of 1 to 5
(1 = Not descriptive of me; 5 = Very descriptive of me)

Ignoring the column letter for now, simply put your answer (1-5) in the highlighted box to the right of each statement.

Total your answers in each column, then you will transfer the page totals to the Grand Total boxes on page 7.

The column letters correlate to the CHRIST Stages and will help you easily plot your results on a graph. As you plot your results, it will allow you to see which Stages are peaking in your life right now.

Here's an example :

Statement	A	B	C	D	E	F	G
1. My awe of God makes me feel so insignificant	4						
2. I choose to do anything God asks whether menial or prestigious							2
3. I feel responsible to lead others to faith			1				

Statement	A	B	C	D	E	F	G
1. My awe of God makes me feel so insignificant	<input type="checkbox"/>						
2. I choose to do anything God asks whether menial or prestigious							<input type="checkbox"/>
3. I feel responsible to lead others to faith			<input type="checkbox"/>				
4. I had my faith all together & now it has fallen apart			<input type="checkbox"/>	<input type="checkbox"/>			
5. My faith is clear because I've found the truth		<input type="checkbox"/>					
6. God is calling me to work that I can't do on my own						<input type="checkbox"/>	
7. I will never be good enough to warrant God's love	<input type="checkbox"/>						
8. I love being part of a community of like-minded believers		<input type="checkbox"/>					
9. I am in a darkness in which God feels distant					<input type="checkbox"/>		
10. I am closer to God in nature than anywhere else	<input type="checkbox"/>						
11. I have been given talents and I use them			<input type="checkbox"/>				
12. I am feeling alienated from the God I used to know			<input type="checkbox"/>	<input type="checkbox"/>			
13. My life is totally in God's hands							<input type="checkbox"/>
14. I am facing my core fears before God					<input type="checkbox"/>		
15. My life was falling apart but now God is rescuing me	<input type="checkbox"/>						
16. I hear with God's ears, see with God's eyes, feel with God's heart							<input type="checkbox"/>
Page 1 : COLUMN TOTALS							

Statement	A	B	C	D	E	F	G
17. I feel like I just discovered God for the first time							
18. I want to know what the right answer is when I ask spiritual questions							
19. I know what I believe and I think others have been misguided							
20. I feel success follows faithfulness in matters of faith							
21. I am willing to take on positions of responsibility in my faith community							
22. I have lost the confidence in my faith that I used to have							
23. I desire intimacy with God, no matter what the consequences							
24. God is so big and I am so small and unworthy							
25. I would give up everything for God							
26. I have learned a great deal in my faith and I have a responsibility to use it							
27. I feel inner peace in the middle of chaos and pain							
28. I am desperate to find a way out of my pain							
29. I am letting go of my old idea of God and finding a new one							
30. If the Bible says it's wrong, it's wrong							
31. I am desperate to find significance in my life							
32. I just love to learn more about my faith/spirituality							
Page 2 : COLUMN TOTALS							

Statement	A	B	C	D	E	F	G
33. Like never before, I have deep doubts about my faith							
34. I am aware of my shadow side and hidden parts of my inner self							
35. I know my faith gives others confidence							
36. I am unconditionally loved by God and feel it							
37. I have experienced union with God							
38. I am experiencing God through my senses							
39. Only through God's grace am I able to function							
40. I see all in life as a gift							
41. I feel like a hypocrite - how I behave and what I believe are so different							
42. I am experiencing my first glimpses of deep healing from God							
43. I try to do good work for God							
44. I am now facing a wall of resistance to healing that I've built up for a long time							
45. I feel insufficient to ask anything from God							
46. It's important for me to reach the spiritual goals I set for myself							
47. God lives through me							
Page 3 : COLUMN TOTALS							

Statement	A	B	C	D	E	F	G
48. I feel uplifted by my spiritual community		<input type="checkbox"/>					
49. I love my enemies							<input type="checkbox"/>
50. I feel like I'm chasing my tail, searching endlessly for answers				<input type="checkbox"/>			
51. My faith makes me a successful person			<input type="checkbox"/>	<input type="checkbox"/>			
52. I believe everyone can have the assurance I have in my faith		<input type="checkbox"/>	<input type="checkbox"/>				
53. Sometimes I feel indispensable			<input type="checkbox"/>				
54. I feel deep compassion for all living things							<input type="checkbox"/>
55. I do God's work without expectation of recognition						<input type="checkbox"/>	<input type="checkbox"/>
56. I feel lovingly detached from people who can hurt me							<input type="checkbox"/>
57. I'm in a faith and life crisis and it used to be so clear				<input type="checkbox"/>			
58. I have been immobilized in a faith search for years				<input type="checkbox"/>	<input type="checkbox"/>		
59. I am up against walls which I feel I need to address					<input type="checkbox"/>		
60. I am afraid of God's power	<input type="checkbox"/>						
61. I am avoiding situations that make me feel vulnerable					<input type="checkbox"/>		
62. I believe that I am totally loved and accepted for who I am						<input type="checkbox"/>	
63. I am detached from things, health, happiness							<input type="checkbox"/>
64. Sometimes I get tired from all the good things I'm doing			<input type="checkbox"/>				
Page 4: COLUMN TOTALS							

Statement	A	B	C	D	E	F	G
65. I have leadership gifts I am called to use							
66. God is leading me through the dark and I'm afraid							
67. I am wondering a lot about who God is and who I am							
68. I feel my will is being pitted against God's will and I need to face it							
69. I have spiritual heroes/heroines							
70. I know how to live out the deepest desire of my heart							
71. I am learning to heed and follow the advice of others							
72. I feel like an apprentice in my faith							
73. I see my giftings come through in all things I do							
74. I have a calling I would sacrifice everything for if necessary							
75. Faith is more questions than answers for me							
76. I am facing my worst fears							
77. I cannot measure up to God's and other's expectations							
78. I am experiencing the dark night of the soul							
79. I feel my life is nothing but questions							
80. I am totally faithful to God							
81. It is my duty to tell others what they need spiritually							
Page 5: COLUMN TOTALS							

Statement	A	B	C	D	E	F	G
82. I see pain as the major opportunity for spiritual growth for myself and others						<input type="checkbox"/>	
83. I am losing my faith and loyalty				<input type="checkbox"/>			
84. I desire to be in God's will no matter what that brings						<input type="checkbox"/>	
85. I simply know that God is here in my life	<input type="checkbox"/>						
86. I have no anxiety or fear because my life is in God's hands						<input type="checkbox"/>	
87. I search for outside forces to understand my inner feelings		<input type="checkbox"/>					
88. I have just entered the journey of faith	<input type="checkbox"/>						
89. I am immobilized by my confusion of faith				<input type="checkbox"/>			
90. I am living out God's purpose in my life						<input type="checkbox"/>	
91. I have surrendered to the wiser, more vital Spirit						<input type="checkbox"/>	
Page 6: COLUMN TOTALS							

Turn to the next page to add up your scores.

SCORING	A	B	C	D	E	F	G
Column Totals - page 1							
Column Totals - page 2							
Column Totals - page 3							
Column Totals - page 4							
Column Totals - page 5							
Column Totals - page 6							
Grand Totals							

Take these totals to begin plotting and interpreting your inventory. You will be using pages 8-13 in the Spiritual Life Inventory packet.