

TWENTY-ONE DAYS

21 DAYS

OF PRAYER & FASTING

MARCH 2026

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OF PRAYER & FASTING



WELCOME TO 21 DAYS OF PRAYER + FASTING

Starting on March 1st, we will spend 21 Days intentionally seeking God through Prayer and Fasting.

The 21 Days of Prayer and Fasting is really about **3 THINGS**:

1. It's about declaring our **DEPENDENCE** on God.

I want to grow. I want to know you better. I want to go deeper. I need your provision.

2. It's about asking God for **DIRECTION**.

*I need wisdom, Lord. What do I do about ____?
Where should I ____?*

3. It's also about **CHANGING YOUR WORLD**.

Praying for your family, church, community, nation, etc. How can I help, Lord?

During these 21 Days, we are encouraging our church to seek God through two spiritual habits, and the first is **PRAYER**.

In this journal, you will find daily entries that include Scripture and guided writing sections. They serve as tools to help you seek God, process what you sense He might be saying to you, and then commit it to prayer.

So make it a goal for the next 21 days to **set aside at least 15 minutes each day** to read the Bible and pray.

Also, once a week, walk your neighborhood and pray for your neighbors. Pray that hearts will be open to God.

Greetings Faith Family,

As we look ahead to the days and months before us, I sense a deep excitement about what God desires to do in our lives and in our church. Throughout Scripture, whenever God prepared His people for something new, He first called them to seek Him. Before breakthroughs came prayer. Before victories came surrender. Before great movements of God came seasons of fasting and focused dependence on Him. I believe the Lord is inviting us into such a season now.

I want to personally invite you to join me in 21 Days of Prayer and Fasting. This will be a time for us to quiet our hearts, refocus our priorities, and draw near to the Lord with expectation. Fasting is not about ritual or routine; it is about making room. As we set aside certain comforts—whether meals, media, or other distractions—we are intentionally creating space to hear God more clearly and to hunger more deeply for His presence. We fast not to earn His favor, but to align our hearts with His will.

As individuals, I am praying that these 21 days will renew your passion for Christ, strengthen your faith, and bring clarity to areas where you need direction. Perhaps you are seeking wisdom, healing, restoration, or simply a deeper walk with the Lord. I believe God honors hearts that seek Him earnestly. Let's approach these days believing that He still answers prayer, still opens doors, still changes lives, and still does immeasurably more than we can ask or imagine.

As a church family, we are not content to simply exist—we desire to carry out God's will faithfully and boldly. We want to see lives changed, families strengthened, and our community impacted for Christ. We want to be a church that connects, grows, serves, and sends with purpose. I am praying that during these 21 days, God will unify us in vision, expand our faith, and prepare us for the great things He has ahead. The future is not something we fear; it is something we face with expectation because the Lord goes before us.

Will you join me? Let's commit together to seek God wholeheartedly for these 21 days. Let's begin with anticipation, believing that when we humble ourselves and pray, God moves. I cannot wait to see what He will do in you, in me, and in us as His church.

With faith and expectation,

DAVID ROGERS

David Rogers

WHAT IS FASTING?

Biblical fasting is the intentional refraining from food—or another legitimate, natural benefits—for a spiritual purpose: **to seek God more fully, hear His voice more clearly, and align our hearts with His will.**

“Draw near to God, and He will draw near to you.” — James 4:8

“Man shall not live by bread alone, but by every word that comes from the mouth of God.” — Matthew 4:4

Fasting is not about earning God’s favor; it is about **creating space to encounter Him.**

Types of Fasts in Scripture

Normal Fast *Abstaining from food while still drinking water*

- Example: Jesus fasted forty days in the wilderness before beginning His public ministry (Matthew 4:1–2).
- Often connected to preparation, repentance, or spiritual clarity.

Absolute Fast *A short, intense fast in extreme circumstances*

- Example: Paul fasted three days without food or water after encountering Christ (Acts 9:9).
- Typically brief and undertaken with caution.

Partial Fast *Restricting certain foods or meals*

- Example: Daniel abstained from delicacies, meat, and wine for twenty-one days while seeking understanding from God (Daniel 10:2–3).
- Allows extended fasting with sustainability.

Indulgence Fast *Temporarily abstaining from legitimate pleasures*

- Example: Marital abstinence for prayer and fasting by mutual consent (1 Corinthians 7:5).
- Can include fasting from entertainment, media, or other comforts.

Three Biblical Warnings

1. Fasting Is Not Dieting or Behavioral Management

- The goal is spiritual renewal, not physical improvement.
- “When the early church wanted to know the heart of God, there was a time of prayer & fasting.” -C. Robert Marsh
- “Is not this the fast that I choose...?” — Isaiah 58:6

2. Fasting Is Not an Accomplishment

- Fasting does not impress God or others.
- “Simply to derive ourselves of a natural benefit (such as food or sleep) is not of itself fasting. We must devote ourselves to God and worship Him or else there is no lasting benefit.” - Warren Wiersbe
- “When you fast... your Father who sees in secret will reward you.” — Matthew 6:16-18

3. Fasting Is Not Optional

- Jesus said “when you fast,” not “if you fast.” (Matthew 6:16)
- “Fasting isn’t commanded in the Bible, but Jesus seems to assume that His followers would fast.” —Clayton King
- Fasting should be a normal rhythm of discipleship.

How to Fast Faithfully

Be Realistic

- Choose something that stretches you without overwhelming you.
- “Let all things be done decently and in order.” — 1 Corinthians 14:40

Be Intentional

- Plan what you will do when hunger or craving hits: pray, read Scripture, worship.
- Your commitment to fast is between you and God, so be sure to make a sincere, wholehearted commitment.
- “I have stored up your word in my heart.” — Psalm 119:11

Be Christlike

- Hunger can affect mood; fasting is never an excuse for unkindness.
- Tell only people that you must, but try to be considerate of others in your schedule if you fast.
- “And when you fast, do not look gloomy...that your fasting may be seen by others.” — Matthew 6:16

Be Creative & Crave-Conscious

- Fasting from food is not always required.
- What matters is replacing a physical craving with a deeper hunger for God.
- “Blessed are those who hunger and thirst for righteousness.” — Matthew 5:6

Be Focused & Spirit-Filled

- When cravings arise, don't let your mind wander—turn your attention to God.
- Ask the Holy Spirit to fill the space fasting creates.
- “Be filled with the Spirit.” — Ephesians 5:18

WHAT IS PRAYER?

Prayer is an ongoing, living conversation between God and His people. It is how we respond to God's presence, align our hearts with His will, and participate in what He is already doing.

"Call to me and I will answer you." — Jeremiah 33:3

"Pray without ceasing." — 1 Thessalonians 5:17

Prayer is not a ritual to perform, but a relationship to enjoy.

Prayer changes things—especially us.

"You do not have because you do not ask God." — James 4:2

"The prayer of a righteous person has great power as it is working." — James 5:16

Prayer must be partnered with Scripture so we can discern God's voice and pray according to His will.

"If you abide in me, and my words abide in you, ask whatever you wish..." — John 15:7

What Hinders Our Prayers?

Selfish Motives

- When prayer is centered on personal gain rather than God's glory.
- "You ask and do not receive, because you ask wrongly." — James 4:2-3

Corrupt Character

- Unrepentant sin can hinder our relationship with God.
- Example: Achan's hidden sin disrupted Israel's victory (Joshua 7).
- "If I had cherished iniquity in my heart, the Lord would not have listened." — Psalm 66:18

Damaged Relationships

- Broken relationships affect our spiritual posture.
- "First be reconciled to your brother." — Matthew 5:23-24

Pray Big Prayers

Pastor David has challenged us to expect great things from God—and that expectation begins in prayer.

“All of us have one routine prayer in our system; and once we get rid of it, then we can really start to pray.” — Dr. Robert A. Cook

Communion Over Checklist

Prayer is first about being with God, not getting things from God.

- Jesus often withdrew to pray—not to ask, but to commune (Luke 5:16).
- The privilege of approaching a holy God should produce awe and gratitude.
- “Let us then with confidence draw near to the throne of grace.” — Hebrews 4:16

Submission Over Solicitation

God knows our needs, but prayer positions us under His authority.

- Jesus modeled this in Gethsemane: “Not my will, but yours, be done.” — Luke 22:42
- Prayer aligns our hearts with God’s priorities.

Mission Over Me

Bigger prayers look beyond personal comfort to God’s greater purpose.

- “Lord, how do You want to use me?”
- “Open my eyes to opportunities to share the Gospel.”
- Example: The church prayed for boldness, not safety—and God answered (Acts 4:29–31).

Glorification Over Gratification

Our prayers should include worship and praise.

- Many biblical prayers end in doxology (Psalm 145; Romans 11:36).
- Are we as committed to glorifying God as we are to presenting requests?
- “To Him be the glory forever.” — Romans 11:36

Start each day by finding a quiet place to sit for 15 minutes and fill out your daily exercises.

There are four sections:

Gratitude Life can be stressful, but when you start each day with gratitude, you are deciding to trust in and focus on God's provision over your life. Gratitude shifts your perspective. It takes what you have and makes it enough, regardless of your circumstances.

Observe Every day there will be a Bible story. It could be long or very short. This journal section will challenge you daily to write down thoughts and observations from these Bible stories about living under God's rule in your life. Remember well the words of the Apostle Paul when he writes, "All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete, equipped for every good work." (2 Timothy 3:16-17, CSB).

Next Step We often overestimate how much we can get done in a day and underestimate how much we can get done in three weeks. The key is consistency in the same direction. This section invites you to write down one small step you will take each day to help you to follow Jesus.

Prayer Prayer is the best way to put down our agenda and trust God. End your time of journaling by writing out a prayer for your day.

Verse - Matthew 13:44 (Story of the Hidden Treasure) [Jesus said,] "The kingdom of heaven is like treasure, buried in a field, that a man found and reburied. Then in his joy he goes and sells everything he has and buys that field."

Gratitude *1. My family. I'm grateful to have people in my life and my circle who I love. 2. My job. Even though it's stressful at times, I'm thankful I have a job that supports my family. 3. My dinner plans. I'm grateful to have something fun planned tonight that involves good food with great friends.*

Observe *Jesus' story teaches that the value of the kingdom of heaven is worth any sacrifice. It also hits me that in everything, God is the real treasure and that being with him is the greatest value-add in my life.*

Next Step *I will prioritize the value of my relationship with Jesus above all else by spending intentional time praying and listening to him. I'm going to set the alarm on my phone to pray for 10 minutes at 9 am, 12 pm, 3 pm, and 6 pm.*

Prayer *Father, help me to understand the truth that you are the greatest treasure in life that I have found. And help me to make whatever sacrifices are necessary today so that others may know how much I value you. Amen.*

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| Day 1 | <input type="checkbox"/> Pray | <input type="checkbox"/> Fast | <input type="checkbox"/> Journal |
| Day 2 | <input type="checkbox"/> Pray | <input type="checkbox"/> Fast | <input type="checkbox"/> Journal |
| Day 3 | <input type="checkbox"/> Pray | <input type="checkbox"/> Fast | <input type="checkbox"/> Journal |
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WEEK 1

STORIES ON VERTICAL REACH

While they were traveling, he entered a village, and a woman named Martha welcomed him into her home. She had a sister named Mary, who also sat at the Lord's feet and was listening to what he said. But Martha was distracted by her many tasks, and she came up and asked, "Lord, don't you care that my sister has left me to serve alone? So tell her to give me a hand."

The Lord answered her, "Martha, Martha, you are worried and upset about many things, but one thing is necessary. Mary has made the right choice, and it will not be taken away from her."

In the home of Martha and Mary, Jesus enters the ordinary chaos of hospitality. Martha serves diligently, distracted by hosting demands. Mary sits at His feet, listening and absorbing every word. Frustrated, Martha appeals to Jesus: "Lord, don't you care that my sister has left me to do all the work? Tell her to help me." Jesus gently corrects: "Martha, Martha, you are worried and bothered about so many things, but few things are needed—or indeed only one. Mary has chosen the better part, and it will not be taken away from her."

This reveals a profound truth about our relationship with God: closeness isn't earned through frantic activity or impressive service. It's cultivated in stillness, by choosing His presence above all. Both women loved Jesus deeply—Martha's service flowed from love, but in the rush she lost sight of Him. Mary understood that love comes before service, listening before doing. True devotion is measured not by activity, but by attention to Christ.

Sitting at His feet means humility, surrender, and eagerness to learn—slowing down to make room for His voice and let His Word shape our hearts.

In prayer and fasting, may we follow Mary's example, choosing the better part and treasuring His presence. The joy found at His feet is the strength that sustains everything else we do.

LUKE 10:38-42
(Story of Mary and Martha)

Gratitude

Today, I
am
grateful
for:

Observe

Reading this
story, what
sparked my
curiosity?
Any thoughts
or insights.

Next Step

Challenged
by the
story told,
I will:

Prayer

Today, I
am
praying
for:

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. After he had fasted forty days and forty nights, he was hungry. Then the tempter approached him and said, "If you are the Son of God, tell these stones to become bread." He answered, "It is written: Man must not live on bread alone but on every word that comes from the mouth of God." Then the devil took him to the holy city, had him stand on the pinnacle of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: He will give his angels orders concerning you, and they will support you with their hands so that you will not strike your foot against a stone." Jesus told him, "It is also written: Do not test the Lord your God."

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. And he said to him, "I will give you all these things if you will fall down and worship me." Then Jesus told him, "Go away, Satan! For it is written: Worship the Lord your God, and serve only him." Then the devil left him, and angels came and began to serve him.

Jesus, full of the Holy Spirit, was led into the wilderness for forty days of fasting and direct encounter with the enemy. In this season of solitude, temptation came—not to destroy Him, but to reveal the strength of His unbroken communion with the Father. Each time Satan struck, Jesus didn't debate or rely on His own power. He simply responded with Scripture—"It is written." His heart, saturated with God's Word and anchored in His Father's voice, resisted every shortcut, spectacle, or compromise.

This passage shows that deepening our relationship with God happens in the quiet place—where we fast distractions, face weaknesses, and stand on His truth alone. Like Jesus, our closeness grows when we choose obedience over convenience, trust over control, and His Word over louder voices. The wilderness isn't punishment; it's preparation—where true strength comes from knowing and being known by Him. In our seasons of prayer and fasting, may we sit at His feet like Mary, resist like Jesus, and emerge deeply rooted in the One who calls us His own.

Matthew 4:1-11

(Jesus Goes To The Desert)

Gratitude

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Any thoughts
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These are the family records of Noah. Noah was a righteous man, blameless among his contemporaries; Noah walked with God.

Now the earth was corrupt in God's sight, and the earth was filled with wickedness. God saw how corrupt the earth was, for every creature had corrupted its way on the earth.

And Noah did this. He did everything that God had commanded him.

Then Noah built an altar to the Lord. He took some of every kind of clean animal and every kind of clean bird and offered burnt offerings on the altar.

In a world filled with corruption and violence, where every imagination of people's hearts was only evil continually, Noah stood apart. Genesis describes him simply: "Noah was a righteous man, blameless in his generation; Noah walked with God."

While everything around him had gone astray, Noah chose a different path—he walked closely with God. Day by day, moment by moment, he cultivated a relationship so intimate that when God spoke the unthinkable command to build an ark, Noah's response was immediate and complete: "Noah did this; he did all that God commanded him."

His obedience wasn't rooted in duty alone, but in deep trust born from years of walking with God. And when the waters finally receded, the first thing Noah did was build an altar and worship—his heart turning back to God in gratitude before anything else.

Noah teaches us that closeness to God is possible even in the darkest times. It's forged not in perfect circumstances, but in consistent choices: to walk with Him when no one else does, to listen when His voice seems outrageous, to obey fully, and to worship first.

In our own seasons of prayer and fasting, may we, like Noah, choose to walk so near to God that His voice becomes clearest, His presence our home, and obedience our natural response—no matter what the world around us looks like.

GENESIS 6:9, 11-12, 22, 8:20 **(Noah's Obedience)**

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God, you are my God; I eagerly seek you. I thirst for you; my body faints for you in a land that is dry, desolate, and without water. So I gaze on you in the sanctuary to see your strength and your glory.

My lips will glorify you because your faithful love is better than life. So I will bless you as long as I live; at your name, I will lift up my hands. You satisfy me as with rich food; my mouth will praise you with joyful lips.

When I think of you as I lie on my bed, I meditate on you during the night watches because you are my helper; I will rejoice in the shadow of your wings. I follow close to you; your right hand holds on to me.

In the barren wilderness of Judah—fleeing for his life, far from the throne, isolated and desperate—David pours out his heart: “God—you’re my God! I can’t get enough of you! I’ve worked up such hunger and thirst for God, traveling across dry and weary deserts.”

Even in the harshest season, David doesn’t turn to bitterness or self-reliance. Instead, his soul thirsts for God Himself. He remembers the sanctuary, drinks in God’s strength and glory, and declares that God’s steadfast love is better than life itself. Night after night, in sleepless hours, he reflects gratefully on God’s faithfulness. He clings to God for dear life, and finds himself held steady.

This psalm reveals a profound truth about drawing closer to God: intimacy isn’t reserved for the mountaintop or the palace. It’s forged in the wilderness—those dry, lonely, uncertain places where nothing else satisfies. There, when comforts are stripped away, we discover that God alone is enough.

David shows us that closeness grows when we earnestly seek Him above all, when we choose praise over complaint, when we let His love become more precious than life itself. In the quiet of desperation, our hunger for Him sharpens, and His presence becomes sweeter than ever.

In our seasons of prayer and fasting, may we, like David, thirst for God in the dry places. May we seek Him early, praise Him continually, and hold on tightly—knowing that the One who has always stood up for us will hold us steady, now and forever.

PSALM 63:1-8

(David the Shepherd-King)

Gratitude

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A woman of Samaria came to draw water. "Give me a drink," Jesus said to her, because his disciples had gone into town to buy food. "How is it that you, a Jew, ask for a drink from me, a Samaritan woman?" she asked him. For Jews do not associate with Samaritans. Jesus answered, "If you knew the gift of God, and who is saying to you, 'Give me a drink,' you would ask him, and he would give you living water."

"Sir," said the woman, "you don't even have a bucket, and the well is deep. So where do you get this 'living water'? You aren't greater than our father Jacob, are you? He gave us the well and drank from it himself, as did his sons and livestock."

Jesus said, "Everyone who drinks from this water will get thirsty again. But whoever drinks from the water that I will give him will never get thirsty again. In fact, the water I will give him will become a well of water springing up in him for eternal life."

"Sir," the woman said to him, "give me this water so that I won't get thirsty and come here to draw water." "Go call your husband," he told her, "and come back here." "I don't have a husband," she answered.

"You have correctly said, 'I don't have a husband,'" Jesus said. "For you've had five husbands, and the man you now have is not your husband. What you have said is true."

Sir," the woman replied, "I see that you are a prophet. Our ancestors worshiped on this mountain, but you Jews say that the place to worship is in Jerusalem."

JOHN 4:7-29

(The Woman at the Well)

Jesus told her, "Believe me, woman, an hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You Samaritans worship what you do not know. We worship what we do know, because salvation is from the Jews. But an hour is coming, and is now here, when the true worshipers will worship the Father in Spirit and in truth. Yes, the Father wants such people to worship him. God is spirit, and those who worship him must worship in Spirit and in truth." The woman said to him, "I know that the Messiah is coming" (who is called Christ). "When he comes, he will explain everything to us." Jesus told her, "I, the one speaking to you, am he."

Just then his disciples arrived, and they were amazed that he was talking with a woman. Yet no one said, "What do you want?" or "Why are you talking with her?" Then the woman left her water jar, went into town, and told the people, "Come, see a man who told me everything I ever did. Could this be the Messiah?"

An isolated Samaritan woman comes to the well at noon, avoiding the crowd and weighed down by shame. Jesus, weary from travel, meets her there—and breaks every barrier by asking her for a drink. In one raw conversation, He tenderly reveals her past while offering living water that springs to eternal life. He teaches true worship is in spirit and truth, not place or ritual. Then, uniquely in John's Gospel, He declares: "I who speak to you am He"—the Messiah.

She came for ordinary water; she leaves her jar, rushing to her village with bold testimony: "Come see a man who told me everything I ever did. Could this be the Messiah?" Many believe through her words, and more after meeting Him. Her closeness to God deepened when Jesus pursued her in an everyday moment, saw her fully without judgment, spoke gentle truth, and invited her to worship. Shame turned to courage, isolation to joyful witness—all because she met the One who knew and loved her completely.

In our seasons of prayer and fasting, may we meet Jesus at our own "wells"—those daily places of need—and let Him turn our thirst into overflowing life, our hiddenness into open proclamation.

JOHN 4:7-29
(The Woman at the Well)

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He entered a cave there and spent the night. Suddenly, the word of the Lord came to him, and he said to him, "What are you doing here, Elijah?" He replied, "I have been very zealous for the Lord God of Armies, but the Israelites have abandoned your covenant, torn down your altars, and killed your prophets with the sword. I alone am left, and they are looking for me to take my life."

Then he said, "Go out and stand on the mountain in the Lord's presence." At that moment, the Lord passed by. A great and mighty wind was tearing at the mountains and was shattering cliffs before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. After the earthquake there was a fire, but the Lord was not in the fire. And after the fire there was a voice, a soft whisper. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave.

Suddenly, a voice came to him and said, "What are you doing here, Elijah?" "I have been very zealous for the Lord God of Armies," he replied, "but the Israelites have abandoned your covenant, torn down your altars, and killed your prophets with the sword. I alone am left, and they're looking for me to take my life."

1 KINGS 19:9-18

(Elijah at Mt Horeb)

Then the Lord said to him, “Go and return by the way you came to the Wilderness of Damascus. When you arrive, you are to anoint Hazael as king over Aram. You are to anoint Jehu son of Nimshi as king over Israel and Elisha son of Shaphat from Abel-meholah as prophet in your place. Then Jehu will put to death whoever escapes the sword of Hazael, and Elisha will put to death whoever escapes the sword of Jehu. But I will leave seven thousand in Israel—every knee that has not bowed to Baal and every mouth that has not kissed him.”

Worn out and terrified after Carmel, Elijah runs to a cave on Horeb and begs God to end it all.

In his deepest despair, God doesn't thunder judgment. He asks softly, “What are you doing here, Elijah?” Wind, earthquake, and fire roar past—but God isn't in them. He comes in a gentle whisper, pulling Elijah out to truly listen. God invites him to speak his pain again, then quietly corrects his perspective, gives fresh purpose, and reminds him he's never alone—there are seven thousand others, and Elisha is coming.

Elijah's nearness to God is restored not in spectacle, but in raw honesty and stillness. In the cave, the whisper revives his heart.

We draw closest to God in our broken places—when we silence the chaos and lean in for His quiet voice of truth, grace, and calling.

In prayer and fasting, may we, like Elijah, bring our exhaustion to Him and wait for the whisper that draws us nearer than ever.

1 KINGS 19:9-18

(Elijah at Mt Horeb)

Gratitude

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Six days before the Passover, Jesus came to Bethany where Lazarus was, the one Jesus had raised from the dead. So they gave a dinner for him there; Martha was serving them, and Lazarus was one of those reclining at the table with him. Then Mary took a pound of perfume, pure and expensive nard, anointed Jesus's feet, and wiped his feet with her hair. So the house was filled with the fragrance of the perfume.

Then one of his disciples, Judas Iscariot (who was about to betray him), said, "Why wasn't this perfume sold for three hundred denarii and given to the poor?" He didn't say this because he cared about the poor but because he was a thief. He was in charge of the money-bag and would steal part of what was put in it.

Jesus answered, "Leave her alone; she has kept it for the day of my burial. For you always have the poor with you, but you do not always have me."

In the quiet intimacy of a home dinner—just days before the cross—Mary of Bethany does something extravagant. She takes a pound of pure nard, perfume worth a full year's wages, breaks the jar, and pours it all over Jesus' feet. Then, in an act of deepest humility and devotion, she wipes His feet with her hair. The fragrance fills the entire house. Judas protests the "waste," but Jesus defends her: "Let her alone. She's anticipating and honoring the day of my burial... She has done a beautiful thing to me."

This is the same Mary who once sat at His feet listening, choosing the better part. Now her love overflows in lavish, costly worship—no holding back, no counting the cost, no concern for what others think. She gives everything because she knows who He truly is and what He's about to do.

Mary teaches us that growing closer to God often looks like extravagant surrender—pouring out our most precious things (time, resources, reputation, comfort) at His feet in unrestrained love and gratitude. It's worship that doesn't make sense to the world but is beautiful to Jesus.

In these 21 days of prayer and fasting, may we follow Mary's heart. As we set aside food, distractions, and our own agendas, may we break open our own "jars"—offering Him the very best we have, holding nothing back. Because the One who is worthy of it all is right here with us, receiving our worship and drawing us nearer to His heart.

JOHN 12:1-8

(Mary Anointing Jesus)

Gratitude

Today, I
am
grateful
for:

Observe

Reading this
story, what
sparked my
curiosity?
Any thoughts
or insights.

Next Step

Challenged
by the
story told,
I will:

Prayer

Today, I
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praying
for:

**WEEK 1
IN REVIEW**

What is one pattern I've noticed in my gratitude lists this week?

What "win(s)" did I experience this week? Take a moment and celebrate God's goodness.

What obstacle(s) did I face this week? Is there something I observe about how I responded?

What is the biggest lesson I feel like God has taught me this week through these Bible Stories?

WEEK 2

**STORIES ON
REACHING OUT**

Gratitude

Observe

Next Step

Prayer

WEEK 2

STORIES ON REACHING OUT

Esther's response was reported to Mordecai.

Mordecai told the messenger to reply to Esther, "Don't think that you will escape the fate of all the Jews because you are in the king's palace. If you keep silent at this time, relief and deliverance will come to the Jewish people from another place, but you and your father's family will be destroyed. Who knows, perhaps you have come to your royal position for such a time as this."

Esther sent this reply to Mordecai: "Go and assemble all the Jews who can be found in Susa and fast for me. Don't eat or drink for three days, night or day. I and my female servants will also fast in the same way. After that, I will go to the king even if it is against the law. If I perish, I perish." So Mordecai went and did everything Esther had commanded him.

Esther was an ordinary Jewish girl living in a foreign land when everything was on the line—her people faced destruction. Instead of rushing ahead in fear or staying silent in safety, she called for a three-day fast. In that hunger and humility, God filled her with a courage she didn't know she had. She stepped forward, risked her life, and her obedience overflowed to save an entire nation.

That's what these 21 days can do in you. As you fast and pray, God is filling you—not just for your own breakthrough, but so your life can touch others in ways you never imagined. Maybe there's a moment coming in 2026 where your courage, your word, your step of faith will change everything for someone else.

Esther didn't know she was placed "for such a time as this"—but she was ready when it came. Let God prepare you the same way. Greater things are ahead when we're filled and obedient.

ESTHER 4:12-17

(Esther's Courage for the Moment)

Gratitude

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Meanwhile, Moses was shepherding the flock of his father-in-law Jethro, the priest of Midian. He led the flock to the far side of the wilderness and came to Horeb, the mountain of God. Then the angel of the Lord appeared to him in a flame of fire within a bush. As Moses looked, he saw that the bush was on fire but was not consumed. So Moses thought, "I must go over and look at this remarkable sight. Why isn't the bush burning up?"

When the Lord saw that he had gone over to look, God called out to him from the bush, "Moses, Moses!" "Here I am," he answered. "Do not come closer," he said. "Remove the sandals from your feet, for the place where you are standing is holy ground." Then he continued, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." Moses hid his face because he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people in Egypt, and have heard them crying out because of their oppressors. I know about their sufferings, and I have come down to rescue them from the power of the Egyptians and to bring them from that land to a good and spacious land, a land flowing with milk and honey—the territory of the Canaanites, Hethites, Amorites, Perizzites, Hivites, and Jebusites. So because the Israelites' cry for help has come to me, and I have also seen the way the Egyptians are oppressing them, therefore, go. I am sending you to Pharaoh so that you may lead my people, the Israelites, out of Egypt." But Moses asked God, "Who am I that I should go to Pharaoh and that I should bring the Israelites out of Egypt?" He answered, "I will certainly be with you, and this will be the sign to you that I am the one who sent you: when you bring the people out of Egypt, you will all worship God at this mountain."

Moses was just tending sheep in the middle of nowhere when God got his attention with a burning bush that didn't burn up. God called him by name, told him to take off his sandals—he's standing on holy ground—and then dropped the mission: go to Pharaoh, lead My people out of slavery. Moses felt unqualified, full of excuses, but God filled him with His presence and power right there. That encounter overflowed to reach an entire nation—millions freed because one man said yes to God's greater call.

These 21 days are your burning bush moment. As you fast and seek God, He's speaking your name, filling you with His presence, and preparing you for greater things ahead. Maybe it's reaching one person, speaking up in a hard situation, or stepping into something bigger than you feel ready for. Moses didn't feel ready either—but God was with him. He's with you too. Greater things start when we stand on holy ground and say, "Here I am—send me."

EXODUS 3:1-12

(Moses at the Burning Bush)

Gratitude

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When he entered Capernaum again after some days, it was reported that he was at home. So many people gathered together that there was no more room, not even in the doorway, and he was speaking the word to them. They came to him bringing a paralytic, carried by four of them. Since they were not able to bring him to Jesus because of the crowd, they removed the roof above him, and after digging through it, they lowered the mat on which the paralytic was lying. Seeing their faith, Jesus told the paralytic, "Son, your sins are forgiven."

But some of the scribes were sitting there, questioning in their hearts: "Why does he speak like this? He's blaspheming! Who can forgive sins but God alone?"

Right away Jesus perceived in his spirit that they were thinking like this within themselves and said to them, "Why are you thinking these things in your hearts? Which is easier: to say to the paralytic, 'Your sins are forgiven,' or to say, 'Get up, take your mat, and walk'? But so that you may know that the Son of Man has authority on earth to forgive sins"—he told the paralytic—"I tell you: get up, take your mat, and go home."

Immediately he got up, took the mat, and went out in front of everyone. As a result, they were all astounded and gave glory to God, saying, "We have never seen anything like this!"

Four friends had a paralyzed buddy who needed Jesus bad. The house was packed—no way in. So they didn't quit. They climbed the roof, tore a hole, and lowered him right in front of Jesus. Their faith was so bold that Jesus saw it, forgave the man's sins, and healed him completely.

The guy got up, picked up his mat, and walked out—while the crowd was blown away at what God had done.

That's what happens when we're filled up—our faith overflows to carry others to Jesus, no matter the obstacle. These 21 days are filling you with that kind of bold faith. Maybe there's someone in your life who's stuck, hurting, far from God. God wants to use your filled-up life to tear through barriers and bring them to Him. Greater things happen when friends refuse to let friends stay paralyzed. Who's your one? Let's carry them to Jesus this year.

MARK 2:1-12

(Four Friends and the Paralytic)

Gratitude

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Then an expert in the law stood up to test him, saying, "Teacher, what must I do to inherit eternal life?"

"What is written in the law?" he asked him. "How do you read it?" He answered, "Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind," and "your neighbor as yourself." "You've answered correctly," he told him. "Do this and you will live." But wanting to justify himself, he asked Jesus, "And who is my neighbor?"

Jesus took up the question and said, "A man was going down from Jerusalem to Jericho and fell into the hands of robbers. They stripped him, beat him up, and fled, leaving him half dead. A priest happened to be going down that road. When he saw him, he passed by on the other side. In the same way, a Levite, when he arrived at the place and saw him, passed by on the other side. But a Samaritan on his journey came up to him, and when he saw the man, he had compassion. He went over to him and bandaged his wounds, pouring on olive oil and wine.

Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, 'Take care of him. When I come back I'll reimburse you for whatever extra you spend.' "Which of these three do you think proved to be a neighbor to the man who fell into the hands of the robbers?"

"The one who showed mercy to him," he said.

Then Jesus told him, "Go and do the same."

A man was beaten, robbed, and left half-dead on the road. The religious folks—priest and Levite—saw him but crossed to the other side. Then came a Samaritan, the last person a Jew would expect help from. His heart broke. He bandaged wounds, put the man on his donkey, took him to an inn, and paid for his care—going above and beyond.

Jesus told this story to show what loving your neighbor really looks like: mercy in action, no matter the cost or who they are. God used an unlikely outsider to reach someone in desperate need, bringing healing and hope where religion had passed by.

These 21 days are filling you with that same compassion. As God stirs your heart through prayer and fasting, He's preparing you to notice the "half-dead" on your road—the hurting, the overlooked, the ones different from you. Greater things happen when our filled-up lives cross lines with mercy. Who's on your road right now? Let's be the ones who stop, help, and show Jesus.

LUKE 10:25-37

(Story of the Good Samaritan)

Gratitude

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When the Lord first spoke to Hosea, he said this to him: Go and marry a woman of promiscuity, and have children of promiscuity, for the land is committing blatant acts of promiscuity by abandoning the Lord. So he went and married Gomer daughter of Diblaim, and she conceived and bore him a son. Then the Lord said to me, "Go again; show love to a woman who is loved by another man and is an adulteress, just as the Lord loves the Israelites though they turn to other gods and love raisin cakes."

So I bought her for fifteen shekels of silver and nine bushels of barley. I said to her, "You are to live with me many days. You must not be promiscuous or belong to any man, and I will act the same way toward you." For the Israelites must live many days without king or prince, without sacrifice or sacred pillar, and without ephod or household idols. Afterward, the people of Israel will return and seek the Lord their God and David their king. They will come with awe to the Lord and to his goodness in the last days.

How can I give you up, Ephraim? How can I surrender you, Israel? How can I make you like Admah? How can I treat you like Zeboiim? I have had a change of heart; my compassion is stirred! I will not vent the full fury of my anger; I will not turn back to destroy Ephraim. For I am God and not man, the Holy One among you; I will not come in rage. I will heal their apostasy; I will freely love them, for my anger will have turned from him.

I will heal their apostasy; I will freely love them, for my anger will have turned from him.

Hosea obeyed the hardest call—marry Gomer, knowing she'd be unfaithful. When she ran back to a destructive life, Hosea didn't walk away. Filled with God's relentless love, he pursued her, paid the price to redeem her, and brought her home. His faithfulness mirrored God's heart for the unreachable. And here's the wild part: through their line came Jesus—the ultimate Redeemer who reached us when we were farthest off.

These 21 days are filling you with that same redeeming love. God often gives "impossible" missions—reach the person others have given up on, love the runner, stay faithful when it costs. But your yes lets His power flow, changing lives and generations. Greater things happen when filled people love like Hosea—like Jesus. Who's the "Gomer" on your heart? Your yes could start their redemption story.

HOSEA 1:2-3, 3:1-5, 11:8-9, 14:4

(Hosea: Love That Pursues The Lost)

Gratitude

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The word of the Lord came to Jonah a second time: "Get up! Go to the great city of Nineveh and preach the message that I tell you." Jonah got up and went to Nineveh according to the Lord's command.

Now Nineveh was an extremely great city, a three-day walk. Jonah set out on the first day of his walk in the city and proclaimed, "In forty days Nineveh will be demolished!" Then the people of Nineveh believed God. They proclaimed a fast and dressed in sackcloth—from the greatest of them to the least.

When word reached the king of Nineveh, he got up from his throne, took off his royal robe, covered himself with sackcloth, and sat in ashes. Then he issued a decree in Nineveh:

By order of the king and his nobles: No person or animal, herd or flock, is to taste anything at all. They must not eat or drink water. Furthermore, both people and animals must be covered with sackcloth, and everyone must call out earnestly to God. Each must turn from his evil ways and from his wrongdoing. Who knows? God may turn and relent; he may turn from his burning anger so that we will not perish.

God saw their actions—that they had turned from their evil ways—so God relented from the disaster he had threatened them with. And he did not do it.

Jonah didn't want to go to Nineveh—those people were Israel's brutal enemies, and he wanted God to judge them, not save them. His disobedience nearly cost the lives of an entire ship's crew in a storm; they threw him overboard to survive. Swallowed by a great fish for three days, Jonah finally cried out in repentance, and God gave him a second chance—spitting him out on dry land. Reluctantly, Jonah preached a short message of judgment—and the entire wicked city, from king to commoner, repented in sackcloth and fasting. God's mercy overflowed to the "unreachable" because one reluctant messenger finally obeyed.

These 21 days are filling you for your own "Nineveh" moment. God often calls us to reach people we'd rather avoid—the difficult, the different, the ones we think don't deserve grace (or maybe the ones who hurt us). But when we're filled with His heart through prayer and fasting, our obedience can lead to greater mercy than we ever imagined—lives turned, cities changed, enemies becoming family in Christ. Greater things happen when we say yes, even reluctantly. Who's your Nineveh? God's second chance is here—let's go.

JONAH 3:1-10

(Jonah The Reluctant Messenger)

Gratitude

Today, I
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grateful
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Next Step

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Prayer

Today, I
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About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. Suddenly there was such a violent earthquake that the foundations of the jail were shaken, and immediately all the doors were opened, and everyone's chains came loose. When the jailer woke up and saw the doors of the prison standing open, he drew his sword and was going to kill himself, since he thought the prisoners had escaped.

But Paul called out in a loud voice, "Don't harm yourself, because we're all here!"

The jailer called for lights, rushed in, and fell down trembling before Paul and Silas. He escorted them out and said, "Sirs, what must I do to be saved?" They said, "Believe in the Lord Jesus, and you will be saved—you and your household." And they spoke the word of the Lord to him along with everyone in his house. He took them the same hour of the night and washed their wounds. Right away he and all his family were baptized. He brought them into his house, set a meal before them, and rejoiced because he had come to believe in God with his entire household.

Locked in a Philippian jail, beaten and chained, Paul and Silas didn't complain or curse the darkness—they prayed and sang praises to God at midnight. Filled with His presence in the darkest place, their worship overflowed so powerfully that a sudden earthquake shook the prison doors open and broke every chain. The jailer, expecting total disaster and ready to take his own life, found hope instead. Paul called out, "We're all here!" That night, the jailer asked, "What must I do to be saved?" and he and his whole household believed, were baptized, and filled with joy.

These 21 days are filling you in your own "midnight" moments—those hard, chained places—so your praise and faith can overflow to those around you. God wants to use your filled life to open prison doors: addictions, despair, unbelief, hopelessness—for people who seem locked away from hope. Greater things happen when filled-up worship turns someone's darkest night into their salvation day. Your song in the storm could be the earthquake that sets them free. Who's in your "jail" right now that needs to hear your overflow?

ACTS 16:25-34

Paul And Barnabas In Prison

Gratitude

Today, I
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grateful
for:

Observe

Reading this
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Any thoughts
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Next Step

Challenged
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story told,
I will:

Prayer

Today, I
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praying
for:

WEEK 2 IN REVIEW

What is one pattern I've noticed in my gratitude lists this week?

What "win(s)" did I experience this week? Take a moment and celebrate God's goodness.

What obstacle(s) did I face this week? Is there something I observe about how I responded?

What is the biggest lesson I feel like God has taught me this week through these Bible stories?

STORIES ON GOD'S PROMISES

Gratitude

Observe

Next Step

Prayer

WEEK 3
STORIES ON GOD'S PROMISES

Naomi said to them, "Each of you go back to your mother's home. May the Lord show kindness to you as you have shown to the dead and to me. May the Lord grant each of you rest in the house of a new husband." She kissed them, and they wept loudly.

Naomi said, "Look, your sister-in-law has gone back to her people and to her gods. Follow your sister-in-law." But Ruth replied: Don't plead with me to abandon you or to return and not follow you. For wherever you go, I will go, and wherever you live, I will live; your people will be my people, and your God will be my God. Where you die, I will die, and there I will be buried. May the Lord punish me, and do so severely, if anything but death separates you and me.

Boaz took Ruth and she became his wife. He slept with her, and the Lord granted conception to her, and she gave birth to a son. The women said to Naomi, "Blessed be the Lord, who has not left you without a family redeemer today. May his name become well known in Israel. He will renew your life and sustain you in your old age. Indeed, your daughter-in-law, who loves you and is better to you than seven sons, has given birth to him." Naomi took the child, placed him on her lap, and became a mother to him. The neighbor women said, "A son has been born to Naomi," and they named him Obed. He was the father of Jesse, the father of David.

Naomi lost her husband and sons—everything felt empty and bitter. She even changed her name to Mara, meaning "bitter." But Ruth's faithfulness changed the story. A Moabite outsider, Ruth clung to Naomi and to Naomi's God with that famous vow: "Where you go, I go; your people will be my people, your God my God." Through gleaning fields and God's perfect timing, Ruth met Boaz the redeemer. He stepped in, married her, and restored not just land but hope. From emptiness came a son, Obed—the grandfather of King David, and eventually in the line of Jesus Himself. God's steadfast love took a season of loss and overflowed into a legacy that changed history forever.

These 21 days are reminding you that God is faithful even when life feels empty. He sees your bitterness, your long waiting, your faithfulness in hard places when no one else notices. He's working behind the scenes, weaving redemption you can't yet see. Keep clinging to Him like Ruth—stay faithful in the fields He's placed you in. Your story isn't over; God is writing greater chapters of restoration, legacy, and joy you can't imagine for 2026 and beyond. Trust His steadfast love—it's turning your Mara moments into something beautiful.

RUTH 1:8-9, 15-17, 4:13-17

(Story of Naomi and Ruth's Redemption)

Gratitude

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Prayer

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King Nebuchadnezzar made a gold statue, ninety feet high and nine feet wide. He set it up on the plain of Dura in the province of Babylon. King Nebuchadnezzar sent word to assemble the satraps, prefects, governors, advisers, treasurers, judges, magistrates, and all the rulers of the provinces to attend the dedication of the statue King Nebuchadnezzar had set up. So the satraps, prefects, governors, advisers, treasurers, judges, magistrates, and all the rulers of the provinces assembled for the dedication of the statue the king had set up. Then they stood before the statue Nebuchadnezzar had set up.

A herald loudly proclaimed, "People of every nation and language, you are commanded: 5 When you hear the sound of the horn, flute, zither, lyre, harp, drum, and every kind of music, you are to fall facedown and worship the gold statue that King Nebuchadnezzar has set up. But whoever does not fall down and worship will immediately be thrown into a furnace of blazing fire."

Shadrach, Meshach, and Abednego replied to the king, "Nebuchadnezzar, we don't need to give you an answer to this question. 17 If the God we serve exists, then he can rescue us from the furnace of blazing fire, and he can rescue us from the power of you, the king. But even if he does not rescue us, we want you as king to know that we will not serve your gods or worship the gold statue you set up."

Then King Nebuchadnezzar jumped up in alarm. He said to his advisers, "Didn't we throw three men, bound, into the fire?"

"Yes, of course, Your Majesty," they replied to the king.

25 He exclaimed, "Look! I see four men, not tied, walking around in the fire unharmed; and the fourth looks like a son of the gods."

Nebuchadnezzar then approached the door of the furnace of blazing fire and called, "Shadrach, Meshach, and Abednego, you servants of the Most High God—come out!" So Shadrach, Meshach, and Abednego came out of the fire. When the satraps, prefects, governors, and the king's advisers gathered around, they saw that the fire had no effect on the bodies of these men: not a hair of their heads was singed, their robes were unaffected, and there was no smell of fire on them. Nebuchadnezzar exclaimed, "Praise to the God of Shadrach, Meshach, and Abednego! He sent his angel¹⁰ and rescued his servants who trusted in him. They violated the king's command and risked their lives rather than serve or worship any god except their own God.

Shadrach, Meshach, and Abednego faced the ultimate test—bow to the idol or burn. They chose faithfulness, trusting God to deliver... or not. Thrown into a furnace seven times hotter, God didn't just save them—He walked with them in the fire. The fourth man in the flames looked like "a son of the gods." They came out untouched, not even smelling like smoke, and the king praised their God.

These 21 days are preparing you for your own "furnace" moments. God doesn't always remove the fire, but He always walks through it with you. Your faithfulness in the heat—standing for Him when it's costly—becomes a testimony that changes lives and turns hearts to Him. Greater things happen when we trust Him in the flames. He's with you right now, and He'll bring you out stronger, for greater impact in 2026.

DANIEL 3:1-6, 16-18, 24-28, **(Story of Another One in The Fire)**

Gratitude

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Then Joseph had a dream. When he told it to his brothers, they hated him even more. ⁶ He said to them, "Listen to this dream I had: ⁷ There we were, binding sheaves of grain in the field. Suddenly my sheaf stood up, and your sheaves gathered around it and bowed down to my sheaf."

⁸ "Are you really going to reign over us?" his brothers asked him. "Are you really going to rule us?" So they hated him even more because of his dream and what he had said... and had him thrown into prison, where the king's prisoners were confined. So Joseph was there in prison. But the Lord was with Joseph and extended kindness to him. He granted him favor with the prison warden... So Pharaoh said to Joseph, "Since God has made all this known to you, there is no one as discerning and wise as you are. ⁴⁰ You will be over my house, and all my people will obey your commands. Only I, as king, will be greater than you."

God sent me ahead of you to establish you as a remnant within the land and to keep you alive by a great deliverance. ⁸ Therefore it was not you who sent me here, but God. He has made me a father to Pharaoh, lord of his entire household, and ruler over all the land of Egypt.

Joseph got a big dream from God as a teen—his family bowing to him. But the road was brutal: betrayed by brothers, sold into slavery, falsely accused, forgotten in prison for years. Yet God was with him every step, turning pits into preparation. Decades later, the dream came true—Joseph rose to second in Egypt, saving his family and nations from famine. He told his brothers, "You intended to harm me, but God intended it for good."

These 21 days are reminding you that God's promises don't expire. His timing may not match yours, but He never lies—He keeps His word. When the wait feels long or the pit feels deep, stay faithful like Joseph. God is positioning you, refining you, for greater things ahead. Your 2026 breakthrough is coming—restoration, purpose, salvation for others through your story. Hold on; He's faithful.

GENESIS 37:5-8, 39:20-21, 41:39-40, 45:7-8

(God's Faithfulness to Joseph)

Gratitude

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for:

He also said, "A man had two sons. The younger of them said to his father, 'Father, give me the share of the estate I have coming to me.' So he distributed the assets to them. Not many days later, the younger son gathered together all he had and traveled to a distant country, where he squandered his estate in foolish living. After he had spent everything, a severe famine struck that country, and he had nothing. Then he went to work for one of the citizens of that country, who sent him into his fields to feed pigs. He longed to eat his fill from the pods that the pigs were eating, but no one would give him anything. When he came to his senses, he said, 'How many of my father's hired workers have more than enough food, and here I am dying of hunger!!'I'll get up, go to my father, and say to him, 'Father, I have sinned against heaven and in your sight. I'm no longer worthy to be called your son. Make me like one of your hired workers.'" So he got up and went to his father. But while the son was still a long way off, his father saw him and was filled with compassion. He ran, threw his arms around his neck, and kissed him. The son said to him, 'Father, I have sinned against heaven and in your sight. I'm no longer worthy to be called your son.'

"But the father told his servants, 'Quick! Bring out the best robe and put it on him; put a ring on his finger and sandals on his feet. Then bring the fattened calf and slaughter it, and let's celebrate with a feast, because this son of mine was dead and is alive again; he was lost and is found!' So they began to celebrate.

"Now his older son was in the field; as he came near the house, he heard music and dancing. So he summoned one of the servants, questioning what these things meant. 'Your brother is here,' he told him, 'and your father has slaughtered the fattened calf because he has him back safe and sound.'

LUKE 15:11-32

(Story of the Prodigal Son)

“Then he became angry and didn’t want to go in. So his father came out and pleaded with him. But he replied to his father, ‘Look, I have been slaving many years for you, and I have never disobeyed your orders, yet you never gave me a goat so that I could celebrate with my friends. But when this son of yours came, who has devoured your assets with prostitutes, you slaughtered the fattened calf for him.’

“‘Son,’ he said to him, ‘you are always with me, and everything I have is yours. But we had to celebrate and rejoice, because this brother of yours was dead and is alive again; he was lost and is found.’”

The younger son demanded his inheritance, ran wild, and hit rock bottom—lost everything. But the father never stopped watching the road. When the son came home broken, the father didn’t lecture—he ran, embraced, restored with robe, ring, and feast. Even the bitter older brother got an invitation to the party. God’s love waits faithfully, restores lavishly, and celebrates the wayward who return.

These 21 days are reminding you of the Father’s heart—He sees you coming from far off, and His arms are open. No matter how far you’ve wandered or how long you’ve waited, His promises of restoration are steadfast. Greater things happen when we turn home—joy, belonging, new life. Your return (or helping someone return) can spark celebration in heaven and on earth.

LUKE 15:11-32

(Story of the Prodigal Son)

Gratitude

Today, I
am
grateful
for:

Observe

Reading this
story, what
sparked my
curiosity?
Any thoughts
or insights.

Next Step

Challenged
by the
story told,
I will:

Prayer

Today, I
am
praying
for:

Now he told them a parable on the need for them to pray always and not give up. "There was a judge in a certain town who didn't fear God or respect people. And a widow in that town kept coming to him, saying, 'Give me justice against my adversary.'

"For a while he was unwilling, but later he said to himself, 'Even though I don't fear God or respect people, yet because this widow keeps pestering me, I will give her justice, so that she doesn't wear me out by her persistent coming.'"

Then the Lord said, "Listen to what the unjust judge says. Will not God grant justice to his elect who cry out to him day and night? Will he delay helping them? I tell you that he will swiftly grant them justice. Nevertheless, when the Son of Man comes, will he find faith on earth?"



A widow kept coming to an unjust judge, day after day, asking for justice. He didn't care about God or people, but her persistence wore him down—he gave her what she wanted just to get her off his back. Jesus says if an uncaring judge responds to persistence, how much more will our loving Father respond when we keep praying and don't give up?

These 21 days are building that kind of persistent faith in you. God isn't reluctant—He's good, and He hears every cry. Keep knocking, keep asking, keep believing. Your persistence positions you for breakthrough—justice, healing, provision, revival. Greater things happen when we refuse to quit praying. Don't stop now; the answer is closer than you think.

LUKE 18:1-8

(Story of the Persistent Widow)

Gratitude

Today, I
am
grateful
for:

Observe

Reading this
story, what
sparked my
curiosity?
Any thoughts
or insights.

Next Step

Challenged
by the
story told,
I will:

Prayer

Today, I
am
praying
for:

He was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, just as John also taught his disciples." He said to them, "Whenever you pray, say, Father, your name be honored as holy. Your kingdom come. Give us each day our daily bread. And forgive us our sins, for we ourselves also forgive everyone in debt to us. And do not bring us into temptation."

He also said to them, "Suppose one of you has a friend and goes to him at midnight and says to him, 'Friend, lend me three loaves of bread, because a friend of mine on a journey has come to me, and I don't have anything to offer him.' Then he will answer from inside and say, 'Don't bother me! The door is already locked, and my children and I have gone to bed. I can't get up to give you anything.' I tell you, even though he won't get up and give him anything because he is his friend, yet because of his friend's shameless boldness, he will get up and give him as much as he needs.

"So I say to you, ask, and it will be given to you. Seek, and you will find. Knock, and the door will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks, the door will be opened.

The disciples watched Jesus pray and were captivated—they wanted that same connection. So they asked, "Teach us to pray." He gave them a simple, powerful model, then drove it home with a story: a friend knocks at midnight, desperate for bread to feed an unexpected guest. The sleepy friend grumbles, "Don't bother me!" but the knocker's shameless audacity wins out—the friend gets up and gives what's needed. Jesus' point? If a reluctant, grumpy friend responds to bold persistence, how much more will your loving, generous Father open the door when you ask, seek, and knock?

These 21 days are training us in that shameless, audacious prayer. God isn't annoyed by your repeated knocks or "midnight" cries—He's delighted by your faith, inviting you to come bold and often. Keep asking for breakthrough in your life and others', seeking His face above all, knocking on doors that seem locked tight. Greater things happen when we refuse to pray timidly, believing our Father loves to give good gifts—far beyond what we dare ask. Don't hold back or grow weary; your persistence stirs His heart and moves His hand.

LUKE 11:1-10

(Teaching Us How To Pray)

Gratitude

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am
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Next Step

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I will:

Prayer

Today, I
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One of the wives of the sons of the prophets cried out to Elisha, "Your servant, my husband, has died. You know that your servant feared the Lord. Now the creditor is coming to take my two children as his slaves." Elisha asked her, "What can I do for you? Tell me, what do you have in the house?"

She said, "Your servant has nothing in the house except a jar of oil." Then he said, "Go out and borrow empty containers from all your neighbors. Do not get just a few. Then go in and shut the door behind you and your sons, and pour oil into all these containers. Set the full ones to one side." So she left.

After she had shut the door behind her and her sons, they kept bringing her containers, and she kept pouring. When they were full, she said to her son, "Bring me another container."

But he replied, "There aren't any more." Then the oil stopped.

She went and told the man of God, and he said, "Go sell the oil and pay your debt; you and your sons can live on the rest."

A desperate widow faced losing her sons to debt. Elisha asked what she had—just a little oil. But in obedience, she borrowed every empty jar she could find, shut the door, and poured. God multiplied that little oil until every jar was full—enough to pay debts and live on. Her simple obedience unlocked supernatural provision.

These 21 days are stirring that same faith in you. God often starts with what seems "little"—your small obedience, your limited resources. But when you step out in faith and obey, He multiplies it for greater things: provision in lack, breakthrough in crisis, legacy from emptiness. Greater things happen when we trust His word enough to act on it, even when it looks impossible. Your obedience today could be the pour that fills jars tomorrow.

2 KINGS 4:1-7

(Widow's Obedience Unlocks Overflow)

Gratitude

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am
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for:

Observe

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Any thoughts
or insights.

Next Step

Challenged
by the
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I will:

Prayer

Today, I
am
praying
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21-DAY REVIEW

What is one pattern I've noticed in my gratitude lists over the last 21 days?

Which of the Bible stories told sparked my curiosity the most? Why?

Which of the Bible stories challenged me the most? Why?

What is ONE NEXT STEP I sense God is wanting me to take as I reflect over that past 21 days?

CONGRATULATIONS ON MAKING IT THROUGH THE 21 DAYS OF PRAYER AND FASTING!

Thank you for doing the best you can to dive into the Bible, praying and fasting throughout the experience. We hope it's been a great way to continue growing in your walk with Christ!

Now that the 21 Days of Prayer and Fasting is over, you might be wondering... **"What can I do next?"** This is a great question, and I wanted to offer **3 next steps you can take.**

ONE

Keep Spiritual Habits Going

This could be the beginning of your spiritual awakening! Dive into God's word every day, pray, seek Him and His will for your life! Rest on the promises of God. He is faithful! Continue to believe and pray for Greater Things in 2026!

TWO

Join A Discipleship Group

Discipleship Groups are a great way to get plugged into the life of our church! From MicroGroups to Men's and Women's StudyGroups, we have several opportunities to help you on your journey!

THREE

Join A LifeGroup

LifeGroups are a holistic, community-centered approach to spiritual growth that emphasizes doing life together while following Jesus. They meet regularly in homes around town, blending spiritual formation, relational connection, and practical care for one another.



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