



THE SANCTUARY AT KINGDOM SQUARE

TSAKS National News

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WITH TSAKS NATION

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Mission Statement... Our mission is to promote the spread of the Gospel, the winning of souls to Jesus Christ, the changing of lives, and establishing the presence of the Lord in the world through evangelizing, biblical teaching, economic development, and community outreach. With faith in Almighty God, we seek to be a church preparing born-again believers for the Kingdom of God.

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TORNADO VICTIMS RECEIVE HELP FROM THE SANCTUARY

Psalm 20:1-2 (KJV)

“The Lord hear thee in the day of trouble; the name of the God of Jacob defend thee; Send thee help from the sanctuary, and strengthen thee out of Zion;”



After packing and loading, workers gather around tractor trailer prior to send off.

Tornadoes that struck Silver City, Mississippi recently were so severe that a tractor trailer was tossed across a four-lane highway, according to news reports. Many homes were flattened, and the residents were left with nothing. When it came time to offer assistance, Sanctuary leaders knew they wanted to help the people of Silver City. Members, led by Minister Charlene Anderson and the Missions Ministry, packed boxes and loaded a tractor trailer with necessities.

Donations came from not only Sanctuary members, but other churches participated in the relief effort for the tornado victims.

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“We were sitting there and watching the devastation unfold,” Min. Anderson said, adding that a member who lives near the area told them about the severity of the situation in Silver City.

Silver City, a town of roughly 300 residents in Humphreys County, was declared as a state of emergency.

Min. Anderson said many of the residents were on social security and had limited resources.

The tractor trailer contained food, water, medical supplies, cleaning supplies and personal items.

The residents were not able to receive clothing at the time.

“We tried to think of everything that one could possibly need,” Min. Anderson said. “When we do what we do, we want to make sure that we are reaching out to those who are really underserved.”

As Min. Anderson watched the tractor trailer pull away, she cried tears of joy.

“While it was a heartbreak moment, my heart was filled with joy. Knowing that it was going to a place where it was really needed, it made me feel good,” she said.

Thanks to our Pastor, Bishop Anthony G. Maclin, for this vision, the Lott Carey Missions organization for their partnership, and to our Missions Ministry for leading our congregation and community in this relief effort. To God be the glory! It's truly a blessing to be a blessing!

TSAKS On The Move Atlanta Pop Up Photos



5K Runners...



Eight Sanctuary members recently travelled to Houston, Texas to participate in the Sisters Network Inc. 13th Annual Stop the Silence National African American Breast Cancer 5K Walk/Run in Houston.

The purpose of the trip was to support Deacon Janice Bonner, a breast cancer survivor, in the endeavor.

In all, 39 family and friends traveled from various states to be a part of the event.

– SANCTUARY WOMEN –



L-R: Danette (Deni) Anderson; Minister Charlene Anderson; and Reverend Falecia McMillian

Many women at the Sanctuary are doing great things, excelling in their careers, starting businesses and following their passion.

With Women's Day at the Sanctuary falling in May, we thought it would be the perfect time to highlight a few of the many women in our congregation who are making big moves.

DANETTE (DENI) ANDERSON was looking for a way to support her family that had low overhead, but would provide enough income for a decent living. She wanted flexibility, so she could set her own schedule. At the time, she had a daughter who was expecting and a mom who had suffered a stroke.

She came up with the idea of a business where she could help clients organize, so they could have less anxiety. In 2018, she launched Perfect Space by Deni, after ending a retail career that spanned 30 years.

Anderson provides her clients with tools to stay organized long after she has left their home. She has developed a five-step program that consists of planning, preparation, sorting and purging, and the end-work.

"Purging is huge. People like to hold on to things. That is when we decide we are going to sort things in different categories," Demi said, adding that the purpose of sorting is so clients can see what they have and take inventory.

That way, a client can determine if they really need to keep 30 pair of black pants.

The next step is to place items in the desired area.

The last step is the presentation of the project.

That's when the client gets to see the transformation.

While her goal was to change her life financially, she is also getting a different reward.

"I thought I was going to make money helping my family, but I am changing a lot of lives," Anderson said. "For some clients dealing with mental issues, it helps them move forward."

She has found a correlation between mental illness and clutter.

She has seen some clients break down because the disarray oftentimes can become too much for them to handle.

She has learned so much about her clients. There was a widow who used shopping as an outlet after losing her husband.

"I have to pray and ask God what do I say to this person," Anderson said. "Like I said, this has started out to be a hustle, but now it's deeper than the surface. I am enjoying it because the impact it has on others is priceless."

Some tips that she gives her clients is to stay consistent with organizing. "You can't get

consistence unless you're disciplined. When you start to feel overwhelmed, take action.

It's important because a person can go down in a hole. The larger the clutter situation is the harder it is to get out of it," Anderson said.

Anderson also offers free seminars on organization.

For more information about Anderson's organizing business visit Perfectspacebydeni.com or call (202) 327-1214 to schedule an appointment.

MINISTER CHARLENE ANDERSON can remember looking down and not being able to see her kneecaps nearly 30 years ago.

While she was never obese, she thought it was time to get a fitness trainer.

She cleaned up her diet and began exercising. She noticed that her body began to transform. She became so excited that she was anxious to help others live a healthier lifestyle and see changes in their body.

In fact, helping others lead a healthier lifestyle became her passion.

After retiring from her fulltime job in December 2019, she put all of her energy into her personal training business, Canderfitness.

Although Min. Anderson will train with anyone, her focus is on the senior population. She became a certified senior fitness instructor.

"We think because we get a certain age, we are just waiting to die," Min. Anderson said.

"I want the seniors to know that just because you are a certain age, it doesn't mean you can't do this, that or the other."

Her goal for seniors is for them to increase their movement, so they can maintain their independence.

"We like to say graceful ageing. I call it successful ageing," Min. Anderson said.

She considers it a success when her clients tell her about the changes they have experienced, even if it's simply being able to open their hands wide.

When her clients complain that they are too old to move, Min. Anderson lets them know that she is 67.

"Nothing is going to change, unless you change it in your mind," Min. Anderson said.

Appointments can be booked with Min. Anderson at canderfitness.com

REVEREND FALECIA MCMILLIAN, the principal at North Forestville Elementary School, was armed with a journalism degree after college and all set to be the next Oprah Winfrey, but God had something different in mind.

She knew that education was part of her life's work. She landed her first job in education 23 years ago and never looked back.

"You have to be willing to get in the trenches and work," Rev. McMillian credited as her longevity.

But it's the students that keep her going back day in and day out.

She gets joy when her students succeed.

After prepping a group of students for the Maryland Comprehensive Assessment Program (MCAP) testing, one student told her it was easy because she taught him everything he needed to know.

When students get in trouble for the first time. She explains to them that mercy is when you don't get what you deserve.

"I open up the code of conduct and show them what they did and what they deserve. I say to them, 'do you know what mercy is'? I am going to give you another chance, but I am still going to call your mother," Rev. McMillian said.

In addition to excelling in such a demanding position, Rev. McMillian is currently working on a doctorate degree. She is also a mother and caregiver for her brother.

She is currently in the process of writing a book.

She is proud of the fact that she recently purchased a home on her own.

While many challenges present themselves in the classroom, Rev. McMillian said the key to success is to be able to keep up with the trends.

"You have to know how to be adaptable. You have to be flexible," she said. "The challenge is getting people to change and set aside their agenda for the good of the team."

Sanctuary Members Named Chaplains for Seniors



**Barbara Johnson
(above) and Gail
Battle (below)**



***“It’s
about
spiritual
care...”***

***“I love
the Lord
and...”***

Two Sanctuary members have earned credentials to become volunteer chaplains with the National Church Residence program.

BARBARA JOHNSON and **GAIL BATTLE** recently completed courses for the position.

The organization has an emphasis on senior support and provides housing and health care to older adults.

Both women agree that they have been preparing for the position for many years. They taught bible study to prisoners, under the leadership of Reverend Eric Williams.

For Johnson, being in the limelight is not her comfort zone. “I am a background person. I like the background.”

She started out teaching youth at a church in Miami, FL.

She enjoyed going to the prison to teach because she had a willing audience who really wanted to learn about God and the Bible. “They are hungry for it,” she said adding that the classes at the prison are not mandatory and people attend on a voluntary basis.

Johnson is convinced that God has been preparing her to minister to seniors throughout her life. As a child, she had the opportunity to know both her maternal and paternal great-grandparents. She enjoyed spending time with them.

“It’s about spiritual care, giving essential spiritual care to the elderly. A lot of them don’t have families who come and visit them. It’s called the ministry of presence,” Johnson said adding that a person being there is sometimes all people need. “It’s a passion. You will be amazed at how much you can learn from them.”

Gail Battle said she always knew she was going to be a chaplain.

As a young woman, her plan was to go in the Navy, but life got in the way, and she pursued other plans.

“I love the Lord, and I love people. I hate to see people being downtrodden and not knowing (about God).” Battle spent years working for the airline industry and that chaplain plan was put on the backburner. “I understand that God’s purpose will always prevail. He’s patient. He was just waiting until I became more seasoned, and the opportunity came around again.”

Battle has been moved by working with the young women in the prison. Some of the stories they have shared about their lives have blown her mind.

While working with the seniors at the National Residences, the population has shifted, but the mission remains the same.

Battle has taken several spiritual assessment tests that revealed her gifts as teaching, service and mercy.

“Just telling people that there is a better way. God loves you, and he is knocking at your door. I just want you to open the door. I can’t save you, but I can point you to the Savior.

Congratulations Barbara Johnson and Gail Battle! Thanks for representing God and The Sanctuary in such a marvelous way, with a spirit of excellence!

Celebrating the Class of 2023

*The Sanctuary would like to congratulate **MORGAN GOLDEN**, who graduated from Surrattsville High School in Clinton with a 3.9 GPA.*

She plans to continue her education at Lincoln University where she will major in Social Work.



