

# LifeGroup Meeting

Fight of Our Lives  
“Belt of Truth and Breastplate of Righteousness”

## **Get To Know You Question:**

What biblical character do you relate to the most and why?

## **Let's Dig Deeper**

1. Someone read **Ephesians 6:10-14**. Spend some time and share some key words that spoke out to you while reading. What is it about those words that spoke to you?
2. What is the command given in **Ephesians 6:10**?
  - What do these phrases mean “strong in the Lord” and “strength of His might”? Is there any difference between them? If so, what is it?
3. Someone read **Ephesians 6:11**.
  - Who provides us this armor? Why is this important or how does this knowledge further help us?
  - What is sobering about the fact that we need armor as Christians?
  - What do we know about spiritual attacks? Can we identify one or more schemes of the devil?
4. Someone read **Ephesians 6:12**.
  - What is the real war taking place in our world? Who is it between and what are they doing? What is the goal of Satan?
  - What is your personal belief about spiritual forces? Does it make any difference on how you carry out your Christian life?
  - Why do some people...including Christians...scoff at this passage about warfare? Is there a reason why Christians don't believe in spiritual battles?
  - Do you take seriously the role Satan plays in your life? How have you seen him impact your life...or impact your relationship with Christ?
  - Does Satan more effectively tempt you by showing you the seductive attractiveness of sin or by threatening to overpower you? How have you experienced these different ways that Satan attacks?
  - How hard is it to accept the fact that in God's kingdom, our failures rarely take away the call that God has on our life?

- If God doesn't take away our calling when we fail, why do we think it is okay for us to do so?
- If God invests in people for the long haul...win or lose...what does that mean for us?

5. Someone read **Ephesians 6:14**.

- Why is the belt a good analogy for truth when it comes to a Christian's spiritual warfare?
- How does knowing the truth, believing it with sincerity, and living according to it, function as a spiritual belt for the believer?
- What is truth? Use the following verses to help answer this question:
  - i. Isaiah 65:16
  - ii. John 14:6
  - iii. Ephesians 4:21
  - iv. John 14:16-17
  - v. Colossians 3:6
  - vi. John 17:17
- Read **Romans 1:18-21**. Why do you think people tend to suppress the truth?
- For Christians, what gets in our way of accessing and believing the truth?

6. Who's righteousness is the "breastplate of righteousness" made of? Why does this matter? How are Christians to put this breastplate on?

- Pastor Scott mentioned that righteousness has two sides of the same coin. One is imputed righteousness and the other is imparted righteousness. Can you explain the difference between the two? Why are both so important?
- Since we will never be perfect in this life, in what sense can we "put on the breastplate" of practical righteousness? Can't Satan always bring an accusation against our imperfect behavior? Can God still use us with imperfect behavior?
- Why is it so hard for Christians to live righteously? Do you think Satan has a hand in limiting our righteous behavior?
- One of Satan's greatest lie is to convince us that since we are not always living a righteous life, we can never be useful for God or do heroic things in His name. After learning from so many of the heroes of the Bible, why is this scheme of the Devil such a lie?

7. Close in prayer.