

Faith Not Fear

The opposite of faith is fear. If you suffer from fear and anxiety, you simply need to exercise faith. Faith is like a muscle, the more you exercise it, the stronger it grows. Let your faith increase as you choose to focus on these TRUTHS!

God is my refuge and strength, a very present help in trouble. Therefore I will not fear, though the earth be removed, and though the mountains be carried into the midst of the sea; Though the waters roar and be troubled, though the mountains shake with the swelling thereof. No matter what, I will not fear. Psalm 46:1-3 (KJV)

I will cast my burden on You, Lord. I heave it over. I trust that You will sustain me, and that You will keep Your Word by not allowing me to be overcome. Psalm 55:22 (KJV)

What time I am afraid, I will trust in thee. I will praise You word, in You I have put my trust; I will not fear what flesh can do unto me. Psalm 56:3-4 (KJV)

I call upon the Lord in distress: the Lord answers me and sets me in a large place. The Lord is on my side; I will not fear: what can man do unto me? Psalm 118:5-6 (KJV)

Be not afraid of sudden fear, neither of the desolation of the wicked, when it comes. For the LORD shall be my confidence and shall keep my foot from being taken. Proverbs 3:25-26 (KJV)

*Blessed am I when I trust in the LORD,
when I put my hope in who You are.
For I will be as a tree planted by the
waters, and that spreads out her roots
by the river, and shall not see when
heat comes, but his leaf shall be green;
and shall not be careful in the year
of drought, neither shall cease from
yielding fruit. Jeremiah 17:7-8 (NKJV)*
No matter what is happening around
me, I can count on You taking care of
what is happening within me.

*Behold, God is my salvation; I will
trust, and not be afraid: for the LORD
JEHOVAH is my strength and my song;
he also is become my salvation. Isaiah
12:2 (KJV)*

*Peace I leave with you, my peace I
give unto you: not as the world giveth,
give I unto you. Let not your heart be
troubled, neither let it be afraid. John
14:27 (NKJV) Oh God, make me ever
aware of Your presence every minute of
every day.*

*Lord You are my light and my salvation—
whom shall I fear? You are the
stronghold of my life—of whom shall I
be afraid? Psalm 27:1 (NIV)*

*For the Spirit God gave us does not
make us timid, but give us power,
love and self-discipline. Yes, LORD! 2
Timothy 1:7 (NIV)*

For the Lord is good, and His love is
eternal; His faithfulness endures through
all generations. Psalm 100:5. For this I
am grateful.

Lord, You have said to me, "you have
seen well, for I [the Lord] am watching
over My word to perform it." Jeremiah
1:12

I believe You will fulfill every promise
You've given to increase my faith.