



*You Make
Me Melt*

DATE DESIGN

You Make Me Melt

DATE DESIGN

We hope and pray you have an engaging time with your spouse, and that this date helps you melt for each other all over again!

A few tips on making your date awesome:

See this date as a time to be romantic with your spouse. Use this date as an opportunity to be open to intimacy with one another.

Throughout the date, focus on physical touch. Use this time to be unified and connected through intimacy.

GET PREPARED:

Before you start your date make sure you are prepared! Read through the date and make a shopping list. Look at the **Ingredients** section for each recipe and the **What You'll Need** section for each activity. Be sure you have everything you need. You'll need to print certain pages of this Date Design for your date as well as buy items for the **optional dinner recipes** and **Chocolate Tasting Game** ahead of time.

SUGGESTED FLOW OF ACTIVITIES FOR THIS DATE:

1. Start your date right by inviting God in. Read the **Bible Verse** we've provided for you, and together, say the **Guided Prayer**.
2. Make the optional **Dinner Recipe** together. While you're cooking, ask the first section of questions from the **Conversation Guide** to keep conversation fun and flowing.
3. Next, see how well you know your spouse by playing the **Not-So-Newlywed** Game. You can play as many as five rounds of this game.
4. Then have some fun competition with the **Minute To Win It Games**. Be silly and laugh together!
5. Play the **Candy Land Intimate Valentine Edition** board game. You will need to print out the printables and cards **BEFORE** the date to be able to play this game.
6. When you are done, grab your chocolates and enjoy a sweet treat by playing the **Chocolate Tasting Game**. During this game you can ask the **Would You Rather** questions from the Conversation Guide to keep conversation engaging.
7. Lastly, as you finish your date grab a blanket, cuddle together on the couch and start reading your new **ebook from Dr. Kim, *Bonded Together: Understanding God's Plan For Marriage In A World That Doesn't.***

Set the Scene

A great date involves all the senses!

1. Dress the part! Even though the date is at home, that does not mean you cannot dress up. Put on your nicest clothes (maybe a nice button up and a beautiful dress) to enjoy this date.

2. Set the table. Grab a tablecloth (plastic works!), buy some flowers or rose petals, and even use the “fancy” dishes for your date tonight.

3. Set the mood. Light some candles. To go the extra mile pick a chocolate scented candle to fit the theme. Here are a few candle options:

- Chocolate Scented Tea Lights
- Bath and Body Works Hot Cocoa
- Chocolate Fudge Brownie Candle
- Mint Chocolate Candle

4. Play this great Spotify Playlist in the background to help set the scene.



Inviting God In

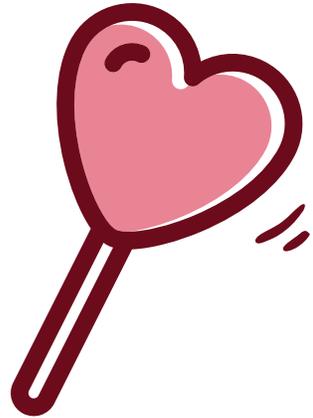
BIBLE VERSE

“For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh.” - Genesis 2:24

PRAYER

Thank you God for my spouse. Thank you for how you fearfully and wonderfully created them. Thank you for allowing me to be married to this beautiful person. Thank you for the gift of connection and relationship, and how we can enjoy it in our marriage. I pray throughout this date we can grow closer together and become more united. Take down any walls we may have towards each other, and allow us to be free and open. Take away any distractions and allow us to enjoy our evening. Thank you for tonight. In Jesus name I pray, amen.

Conversation Guide



QUESTIONS

1. What Valentine's date of ours is your favorite?
2. As a kid, what do you remember about Valentine's day?
3. As a kid, did you decorate Valentine's mailboxes in school? What did yours look like?
4. What is your favorite Valentine's day candy?
5. What song makes you think of me? Why?
6. If we could relive one past date of ours, what would it be?
7. What do you love to be surprised with?
8. What do you wish we had more time for?
9. If you had a day with zero responsibilities, what would you do?
10. If you had to pick one thing as the highlight of your month last month, what would it be?
11. What is one thing you are looking forward to about this next month?
12. If we could go anywhere this weekend, where would you want to go?
13. What do you remember about our first kiss?
14. What is your idea of a romantic night?
15. What physical features of mine do you hope our kids receive? What character traits?
16. What three body parts are your favorite places to be kissed?
17. What is your idea of good foreplay?
18. What is your favorite body part on me? Why?
19. If you were to buy me underwear what would they look like?
20. What makes you melt sexually?
21. What makes you melt romantically?
22. What was the first meal you ever made?
23. What is a consistent compliment you've received throughout your life?
24. Did you ever make up a secret handshake with a friend, and do you still remember it?
25. What was the kindest thing a stranger has ever done for you?

WOULD YOU RATHER

1. Receive a 100 roses OR 100 chocolates?
2. Be given a handmade card OR a greeting card from the store?
3. Have to buy your whole family flowers for Valentine's OR have to make them each a handmade gift?
4. Only be able to eat melted chocolate OR only be able to eat one type of chocolate?
5. Only be able to eat white chocolate OR only be able to eat dark chocolate?
6. Have to write in red for the rest of your life OR have to write little hearts above your "I"s for the rest of your life?
7. Go out for Valentine's Day OR stay in?
8. Have a lot of money spent on you for a date for Valentine's Day OR have a lot of money spent on a gift for you for Valentine's Day?
9. Have to dress up like Cupid OR have to dress up like a box of chocolates?
10. Have to wear all red OR have to wear all pink?
11. Have to only eat red velvet cake for a week OR eat chocolate for a week?
12. Host a Valentine's Day Party OR go to a Valentine's Party?
13. Be accidentally shot with an arrow OR have been the one to accidentally shoot someone with an arrow?
14. Eat heart-shaped dog treats OR eat rose petals?
15. Have an ice sculpture made to look like you OR have a chocolate sculpture made to look like you?

Dinner Recipe:

STEAKHOUSE SHEET PAN DINNER FOR TWO

INGREDIENTS

- 2 tablespoons unsalted butter, melted, plus more for greasing the sheet pan
- 4 tail-on jumbo shrimp, peeled and deveined
- 2 teaspoons fresh thyme leaves
- 3 small cloves garlic, minced
- Kosher salt and freshly ground black pepper
- 1/4 cup grated Parmesan
- 2/3 cup heavy cream
- 1 pound Yukon gold potatoes (about 6), sliced into 1/8-inch rounds
- 2 ounces cream cheese, at room temperature
- One 10-ounce package frozen spinach, thawed and squeezed completely dry
- 2/3 cup shredded Gruyere (about 5 ounces)
- Two 8-ounce New York strip steaks (1 to 1 1/2 inches thick)

DIRECTIONS

1. Position an oven rack in the top third of the oven and preheat to 450 degrees F. Lightly grease a third of an 18-by-13-inch sheet pan with butter.
2. Toss the shrimp with melted butter, 1 teaspoon thyme, a third of the minced garlic, 1/2 teaspoon salt and a few grinds of black pepper in a medium bowl until well coated; set aside.
3. Mix the Parmesan, 1/3 cup heavy cream, remaining 1 teaspoon thyme, half the remaining garlic, 1/2 teaspoon salt and a few grinds of black pepper in a small bowl.
4. Arrange half of the potato slices in a single, overlapping layer on the buttered part of the sheet pan and pour the heavy cream mixture over the top. Top with the remaining potato slices. Cover the potatoes with foil and bake until tender when pierced with a fork, 15 to 17 minutes.
5. Whisk together the cream cheese, remaining 1/3 cup heavy cream and remaining garlic in a medium bowl until smooth. Fold in the spinach until well coated. Divide the mixture between two 4-inch ramekins and press the spinach down so that it is flat and the cream mixture is pooling a bit on top.
6. Remove the pan from the oven, remove the foil and sprinkle the potatoes with the Gruyere. Put the steaks down the middle of the pan and sprinkle generously with salt and pepper. Put the ramekins on one end of the empty third of the pan so that they are side by side.
7. Bake until an instant-read thermometer inserted into the middle of the steak registers 95 degrees F, 12 to 14 minutes. Remove the pan from the oven and turn on the broiler. Create 2 hearts with the shrimp on the pan beside the ramekins by connecting the tails. Broil until the steaks start to turn brown in some spots, an instant-read thermometer inserted into the middle of the steak reaches 115 degrees F, the shrimp are cooked through and no longer opaque and the cheese on the potatoes turns golden and starts to crisp, 3 to 4 minutes. Let rest 5 to 10 minutes. Slice and serve the steak on plates alongside the shrimp, potatoes and creamed spinach.

**Recipe from Food Network*



Activites

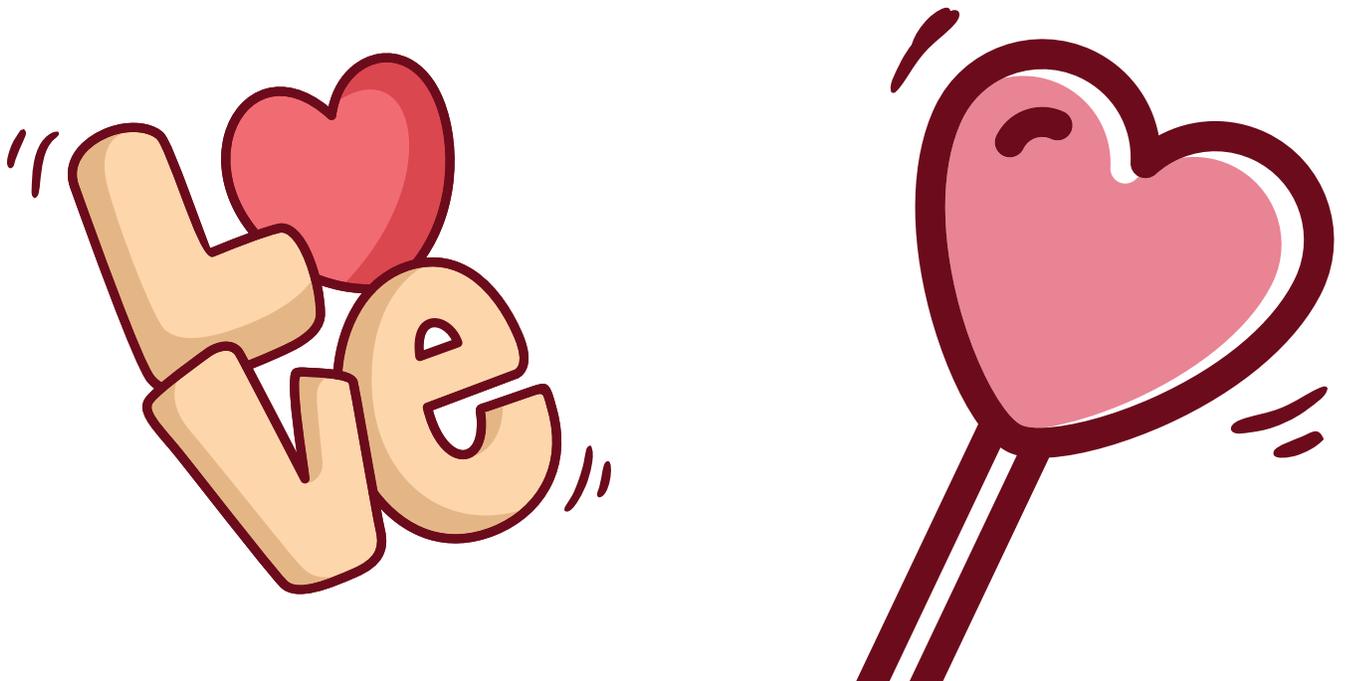
ACTIVITY #1: CANDY LAND INTIMATE VALENTINES EDITION

WHAT YOU WILL NEED:

- Printed out Game Board and Individual Playing Cards (you can laminate if you would like to keep this game to play another time)
- Tape
- Scissors
- Any type of chocolate as the “game pieces.” Hershey Kisses, M&Ms, or Dove Chocolates work great!
- Grab your spouse’s favorite chocolate brand if they have one!

INSTRUCTIONS:

1. Print out the game board sheets and playing card pieces ahead of time.
2. Use tape to attach the two board game pages from the back.
3. Now, this has the same rules as the board game, Candy Land, but we add a little twist to it. To play **Candy Land**, unfold the board and put it on a flat, accessible surface. Next, shuffle the cards and stack them face down in a pile. Put the players' wrapped chocolate on the board's start square. The chocolate is your game piece. The players then draw cards, one at a time, to determine what color to move their chocolates on the board, and also perform the action that is on the card. If you run out of cards, just shuffle them and use that pile again.



HEAD TO TOE

kiss

FROM YOUR SPOUSE

WHERE IS YOUR SPOUSE'S

FAVORITE PLACE TO BE

touched?

(GET GOING!)

LOSE A PIECE OF

clothing

PLAY A LITTLE DRESS UP AND

SHOW OFF SOMETHING

sexy!

lick

SOMETHING SWEET OFF
YOUR SPOUSE'S TUMMY

ONE-MINUTE

massage

FROM YOUR SPOUSE

BLINDFOLD YOUR SPOUSE AND
LET THEM TASTE SOMETHING

sweet

OFF YOUR FINGER

YOU ARE IN CHARGE FOR 2

minutes

(TELL YOUR
SPOUSE WHAT TO DO.)

tease me

DO A

sexy dance

FOR YOUR SPOUSE

*strip
tease*

FOUR-MINUTE
massage
FROM YOUR SPOUSE

WHERE IS YOUR SPOUSE'S
FAVORITE PLACE TO BE
touched?
(GET GOING!)

kiss
YOUR SPOUSE

LOSE A PIECE OF
clothing

whisper
IN YOUR SPOUSE'S EAR

dare
YOUR SPOUSE

sexy talk
TO YOUR SPOUSE

PLAY A LITTLE DRESS UP AND
SHOW OFF SOMETHING
sexy!

YOU ARE IN CHARGE FOR 2
minutes
(TELL YOUR
SPOUSE WHAT TO DO.)

Candy



Start

Land

finish



ACTIVITY #2: MINUTE TO WIN IT GAMES

MINUTE TO WIN IT GAME #1: CHOCOLATE UNICORN

WHAT YOU WILL NEED:

- Hostess Ding Dong Snacks OR Reese's Peanut Butter Cups

INSTRUCTIONS:

1. Each player has 1 minute to stack 7 ding dongs (or Reese's cups) on their forehead and balance them there using only one hand to stack them.
2. Watch this short instruction video to see how it's done.

MINUTE TO WIN GAME #2: SEPARATION ANXIETY

WHAT YOU WILL NEED:

- Cups
- M&Ms OR Skittles (or another variety colored candy)

INSTRUCTIONS:

1. Each player has 1 minute to dump out a bag of M&Ms and sort them by color into cups.
2. Watch this short instruction video to see how it's done.

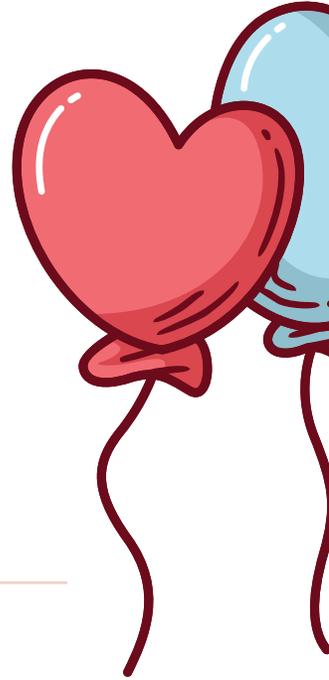
MINUTE TO WIN GAME #3: MELT IT DOWN ICE CUBE STYLE

WHAT YOU WILL NEED:

- Ice Cubes

INSTRUCTIONS:

1. Each player has 1 minute to suck down/melt down as many ice cubes as they can. Only 1 ice cube allowed in your mouth at a time and no biting or chewing allowed. Take turns playing and the one who melts down and "sucks" the most ice cubes in a minute wins.





ACTIVITY #3: NOT SO NEWLYWED GAME

WHAT YOU WILL NEED:

- Printed out “Not-So-Newlywed” Answer Cards & Question Bank (you can laminate if you would like to keep this game to play another time)
- Pen
- Paper

INSTRUCTIONS:

1. To play as a couple, one spouse picks a sheet of 10 questions to ask. Read the questions out loud, both of you write the number question that was read and your answers down on your answer sheet **WITHOUT** sharing your answer with your spouse. ****Don't forget to write down the number question on your sheet of paper next to each answer you write so you don't forget which answers are for which question. Do this for all 10 questions on the sheet (Spouse A is asking all 10 questions for the first round).**
2. Once you have all your answers down, go through and compare answers! As a couple you get 1 point per question you answered the same!
3. Now begins Round 2. The other spouse (spouse B) picks 1 sheet of 10 questions to ask. Go through the same steps.
4. Repeat until all the questions are done.



For Him

ANSWER SHEET

ANSWER #1 _____

ANSWER #2 _____

ANSWER #3 _____

ANSWER #4 _____

ANSWER #5 _____

ANSWER #6 _____

ANSWER #7 _____

ANSWER #8 _____

ANSWER #9 _____

ANSWER #10 _____

ANSWER #11 _____

ANSWER #12 _____

ANSWER #13 _____

ANSWER #14 _____

ANSWER #15 _____

ANSWER #16 _____

ANSWER #17 _____

ANSWER #18 _____

ANSWER #19 _____

ANSWER #20 _____

ANSWER #21 _____

ANSWER #22 _____

ANSWER #23 _____

ANSWER #24 _____

ANSWER #25 _____

ANSWER #26 _____

ANSWER #27 _____

ANSWER #28 _____

ANSWER #29 _____

ANSWER #30 _____

ANSWER #31 _____

ANSWER #32 _____

ANSWER #33 _____

ANSWER #34 _____

ANSWER #35 _____

ANSWER #36 _____

ANSWER #37 _____

ANSWER #38 _____

ANSWER #39 _____

ANSWER #40 _____

ANSWER #41 _____

ANSWER #42 _____

ANSWER #43 _____

ANSWER #44 _____

ANSWER #45 _____

ANSWER #46 _____

ANSWER #47 _____

ANSWER #48 _____

ANSWER #49 _____

ANSWER #50 _____

For Her

ANSWER SHEET

ANSWER #1 _____

ANSWER #2 _____

ANSWER #3 _____

ANSWER #4 _____

ANSWER #5 _____

ANSWER #6 _____

ANSWER #7 _____

ANSWER #8 _____

ANSWER #9 _____

ANSWER #10 _____

ANSWER #11 _____

ANSWER #12 _____

ANSWER #13 _____

ANSWER #14 _____

ANSWER #15 _____

ANSWER #16 _____

ANSWER #17 _____

ANSWER #18 _____

ANSWER #19 _____

ANSWER #20 _____

ANSWER #21 _____

ANSWER #22 _____

ANSWER #23 _____

ANSWER #24 _____

ANSWER #25 _____

ANSWER #26 _____

ANSWER #27 _____

ANSWER #28 _____

ANSWER #29 _____

ANSWER #30 _____

ANSWER #31 _____

ANSWER #32 _____

ANSWER #33 _____

ANSWER #34 _____

ANSWER #35 _____

ANSWER #36 _____

ANSWER #37 _____

ANSWER #38 _____

ANSWER #39 _____

ANSWER #40 _____

ANSWER #41 _____

ANSWER #42 _____

ANSWER #43 _____

ANSWER #44 _____

ANSWER #45 _____

ANSWER #46 _____

ANSWER #47 _____

ANSWER #48 _____

ANSWER #49 _____

ANSWER #50 _____



Questions

1. WHO TAKES LONGER TO GET READY IN THE MORNING?

2. WHICH FAMILY MEMBER IS MY “FAVORITE”?

3. WHAT IS MY FAVORITE DATE THAT WE HAVE GONE ON?

4. WHERE DID I FIRST TELL YOU I LOVED YOU?

5. WHO MADE THE FIRST MOVE?

6. IF I TOOK OVER ONE HOUSEHOLD CHORE FOR YOU FOR A YEAR,
WHAT WOULD YOU CHOOSE IT TO BE?

7. WHAT IS THE NICEST THING I DID FOR YOU THIS WEEK?

8. WHAT GROOMING PRODUCT COULD I NOT LIVE WITHOUT?

9. WHAT IS MY FAVORITE FEATURE OF YOURS?

10. WHERE DID WE SHARE OUR FIRST KISS?

Questions

11. IF I WON \$5,000 WHAT WOULD I WANT TO SPEND IT ON?

12. WHAT IS MY FAVORITE CANDY BAR?

13. IF OUR HOUSE IS ON FIRE WHAT IS THE ONE THING THAT I WOULD GRAB BEFORE LEAVING?

14. COMPLETE THIS SENTENCE. IT MUST BE TRUE THAT OPPOSITES ATTRACT BECAUSE MY SPOUSE AND I ARE TOTAL OPPOSITES WHEN IT COMES TO _____.

15. WHAT IS THE BEST GIFT I HAVE EVER GIVEN TO YOU?

16. WHAT IS MY FAVORITE ANNIVERSARY WE HAVE HAD TOGETHER?

17. IF I COULD BE MARRIED TO A MOVIE STAR WHO WOULD I CHOOSE?

18. WHAT IS A SURE FIRE WAY TO PUT ME IN "THE MOOD"?

19. WHAT PERCENTAGE OF HOUSE WORK WOULD YOUR SPOUSE SAY THEY DO?

20. COMPLETE THIS SENTENCE: NOT MANY PEOPLE KNOW IT, BUT MY SPOUSE IS REALLY GOOD AT _____.



Questions



21. WHAT IS MY FAVORITE SHOW?
22. WHO EATS MORE JUNK FOOD?
23. IF YOU AND I WERE TO START A BUSINESS TOGETHER, WHAT WOULD IT BE?
24. WHO STEALS THE BED COVERS?
25. WHAT WOULD I SAY IS THE BEST THING ABOUT BEING MARRIED TO YOU?
26. HOW WOULD I DESCRIBE YOUR DRIVING?
27. WHAT WAS MY FIRST JOB?
28. WHAT SHOE SIZE DO I WEAR?
29. WHAT IS MY FAVORITE COMFORT FOOD?
30. WHAT IS MY FAVORITE MEAL?

Questions

31. WHAT IS THE WORST GIFT I HAVE EVER GIVEN TO YOU?

32. HOW MANY COUSINS DO I HAVE?

33. WHO ARE MY BEST FRIENDS?

34. WHAT IS MY FAVORITE HOBBY?

35. WHAT ARE THE MIDDLE NAMES OF MY PARENTS?

36. WHO WOULD YOU SAY LED A MORE "WILD LIFE" BEFORE WE GOT TOGETHER?

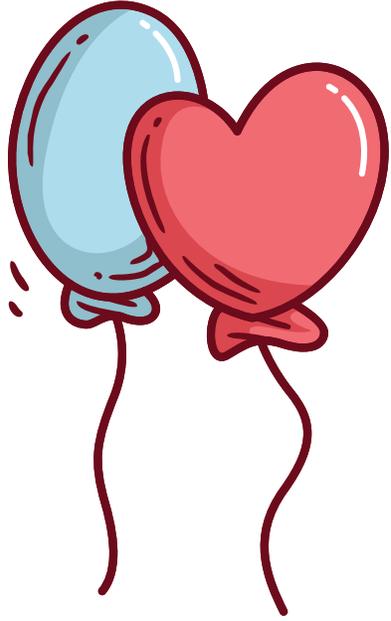
37. WHAT DID I WEAR ON OUR FIRST DATE TOGETHER?

38. WHICH ROOM IN THE HOUSE WOULD I MOST LIKELY REMODEL?

39. WHAT IS MY FAVORITE COLOR?

40. WHO WAS THE FIRST PERSON I TOLD
ABOUT OUR ENGAGEMENT?





Questions

41. WHAT IS MY PET NAME FOR YOU?

42. HOW DID MY FAMILY REACT WHEN WE
ANNOUNCED WE WERE ENGAGED?

43. WHAT WAS OUR FIRST FIGHT AS A MARRIED COUPLE?

44. HOW LONG WERE YOU AND I ENGAGED BEFORE GETTING MARRIED?

45. WHAT WOULD I SAY IS THE PERFECT VALENTINE'S GIFT?

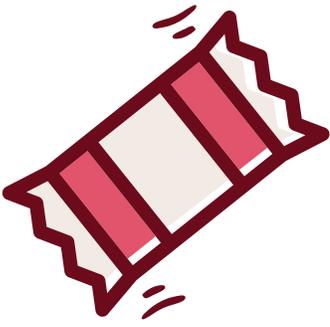
46. WHAT WERE THE MAIN COLORS AT OUR WEDDING?

47. WHAT TYPE OF FLOWERS DID WE HAVE AT OUR WEDDING?

48. WHAT WAS MY FIRST CAR?

49. WHAT COLOR DO I LIKE FOR YOU TO WEAR?

50. WHAT IS MY FAVORITE HOLIDAY?



ACTIVITY #4: CHOCOLATE TASTING GAME

WHAT YOU WILL NEED:

- Printed out chocolate tasting card
- Printed out scorecards
- At least 6 different pieces of gourmet or imported chocolates for each player

INSTRUCTIONS:

1. Print off one chocolate tasting card and two scorecards
2. Prep the pieces of chocolate by breaking them apart to put as samples on the chocolate tasting cards.
3. Have your scorecard right next to the chocolate tasting card so you can write out what your spouse rates it. They will be rating each chocolate piece for touch, feel, smell, look, and taste on a scale of 1 to 5; 1 being poor and 5 being excellent.
4. Have your spouse touch, feel, smell, look, and taste one piece of chocolate at a time.
5. Write down their response on the scorecard (make sure it is next to the same number as the number chocolate you just gave them).
6. Now it is time to switch! Now the other spouse gets to prep the pieces of chocolate. Break them apart and put as samples on the chocolate tasting card. You do not have to put them in the same place, that way your spouse will not know what chocolates they are having!
7. Lastly, reveal the chocolates and compare the answers.



chocolate tasting

1

2

3

4

5

6

chocolate tasting

SCORE CARD

TYPE OF CHOCOLATE	TOUCH	FEEL	SMELL	LOOK	OVERALL
1					
2					
3					
4					
5					
6					

chocolate tasting

SCORE CARD

TYPE OF CHOCOLATE	TOUCH	FEEL	SMELL	LOOK	OVERALL
1					
2					
3					
4					
5					

