



Growing Joy - Reflection Guide

To start, read Philippians 1:9-11 one more time. As you read, underline or circle any words or phrase that stands out to you.

Check Your Love

When do you find it easiest to love God?

☐ When life is going well

☐ When I feel closer to Him

☐ When I'm around other Christians

☐ Other: _____

In your own words, how would you describe your love for God today?

Grow in Discernment

What voices most influence your thinking right now? (Friends, social media, music, family, God's Word, etc.)

Are there any choices you're currently facing where you need God's wisdom?

What would it look like to involve God more intentionally in those decisions?

Look at the Fruit

Consider the following areas. Select the ones you know you need to work on:

☐ The language I use

☐ How I treat others

☐ Online behavior

☐ Obedience at home or school

☐ How I think

How can seeking God help you grow in those selected areas?