

KINDNESS & GOODNESS

SECTION

5



Kindness AND Goodness

MEMORY VERSE

Memorize your verse and ask God
what pleases Him!

Ephesians
5:8-10

For you were
once darkness,
but now you are light
in the Lord.

Live as children of light
(for the fruit of the light consists in all
goodness, righteousness and truth)
and find out what pleases the Lord.

WORD FOR THE WEEK!

DAY 1

2 Peter 1:3

How can we live a godly life?

DAY 2

Titus 3: 4 - 5

We are not saved by the good works we do. We are saved by what?

DAY 3

Colossians 3: 12 - 13

We put on clothes every day before we go outside. What attitudes should we also put on?

DAY 4

Acts 14:17

How has God shown us His kindness?

OPTIONAL READING

DAY 5

Psalms 46

DAY 6

Psalms 47

DAY 7

Psalms 48

FAMILY NOTE

Hi Families,

This month we are going to look at Kindness and Goodness. Kindness and Goodness are great fruits of the spirit to be practicing at home with our families! For a fun challenge, this month make a "change jar". Parents, find a jar with a lid and label it. Each time you see a family member practicing kindness or goodness, put a quarter in the change jar. At the end of the month, go out for a special treat using the money you saved!

KINDNESS & GOODNESS

DEVOTIONAL • WEEK 1

I JOHN 4:19
WE LOVE BECAUSE HE FIRST LOVED US.

LOVE THE LORD YOUR GOD WITH ALL YOUR HEART AND WITH ALL YOUR MIND AND WITH ALL YOUR SOUL AND WITH ALL YOUR STRENGTH

← MATTHEW 22:37

...WORSHIP*

Family

KINDNESS & GOODNESS JOURNAL

Week One

Kindness is one of the fruit of the Spirit.

Why do you think having this fruit in your life is important as a Christian? What is the difference between a kind person and an unkind person? Which one do you want to hang around with?

Ephesians 5:8-10

For you were once darkness,

but now you are light in the Lord.

Live as children of light

(for the fruit of the light consists

in all goodness, righteousness and truth)

and find out what pleases the Lord.



KINDNESS & GOODNESS

DEVOTIONAL WEEK 2

FAMILY NOTE

Hi Families,

This week we are going to look at the story of the Good Samaritan – a great example of a man who went above and beyond to show kindness and goodness...

OPTIONAL
READING
 DAY 5
Psalms 49
 DAY 6
Psalms 50
 DAY 7
Psalms 51

WORD FOR THE WEEK!

DAY 1

Luke 10:30 - 32

Why is it surprising that neither of the men stopped to help him?

DAY 2

Luke 10:33 - 34

Samaritans and Jews did not get along back in Bible times.

Why do you think the Samaritan was the one who stopped and helped?

DAY 3

Luke 10:35

How do you think the beat up man felt knowing a Samaritan was the one who helped him so much?

DAY 4

Luke 10:36 - 37

How can we show kindness and goodness like the Samaritan did?

As a family,

think of someone you know who needs to be shown some kindness or goodness – specifically due to his or her health. Try to do a project that would help this person out – it could be yard work, house work or maybe a grocery shopping trip. Be creative as your family shows kindness and goodness to someone you know!

Family

KINDNESS & GOODNESS JOURNAL

Week Two

This week we read about the Good Samaritan who helped a man who was beaten up. It's not often that we find someone who has been beaten up but there are people who may need our help in other ways. Is there someone at school, your neighborhood, your church or even at home that you can help?

Ephesians 5:8-10

For you were once darkness,

but now you are light in the Lord.

Live as children of light

(for the fruit of the light consists

in all goodness, righteousness and truth)

and find out what pleases

the Lord.



KINDNESS & GOODNESS

DEVOTIONAL • WEEK 3

WORD FOR THE WEEK!

- DAY 1
Acts 3:1-5
What was the cripple man hoping to get from Peter and John?
 - DAY 2
Acts 3:6-10
Who did the cripple man praise when he was healed?
 - DAY 3
Acts 4:11-16
Peter credits the healing of the cripple man to who?
 - DAY 4
2 Thess. 1: 11-12
When we show kindness and goodness to others who gets the glory?
- OPTIONAL READING**
- DAY 5
Psalms 52
 - DAY 6
Psalms 53
 - DAY 7
Psalms 54



FAMILY NOTE

Hi Families,

This week we are going to look at how we can point people to God's love as we practice kindness and goodness. As a family, this week find unique ways to show God's love to others each day.

Family

KINDNESS & GOODNESS JOURNAL

Week Three

When we have the fruit of the Spirit in our lives, like kindness and goodness, other people will see it and that brings glory to God. In the story of Peter and John, when they healed the cripple man, it would have been easy for them to take the credit for healing him. People were amazed at what they did, yet Peter and John gave the credit to God. Have you had a chance to take credit for doing something great, but instead, you gave God the credit?

Ephesians 5:8-10

For you were once darkness,

but now you are light in the Lord.

Live as children of light

(for the fruit of the light consists

in all goodness, righteousness and truth)

and find out what pleases

the Lord.



KINDNESS & GOODNESS

DEVOTIONAL • WEEK 4

WORD FOR THE WEEK!

DAY 1

Chron. 16:34
We need to have goodness because God is what?

DAY 2

Psalm 13:5-6

What are some ways God has shown His goodness to you?

DAY 3

Psalm 25:7-9

Who will God instruct (or teach) in His good ways?

DAY 4

Psalm 135:3-7

Why should we celebrate?

FAMILY NOTE

Hi Families, This is the last week to learn about kindness and goodness but

don't stop practicing kindness and goodness with your family and others! Also, this week, remember to point out ways that God has shown His kindness and goodness to your family.

OPTIONAL READING

DAY 5

Psalms 55

DAY 6

Psalms 56

DAY 7

Psalms 57

GOOD

KIND

GOD

IS

HOW

AND

TO

YOU?

Family

KINDNESS & GOODNESS JOURNAL

Week Four

As Christians we need to be imitators of Christ. Many of the verses we looked at this week talked about the goodness of God. So if we want to be like God we need to have goodness flowing out of us! What are some ways God has shown you His goodness and how are you showing others the goodness you have learned from Him?

Ephesians 5:8-10

For you were once darkness,

but now you are light in the Lord.

Live as children of light

(for the fruit of the light consists

in all goodness, righteousness and truth)

and find out what pleases

the Lord.



Kindness

AND

Goodness

MEMORY VERSE

Lets see if you can fill in all the blanks!

Ephesians
5:8-10

For _____ were

once _____,

now _____ are _____

_____ the _____.

_____ as _____ of _____

(for the _____ of the _____ in all

_____, _____ and _____)

and _____ what _____ the _____.