

CROSS CHURCH



FEBRUARY 21-22, 2026
**THE DIRTY TRUTH ABOUT
LOVE: PART 3 - WHEN
CONFLICT SHOWS UP**

**CONFLICT DOESN'T DESTROY RELATIONSHIPS—
HOW WE RESPOND TO CONFLICT DOES.**

1. Conflict Reveals.

LUKE 6:45 ...For the mouth speaks what the heart is full of.

JAMES 1:23-24 Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like.

ROMANS 12:18 If it is possible, as far as it depends on you, live at peace with everyone.

2. Conflict is Not Failure.

1 PETER 3:1 ...they may be won over without words...

3. Stay Connected.

Relationship Killers	What It Looks Like	Connection Builders
Withdrawal	Silent treatment, shutting down	Go Toward the Person
Defensiveness	Explaining, justifying	Speak to Understand
Stonewalling	Leaving, disappearing	Pause without Punishing
Criticism / Contempt	Blame, character attacks	Take Ownership First

