

## 2026-02-04 Small Group Guide

### Small Group Guide: Learning from Job's Suffering

#### Opening Prayer (2-3 minutes)

Begin by asking God to help the group understand His character more deeply and to prepare hearts for honest discussion about suffering, faith, and worship.

#### Ice Breaker (5-10 minutes)

Question: Share about a time when you lost something important to you (a job, relationship, possession, opportunity). How did that loss affect your relationship with God at the time?

#### Key Takeaways from the Sermon

##### The Danger of Worshiping Our Pain Instead of God

What we think and speak about most reveals who our God truly is  
Job became so focused on his suffering that he couldn't worship God  
Our pain can become an idol that removes God from His rightful throne

##### Two Different Perspectives: Job vs. David

Job: "I can't find God anywhere" (Job 23:8-9)

David: "God, you know everything about me and are always watching over me" (Psalm 139)

The difference lies in their practice of seeking and knowing God

##### Paul's Example of Faith in Crisis

Paul maintained courage during a 14-day storm because he knew God's character

He didn't let logic or emotions override his faith

His knowledge of God enabled him to encourage 276 others

## Preparation Prevents Devastation

We must learn to worship God when things are good so we can worship Him when they're bad

Practicing gratitude and seeking God daily builds spiritual resilience

American prosperity may have left us unprepared for real hardship

Discussion Questions

Understanding the Text (15-20 minutes)

Read Job 23:8-9 and Psalm 139:1-12. What fundamental difference do you see between Job's and David's view of God's presence? What caused this difference?

Read Acts 27:13-44. What specific actions did Paul take that demonstrated his faith? How did his faith affect the others on the ship?

The pastor suggested that Job may have "replaced the worship of God with the worship of his pain." What does this mean? How can suffering become an idol?

Personal Reflection (20-25 minutes)

Honest Assessment: When you face loss or hardship, do you tend to respond more like Job (questioning where God is) or like David (trusting God is present)? Why do you think that is?

The sermon challenged us to "practice seeking God when it was good, so we won't leave God out when it gets bad." What spiritual practices help you maintain awareness of God's presence? What new practice might you need to develop?

The Comfort Question: Are you more like a "fair-weather Christian" who only turns to God in crisis, or do you maintain a daily walk with Him? Be honest—what needs to change?

The pastor mentioned that Americans may be especially unprepared for hardship because of our prosperity. Do you agree? How has comfort affected your spiritual life?

Application and Action (15-20 minutes)

Writing Assignment Reflection: The sermon encouraged writing down things about God and blessings He's given. Has anyone started this? What have you written? How might this practice help during future trials?

Ministry to Others: Think about someone you know who is suffering. Based on this sermon, how should you (or shouldn't you) try to comfort them? What did Job's friends do wrong?

Preparing for Future Storms: The sermon emphasized preparing our minds for potential hardship. What specific steps can you take this week to build spiritual resilience for future difficulties?

Practical Applications

Individual Commitments

Choose at least one to implement this week:

[ ] Start a "God Journal" - Write down attributes of God, past blessings, prayers He's answered, and verses that build your confidence in Him

[ ] Memorize Psalm 139:1-6 - Commit David's perspective on God's presence to memory for times of trouble

[ ] Practice "Suffering Gratitude" - Thank God for something difficult He's allowed in your life and what you learned through it

[ ] Evaluate Your Worship - Spend time honestly assessing: What do I think about most? What do I talk about most? Is it God or something else?

[ ] Prepare Your Mind - Write out a statement of faith for future hardship:

"When \_\_\_\_\_ happens, I will trust God because \_\_\_\_\_"

[ ] Minister to Someone Suffering - Reach out to someone going through difficulty, not to fix them but to point them to God's character

### Group Challenge

Accountability Partners: Pair up with someone in the group to check in during the week. Share one thing you're learning about God's character and one area where you're tempted to focus on problems instead of God's presence.

### Memory Verse

Psalm 139:7-10 - "Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast."

### Closing Reflection (5-10 minutes)

Question for Silent Reflection: If you faced a Job-like loss tomorrow (health, finances, loved ones), would your current knowledge of God and worship practices sustain you? What does your honest answer reveal about where you need to grow?

### Closing Prayer Focus:

Thank God for specific attributes that make Him worthy of worship regardless of circumstances

Ask for grace to seek Him more intentionally

Pray for anyone in the group currently facing loss or hardship

Request courage to remain faithful even when suffering comes

For Next Week

Continue reading through Job (chapters 28-31)

Bring your "God Journal" to share one thing you wrote down

Be prepared to share how you ministered to someone or how God showed up in an unexpected way

Leader Notes

Be sensitive to group members who may currently be suffering

Don't let the discussion become theoretical—press for honest, personal application

If someone shares deep pain, allow space for the group to minister, but keep the focus on God's character rather than just problem-solving

Consider sharing your own struggles with maintaining worship during difficult times